Study Methods: The Rural Health Information Survey (RHIS) was conducted by the California Center for Rural Policy in the fall of 2006. A total of 23,606 surveys were mailed to a random sample of post office box holders in the four counties of Del Norte, Humboldt, Trinity and Mendocino. The total number of returned surveys was 3,003 for an overall response rate of 12.7%.

Respondents' Average (Mean) Distance to the Grocery Store, in Miles

- **40 - 60**
- **30 - 39**
- **20 - 29**
- **15 - 19**
- **10 - 14**
- **5 - 9**

**Public Lands**

- National Forests, National & State Parks

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1. Data derived from RHIS survey question (43): How far do you live from the store where you normally buy food? Percentages are shown for survey respondents of each sampled post office.
2. Post offices with less than 20 survey responses were not included in analysis due to statistical instability.

Data Sources: ESRI; U.S. Postal Service; CCRP Rural Health Information Survey 2006.

http://www.humboldt.edu/~ccrp