



# COLLEGE TO CAREER CONNECTIONS

## MARCH NEWSLETTER

ISSUE 1  
No. 6



Brought to you by the Academic and Career Advising Center (ACAC) and the Center for Community Based Learning (CCBL)

### CAREER CONNECTIONS

#### SkillShops

We've partnered with the Library to offer the following:

#### Science Resumes and Cover Letters

Thursday, March 9, 5:00 - 4:50 PM, LIB 114

#### IdeaFest Poster Design for Service Learning and Academic Internships

Wednesday, March 22, 4:00 - 4:50 PM, LIB 205

Tuesday, March 28, 5:00 - 5:50 PM, LIB 205

Monday, April 3, 12:00 - 12:50 PM, LIB 205

Sign up for these SkillShops through <http://humboldt.libcal.com/calendar/workshops>. Seats are limited. Be sure to check out the other **SkillShops** being offered.

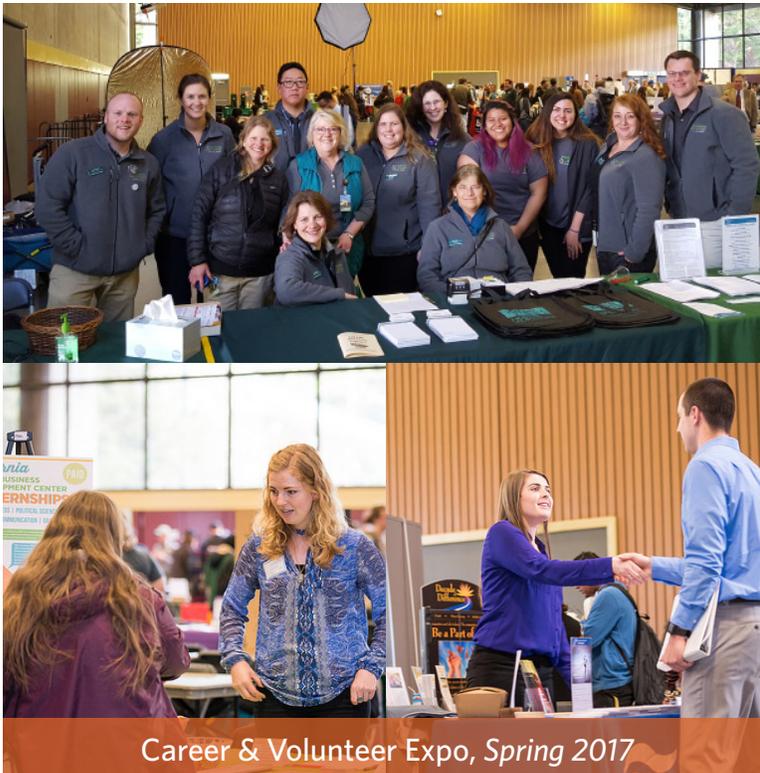
#### Expo Employer Insight:

"Last year, I came to the Expo as a graduating senior and as a result, I got interviews with 4 companies. I am now happily employed recruiting for one of those companies."

- Olivia, Humboldt County Office of Education



#HSUDress4Success Photo Entries, Spring 2017



Career & Volunteer Expo, Spring 2017

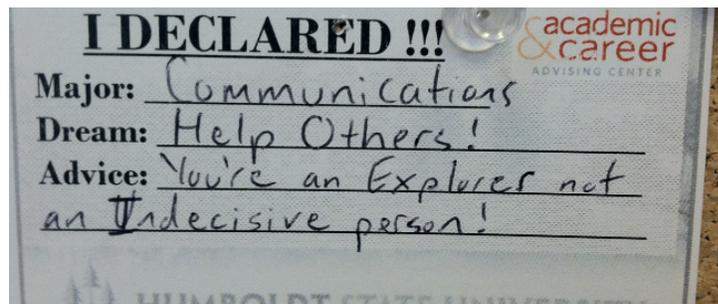
### COMMUNITY OPPORTUNITIES

#### Highlights from the Career and Volunteer Expo

Participating organizations had great things to say about our HSU students. Potawot Village representatives said that it would be impossible to maintain their gardens and orchard without the help of students. Students help their mission of connecting personal health with the health of the community and environment. Planned Parenthood said they hope that getting students to participate as educators will reach the community and spread valuable information among the student body. Over 600 students came to meet with over 110 employers and volunteer organizations making this fair our biggest Expo yet!

#### IdeaFest

CCBL is putting out a call for you to enter your Service Learning or Internship experience into IdeaFest. The registration deadline for IdeaFest is March 27. You can find more information at [www.humboldt.edu/ideafest](http://www.humboldt.edu/ideafest).



- ▲ Nikki Xiong's Declaration Card from his advisor's Declaration Board.
- ◀ Nikki Xiong wears his RAMP shirt in Youth Education Services.

## Student Spotlight

Nikki Xiong started as an undeclared major, looking for ways to connect his passion for helping people with a specific major or career. Nikki worked with his academic advisor to identify personal values, interests, and goals before exploring major options. Major exploration began with reviewing programs and their requirements, researching possible career paths; identifying introductory courses in majors of interest, and formulating questions to ask students and faculty in those majors. Nikki's exploration in GE courses, and interactions with faculty helped him identify his passions in persuading, rhetoric, and word choice, which lead him to declare Communication as a major. Nikki and his advisor also identified relevant volunteer and work opportunities on campus with the Youth Educational Services (YES), Canyon Council in Housing, the Asian, Desi, Pacific Islander Collective (ADPIC), and becoming a RAMP mentor. ACAC advisors also helped him prepare a resume that highlighted his transferable skills and preparedness for the RAMP job. Nikki recommends that students "become actively involved in their community by exploring different opportunities on and off campus, even if it sounds just slightly interesting, because you never know how interesting it really is until you try it". Share how ACAC has helped you succeed by contacting [acac@humboldt.edu](mailto:acac@humboldt.edu).

## ACADEMIC ADVICE

### Keep Moving Towards Your Goals

#### Early Registration is in April

- Be thinking of what classes you want to take and how they align with your academic and career goals.
- Check your Student Center for any holds that may prevent registration and take care of them now.

#### Track your grades and communicate with your professors about how you are doing.

- Academic workload increases around mid-terms. If struggling, seek out support from your advisors, professors, and the Learning Center.
- Use the Learning Center's GPA online calculator to predict your semester GPA.

### Think About

#### Seniors, do you find yourself thinking the following:

*What are my next steps? How can I best market myself? What advising and career services are available to me as a recent graduate? What are my goals?*

Schedule an appointment with your Career Advisor through ACAC (707) 826-3341 to develop plans.

### Dates/Deadlines

#### Spring Break - Have fun and be safe!

March 13 - 17

#### Credit/No-Credit Deadline

Monday, March 13 by 11:59 PM

#### Fall & Summer 2017 Schedule of Classes Available

Friday, March 24 by 5:00 PM

#### Campus is closed for Cesar Chavez Holiday

Friday, March 31

*\*See HSU calendar of Activities and Deadlines Spring 2017 for additional deadlines and information*

[www.humboldt.edu/reg/pdf/CalendarOfActivitiesSp17.pdf](http://www.humboldt.edu/reg/pdf/CalendarOfActivitiesSp17.pdf)

### Tips for Self-Care

During stressful times, make sure you are taking care of yourself. Here are some resources available to you:

**Check out CAPS workshops:** [www.humboldt.edu/counseling/groups\\_workshops\\_2016.html](http://www.humboldt.edu/counseling/groups_workshops_2016.html)

**Visit the Library Brain Booth:** [library.humboldt.edu/brainbooth.html](http://library.humboldt.edu/brainbooth.html)