



# COLLEGE TO CAREER CONNECTIONS

## DECEMBER AND JANUARY NEWSLETTER



*Brought to you by the Academic and Career Advising Center and the Center for Community Based Learning*

### CAREER CONNECTIONS

#### Be Prepared

As the semester comes to an end, take some time to reflect on your accomplishments. Winter Break is an excellent time to update your resume and think about your career goals.

- Do you need to gain more relevant career experience?
- Will certain skills make you more marketable?
- Have you made any professional connections with faculty, community members, or leaders in your field?
- Have you found possible employers to contact?
- Are you using social media to your advantage?
- Do you have a LinkedIn account? Are you updating it?
- Do you need professional interview attire?

#### Workshops

##### Federal Resume Workshop

Thursday, December 14, 4 - 4:50 PM, Library 114

Be sure to check out the other **SkillShops** being offered through the **Library Workshops and Events** page.

#### Mark Your Calendars: Career & Volunteer Expo

Thursday, February 15, 12 - 4 PM, West Gym

Over 100 employers and volunteer organizations will be there. Be ready to hand out resumes and network with potential employers. Use Winter break to prepare.

#### Interview coming up?

Come check out our professional clothing closet in Gist Hall 114 for free gently used professional attire.



Peer Advisor Alex picking out a new professional shirt from our closet!

### Holiday Open House

The Academic Career and Advising Center hosted a Holiday Open House on Wednesday, December 6th. Here are some HSU Jacks decorating holiday cookies!



Have a wonderful winter break! See you in 2018!

## ACADEMIC ADVICE

### As You Close the Fall Semester

- Resources and events leading up to Finals Week:
  - **Learning Center Tutoring Hours for Finals**  
<http://www.humboldt.edu/learning/>
  - **Fall Graduation Reception**  
Friday, December 8, 4 - 6 PM, Great Hall  
Register to confirm your attendance at:  
[forever.humboldt.edu/events](http://forever.humboldt.edu/events)
  - **24th Annual Free Pancake Dinner**  
Monday, December 12, 8 - 10 PM  
J Cafeteria, Jolly Giant Commons
  - Take advantage of the **OhSnap! Food Pantry** while it is still open. RWC Room 122  
**Monday - Thursday: 9 - 11 AM & 1 - 5 PM**  
**Friday: 9 - 11 AM & 2 - 6 PM**

### Transitioning Back for the Spring Semester

- Check your HSU email and Student Center regularly over break for any updates, to do's, or holds.
- Review the calendar for activities and academic deadlines in your myHumboldt portal.
- Email your advisor if you want to make changes to your schedule after grades come out.
- Check Canvas well before classes start to review your syllabi and make note of upcoming assignments and due dates.

## COMMUNITY OPPORTUNITY

### SERVICE OPPORTUNITIES ARE CONTINUING TO GROW!

#### Upcoming Spring 2018 semester Service Learning courses newly piloting:

- *Environmental Studies 480 Capstone*, taught by Sarah Ray and Loren Collins will facilitate students working in a variety of organizations to work towards social and environmental justice throughout Humboldt County.
- *Psychology 480 Community Psychology*, taught by Ben Graham is putting Community Psychology to action in our local community by working with partners that include health and community garden initiatives, the Equity Alliance, K-12 schools and more.
- *Environmental Science & Management 302 Biodiversity on Earth*, taught by Melanie McCavour is adding Service Learning to this online course to give students the opportunity to provide activities and lesson plans regarding biodiversity in K-12 schools.

#### Mark your calendar for the Spring Career & Volunteer Expo, taking place in the West Gym on Thursday, 2/15/18.

- This is a great way to meet representatives from local agencies with volunteer opportunities!

## Dates/Deadlines

- **December 11 - 15: Finals Week**  
Review finals schedule at: [pine.humboldt.edu/registrar](http://pine.humboldt.edu/registrar)
- **December 25 - January 1:** Campus is closed
- **January 5:** Fall 2016 *official* grades available on Student Center
- **January 16:** Spring 2017 classes begin
- **January 29:** Add/Drop deadline  
*\*See HSU calendar of Activities and Deadlines Spring 2017 for additional deadlines and information\**

## Time for Reflecting

- What did you do to be successful this past term?
- How can you build on those successes?
- Are you prepared for the new semester?
- What tools could help you be more successful?
- Reflecting on your experiences, what are the most significant differences in terms of what is expected of you as a college student?

## Tips for Self-Care

### Prioritize Self-Care this Winter

- Get out and enjoy nature!
- Balance healthier meals with holiday meals.
- Try to de-stress by decluttering your home and mind.  
Do you have any unwanted clothing, school supplies, or other useful items? Donate them to WRRAP/ROSE.