



COLLEGE TO CAREER CONNECTIONS

FEBRUARY NEWSLETTER



*Brought to you by the Academic and Career Advising Center and
the Center for Community Based Learning*

CAREER CONNECTIONS

Career & Volunteer Expo: Something for Everyone!

Thursday, February 15 12 - 4 PM, Recreation and Wellness Center 2nd Floor, West Gym

- Summer and seasonal jobs, internships, career positions, part-time jobs and volunteer opportunities available.
- Meet employers to learn about job requirements, gain insight on hiring procedures.
- Pick up applications, make employer contacts for future use.
- Bring copies of your resume to give to employers.

We hope to see you there!

SkillShops

We've partnered with the Library to offer the following:

Resume and Cover Letter Workshop

Wednesday, February 1, 12 - 1 PM, Library 114

Getting Ready: Career and Volunteer Expo

Tuesday, February 13, 1 - 2 PM, Library 114

Finding Summer Internships in the Sciences

Thursday, February 22, 4 - 5 PM, Library 114

Preparing for Interviews

Tuesday, February 27, 12 - 1 PM, Library 114

Sign up for these SkillShops through <http://humboldt.libcal.com/calendar/workshops>. Seats are limited. Be sure to check out the other **SkillShops** being offered.

Career & Volunteer Expo 2018

Advice from an Employer:

"Be someone we can depend on, show up on time, and know what your availability is when you are looking for a job."

- Luis A. Ramirez,
Express Employment Professionals Staffing Consultant

#HSUdress4success

Need help with finding professional career attire? The Academic and Career Advising Center can help! Come by our office to check out our free Career Clothing Closet filled with clothes that will polish your professional look before the Expo. Our office is located in Gist Hall 114 M-F 9 AM to 4 PM. Tag yourself in your professional outfit with our hashtag #HSUdress4Success.

Free professional headshots available at the Expo!



**Student takes profession headshot at the Expo.
Dress for success and come prepared to impress!**

COMMUNITY OPPORTUNITY

Attend the Career & Volunteer Expo to Find Volunteer Opportunities

- The Expo is a great way for students to check out non-profit organizations and government agencies that are offering volunteer opportunities.
- There will be a variety of different agencies looking for volunteers, such as America Red Cross, BigBrothers, BigSisters, Humboldt Wildlife Care Center, Volunteer Trail Stewards, and more!
- A 2014 study found that job applicants with volunteer experience have a 21% better chance of finding a job than those without. (*Corporation for National and Community Service*)
- We look forward to seeing you find volunteer opportunities at the Career and Volunteer Expo on Thursday, February 15th from 12 - 4 PM at the Recreation and Wellness Center 2nd Floor, West Gym.
- Even when looking for volunteer opportunities, dressing for success makes a difference.



Hannah Kelly, Sociology Graduate

"I have always believed in the power of helping others. Being able to step outside of the college bubble and being around other individuals who were just trying to find food to eat made me that much more grateful for my education."

- Hannah Kelly, Former Volunteer at Food for People

ACADEMIC ADVICE

Stay on Track This Semester

- Get the Canvas App! Find the *Canvas by Instructure* app for Apple and Android devices on Google Play or App Store.
- Organize your semester with Spring 2018 Semester-on-a-Page: <http://learning.humboldt.edu/>
- Update your DARS degree planner regularly.
- Meet with your advisor to discuss your goals.

Tips for Self-Care

Students experience optimism for 2nd semester.

Now that you've been at HSU for a semester or longer, you have a better idea of what to expect in your classes and in your campus life. You can build on what you've learned to make this semester extraordinary!

Do you want to establish healthy social relationships?

Check out Counseling & Psychological Services Groups
<https://counseling.humboldt.edu/groups>

Dates/Deadlines

Deadline to pay financial aid fees

Monday, February 12

Deadline to change classes CR/NC

Monday, March 12

Deadline to withdraw from spring semester

Thursday, March 29

*See *HSU calendar of Activities and Deadlines Spring 2018* for additional deadlines and information

<http://pine.humboldt.edu/registrar/calendar.html>

Think About

What resources can you use to help you progress towards your goals?