HSU DIVERSITY RESOURCE GUIDE

A GUIDE TO CAMPUS AND COMMUNITY RESOURCES AT HUMBOLDT STATE UNIVERSITY
Welcome to Humboldt State University’s Diversity Resource Guide.

The information in this guide offers you an introduction to the people, places, and resources, both on campus and in our local community, which may be of interest and assistance. While this guide is not exhaustive, it aims to provide a sampling of the many campus and community resources available in Arcata and our surrounding areas. If you have a resource to add to this guide, email your suggestions to diversity@humboldt.edu.
Welcome to Humboldt State University and our campus community. Our students provide outstanding leadership, and they promote HSU's core values of social and environmental responsibility. The educational experience for everyone at HSU is greatly enhanced by the diversity of our community and our emphasis on inclusion. We are pleased that you have chosen to join us, and all of us at HSU are committed to providing you with an enriching and successful college experience.

—President Lisa A. Rossbacher

Welcome to the Humboldt State University Diversity Resource Guide. We created this guide in order to provide you with a comprehensive – but not exhaustive – list of people, places, clubs and organizations that might be of use to you during your career at HSU. We hope you’ll use this guide to identify new resources and support networks that will enrich your college experiences, both on campus and in the community. We are glad you’re here!

—Radha Webley, Director, Office of Diversity and Inclusion
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“...The courage to imagine the otherwise is our greatest resource, adding color and suspense to our lives.”

-Daniel J. Boorstin
professor/historian
Humboldt State University Nondiscrimination Policy

Humboldt State University is committed to maintaining an environment free from unlawful discrimination. To fulfill this commitment, the University will work to prevent unlawful discrimination from occurring and will ensure that University policies prohibiting discrimination are fully enforced.

The University affirms and protects the rights of students and employees to seek and obtain the services of the University without discrimination. No employee or student shall on the basis of race, color, gender identity/expression, genetic information, religion, age, sexual orientation, marital status, pregnancy, disability, veteran status or national or ethnic origin be excluded from participation in, be denied the benefits of or be otherwise subjected to unlawful discrimination, including discriminatory harassment, under any program of the University.

Employees and students who cause these rights to be violated may be subject to discipline. This policy should not be interpreted as superseding or interfering with collective bargaining agreements or other California State University policies and procedures currently in effect. If discipline of an employee is sought as a remedy under this policy, the procedural rights under applicable collective bargaining agreements and system-wide procedures will continue to apply. However, those rights may not supersede or interfere with the requirements of state and federal law.
Please note:
The Office of Diversity and Inclusion endorses all of the on-campus resources listed in this guide. While we have done our best to list off-campus/community resources that we hope students will find useful, our office does not necessarily endorse the off-campus businesses, people, and organizations listed herein. We would like to hear about your experiences with these resources, and in our community, and encourage you to email us at diversity@humboldt.edu with your feedback, comments, information updates, and recommendations. We plan to update the information/resources in this guide regularly.

This Resource Guide is created, designed, and maintained by the Office of Diversity and Inclusion
Siemens Hall 209
www.humboldt.edu/diversity
(707) 826-4503
diversity@humboldt.edu

Photos throughout this guide are courtesy of HSU Marketing & Communications, unless otherwise noted.
# Humboldt State University — Diversity Resource Guide

## HSU Campus Listing

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“Education is the most powerful weapon which you can use to change the world.” — Nelson Mandela

South African activist, former president
ACADEMIC PROGRAMS AND SERVICES

Academic and Career Advising Center (ACAC)

Gist Hall 114
www.humboldt.edu/advise
advise@humboldt.edu
(707) 826-3341

ACAC unifies the functions of both academic and career advising to provide guidance to students concerning career aspirations and academic achievement goals. Services may include individualized or group work with staff concerning course selection, major exploration, career possibilities, class schedule-building, understanding graduation requirements (including general education) and mapping out coursework in order to graduate on time. ACAC also offers individual and group attention for students on various career-oriented topics, including: acquiring jobs and internships; writing resumes/cover letters; interviewing tips; career guidance; and applying to graduate school. The ACAC is where undeclared students receive academic advising.

Centers for Academic Excellence

Nelson Hall East, 2nd Floor (Nov. 2014)
www.humboldt.edu/riss/programs/center-for-academic-excellence
(707) 826-4583

The multiple HSU Centers for Academic Excellence provide HSU students with culturally specific inspiration, role models, vision, and direction to support their personal and professional goals. The Centers are committed to supporting students by providing access to facilities, activities, events, and opportunities that promote academic, intellectual, socio-cultural, and personal success and achievement in culturally relevant community contexts. All students are welcome to seek support, services, and community within any of the centers.

There are five Centers: the African-American Center for Academic Excellence, the Asian American/Pacific Islander Center for Academic Excellence, the Latino/Latina Center for Academic Excellence, the Native American Center for Academic Excellence (ITEPP), and the Center for Academic Excellence in STEM (Science, Technology, Engineering & Mathematics).
The MultiCultural Center (MCC) works closely with all of the centers, and creates opportunities for cross-cultural support and collaboration. The Centers also house a resource library and support for undocumented students.

The Centers offer the following:
- culturally relevant advising and academic mentoring
- academic and co-curricular enrichment, such as involvement in internships, clubs, events, and activities
- support in clarifying academic interests, values, strengths, and talents
- leadership training in coordinating socio-cultural activities and events
- referral to appropriate campus and community resources

Center for Academic Excellence in STEM (Science, Technology, Engineering, and Mathematics)

Warren House #38
Jrb96@humboldt.edu
www.humboldt.edu/inrsep
(707) 826-4998

A program designed to support students who are pursuing degrees in the natural resource and science disciplines, and who are historically underrepresented in the STEM fields. Designed to provide culturally relevant facilities, activities, events, and opportunities that promote academic, intellectual, socio-cultural, and personal success and achievement. This Center houses multiple student support programs, including INRSEP (Indian Natural Resource, Science and Engineering Program), and HSU chapters of SACNAS (Society for Advancement of Chicanos and Native Americans in the Sciences) and LSAMP (Louis Stokes Alliance for Minority Participation).

Eric Rofes Multicultural Queer Resource Center

Warren House 53
theerc@humboldt.edu
www.humboldt.edu/erc

Aims to create a focus of learning about issues facing the queer community and to bring students, faculty, and staff together for advocacy and education. Four paid student positions available each year.
Learning Center

Learning Commons
(Lower Library, Room 055)
www.humboldt.edu/learning
learning@humboldt.edu
(707) 826-5217

Located below the University Library, the Learning Center provides tutoring, mentoring, and skills development for all HSU students. Students can get help with difficult courses, test preparation, and reading, math, and writing skills.

The Tutorial Program provides free small group tutoring for lower division courses. One-to-one tutoring is also offered for a small fee. The Tutorial Coordinator can help students find tutors and form study groups.

The Math Tutoring Lab, (Library 208) is a free walk-in support program where students receive assistance with mathematical problem solving.

The Writing Center offers free assistance with writing assignments and standardized writing exam preparation.

Supplemental Instruction provides an opportunity for students to study with peer leaders. Sessions – designed to help students develop course-specific academic and study skills – are scheduled for rigorous entry-level and core science courses from several departments.

MultiCultural Center (MCC)

Balabanis Family House 55
(on the south side of the HSU Library)
www.humboldt.edu/multicultural
mcc@humboldt.edu
www.facebook.com/HSU.MultiCulturalCenter
(707) 826-3364

The MCC, a student-initiated program, promotes understanding of diversity, celebrates our differences and welcomes multi-ethnic perspectives. At the MCC, people are invited to explore identity and history, experience culture and traditions, express feelings and ideas and empower each other to work for social justice.
Student Disability Resource Center (SDRC)

Learning Commons (Lower Library)
www.humboldt.edu/disability
(707) 826-4678

Provides service, support, and resources for Students with Disabilities to maximize educational opportunities at HSU. SDRC can help with adaptive technologies, interpreters, note-taking, on-campus transportation, reading services, advising, registration assistance, test-taking facilitation, and more.

Women’s Resource Center (WRC)

Balabanis House 55 (same as the MultiCultural Center)
www.humboldt.edu/hsuwomen
hsuwomen@humboldt.edu
(707) 826-4216

The WRC aims to provide the tools, support and safe spaces to empower people to dismantle systems of power, privilege, and oppression. It has an activist-oriented resource room, offers grants to students for events/workshops, and hosts workshops and events throughout the year.

Youth Educational Services (Y.E.S.)

www.humboldt.edu/yes
yes@humboldt.edu
www.facebook.com/YEShsu
House 91, (707) 826-4965

Y.E.S. supports HSU students in creating and implementing volunteer programs that provide services to people across a range of ages and backgrounds in our local community. This experiential learning opportunity allows for students to expand on their academic careers as they learn to balance academia and community-based activism.

DIVERSITY-RELATED DEPARTMENTS/MAJORS

Chinese Studies
http://www.humboldt.edu/wlc/chinese

Criminology and Justice Major
www.humboldt.edu/sociology/degrees/undergraduates.html#CJS

Critical Race, Gender & Sexuality Studies (CRGS) Major
www.humboldt.edu/crgs

International Studies
http://www.humboldt.edu/internationalstudies
Latin American Studies
http://www.humboldt.edu/internationalstudies/latinamericanstudies.html

Native American Studies
www.humboldt.edu/nasp

Religious Studies
www.humboldt.edu/religiousstudies

Social Work
www.humboldt.edu/socialwork

Sociology
http://www.humboldt.edu/sociology

Health, Wellness, and Medical Services on Campus

Student Health Center
www.humboldt.edu/health
health@humboldt.edu
Facebook: search “Humboldt-State-University-Student-Health-Center”
Northeast of the Library Circle
(707) 826-3146

The HSU Student Health Center is an accredited outpatient medical facility that provides HSU students with basic medical services at no charge, and elective services at low cost. Services include treatment for injuries or illness, women’s health and preventative care, immunizations, lab and x-ray services, psychiatry, and a pharmacy.

HSU Counseling & Psychological Services (CAPS)
www.humboldt.edu/counseling
hsucaps@humboldt.edu
Facebook: search “Counseling-Psych-Services-HSU”
Second floor of Student Health Center, Northeast of the Library Circle
(707) 826-3236 (support and crisis intervention 24/7)

CAPS provides free counseling services to regularly enrolled HSU students. Services include psychological assessment, short term individual and couples counseling, groups and workshops, information and referral, and crisis intervention, outreach and consultation.

Health, Wellness, and Medical Services off Campus

Open Door Community Health Centers
www.opendoorhealth.com/opendoor
List of clinic locations:
www.opendoorhealth.com/opendoor/all-locations
Facebook: search “Open Door Community Health Centers”
(707) 826-8633

Clinics provide affordable/sliding scale health care and education to residents of Humboldt and Del
Norte counties. Services range from illness and injury treatment to dental services, a teen clinic, and pediatric care. Clinics are located in Arcata, Eureka, McKinleyville, Fortuna, Willow Creek, and Crescent City.

Salvation Army Eureka
2123 Tydd Street, Eureka
Web search: “Salvation Army Eureka” (707) 442-6475

Offers a variety of health and wellness services, including emergency assistance, counseling, youth services, and worship services.

Six Rivers Planned Parenthood, Eureka
www.plannedparenthood.org/srpp
3225 Timber Fall Court, Eureka (707) 442-5700

Provides women’s and men’s health care on an affordable, sliding scale, STD testing, LGBT services, family planning, birth control, pregnancy testing, abortion services.

HOSPITALS

Mad River Community Hospital (Arcata)
www.madriverhospital.com
3800 Janes Road, Arcata (707) 822-3621

Provides a range of services, including emergency care, urgent care, surgery, physical therapy, and radiology.

St. Joseph Hospital (Eureka)
www.stjosepheureka.org
2700 Dolbeer Street, Eureka (707) 445-8121

Offers comprehensive services including emergency, urgent care, cardiac services, Cancer Program, Childbirth Center, neurosurgery, and orthopaedic and sports medicine.

SHELTERS AND FOOD BANKS

North Coast Resource Center/Arcata Service Center
www.northcoastresourcecenter.org
501 9th Street, Arcata (707) 822-5008

Nutrition programs (food pantry/hot meals), life skills programs, shelter for people in need.
Raven Project

(services for homeless, runaway, or at-risk youth ages 12-21)
www.rcaaa.org/division/youth-service-bureau/program/raven-project-street-outreach-program
www.facebook.com/ravenproject
523 T Street, Eureka
(707) 443-7099
Drop-in center and outreach program provides showers, laundry, meals, toiletries, clothing and shoes, mail and phone service, employment assistance, other psychosocial and educational supports.

Eureka Rescue Mission

www.eurekarescuemission.org
306 West Clark, Eureka
(707) 445-3787
Shelter and transitional housing, food, clothing.

Food For People

307 W. 14th Street, Eureka
(707) 445-3166
www.foodforpeople.org

Food bank for Humboldt County. Food For People manages several pantries in Humboldt County that distribute free food to people in need.
**Emergency/Crisis Contacts**

**Emergency Calls**

911

**University Police**

(707) 826-5555

**Domestic Violence Hotline**

(866) 668-6543

**Humboldt County Crisis Services (24-hours)**

(707) 445-7715

**Humboldt Domestic Violence Services (24-hours)**

(707) 443-6042 or (866) 668-6543

**Legal Services of Northern California**

(legal representation, low-income clients)

(707) 445-0866

**National Runaway Hotline**

(800) 621-4000

**North Coast Rape Crisis Team (24-hours)**

(707) 445-2881 or (800) 656-4673

**Suicide Prevention Lifeline**

(800) 273-TALK (800-273-8255)

**Student Government**

Associated Students

hsuas@humboldt.edu

www.humboldt.edu/associatedstudents

www.facebook.com/hsuassociatedstudents

(707) 826-4221

Associated Students (AS) is the vehicle for student involvement in the shared governance of HSU. AS allocates student fee dollars, educates students about current affairs that impact students, and advocates the student perspective across campus. Council elections happen each spring; campus committee positions are available year-round.

**Scholarships and Other Funding Opportunities**

HSU’s Student Scholarship Opportunity Newsletter

www.humboldt.edu/diversity/student-resources

A listing of scholarships, fellowships, and funding opportunities, published once each semester.
HSU Scholarships and Local Area Scholarships

www.humboldt.edu/finaid/scholarships.html

California Forum for Diversity in Graduate Education

www.ucop.edu/forum-for-diversity/recruiters

Annual Fall event that brings together 1,000 students to participate in workshops and explore graduate opportunities and resources. HSU provides free lodging and transportation for approximately 45 students to attend. Contact the EOP office at (707) 826-4781.

Diversity Program Funding Grants

http://www.humboldt.edu/diversity/diversity-program-grants

Provide funding (ranging from $100-$3,500) to HSU student organizations to offer programs on campus that raise awareness, deepen understanding, and/or engage the campus community in dialogue about one or more of the multiple dimensions of diversity and/or increase the participation and retention of historically underrepresented groups in the campus community. Proposals are accepted in both the Fall and Spring semesters.
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STARS Scholarship Tracking and Review System

www.humboldt.edu/finaid/stars_quickstart_guide.php

Lists scholarships that are available to HSU students and streamlines the application process. Remember to apply for financial aid and scholarships as early as possible after January 1st.

RECREATION

Center Activities

Located in the Recreation & Wellness Center, on the lower level of the West Gym.

contract@humboldt.edu
www.humboldt.edu/centeractivities
www.facebook.com/pages/Center-Activities/273376997999
(707) 826-3357

Offers equipment rental and classes for a variety of outdoor recreational activities, including backpacking, rock climbing, surfing, kayaking, adventure photography, and many skill seminars. HSU students receive significant discounts.

Student Recreation Center

src@humboldt.edu
www.humboldt.edu/src
(707) 826-4197

The SRC includes a climbing wall, fitness center, strength training area, and indoor field space. Current students can use all of these facilities for free. Orientations and introduction classes are available for students who are not familiar with the facilities/equipment. The SRC is located near the Redwood Bowl area of campus (next to the Kinesiology & Recreation Administration building).

HSU Swimming Pool

www.humboldt.edu/kra/facilities/swimming.html
(707) 826-5451

Students can take classes or drop in for lap swimming (free with HSU ID) at HSU's pool. Located in the Kinesiology & Recreation Administration building.

TRANSPORTATION WITHIN HUMBOLDT COUNTY

Arcata and Mad River Transit System (A&MRTS)

www.arcatatransit.org
Service within Arcata. Students ride free with current HSU ID.
Blue Lake Rancheria Transit System
www.bluelakerancheria-nsn.gov/boTransit.html
Service between Arcata and Blue Lake.

Eureka Transit Service
www.eurekatransit.org
Hourly service (and better) in Eureka 6 days a week.

Redwood Transit System
www.redwoodtransit.org
Weekday and Saturday service from Trinidad to Scotia.

Resident Hall Free Weekend Shuttle Service
www.humboldt.edu/housing/documents/CityCabWeekendShuttle12-13ScheduleSheet.pdf
Free shuttle Saturday and Sunday from the Jolly Giant Commons parking lot to Target, Eureka Broadway Cinema, and the Bayshore Mall.

Taxi Services
City Cab (Eureka): (707) 442-4551
Plaza Cab (Arcata): (707) 822-4742
Yellow Cab (Eureka): (707) 442-4551

Zipcar (easy car rental)
www.zipcar.com/humboldtstate
Zipcar vehicles are available at the Humboldt State University campus for short-term or day-long use. A Zipcar membership is required, which is available for a $25 annual fee (discount for HSU students).
TRANSPORTATION OUTSIDE OF HUMBOLDT COUNTY

Amtrak (bus to train transfers)
www.amtrak.com/home
(800) 872-7245

925 E Street, Arcata or 6th & C St (behind Denny’s), Eureka

Arcata/Eureka Airport (ACV)
Located 10 minutes north of Arcata, with daily flights to Sacramento and San Francisco.

Greyhound Bus
www.greyhound.com
925 E Street, Arcata or 1603 4th St, Eureka
Tickets by phone: (707) 825-8934 or (800) 231-2222

Redwood Coast Transit
www.redwoodcoasttransit.org
Service between Arcata, Crescent City, and Smith River.

Trinity Transit
www.trinitytransit.org
Service within Trinity County, and between Willow Creek, Weaverville, and Redding.

Zimride
www.zimride.com/humboldtstate
Ridesharing network for HSU. If you have a car, split costs by offering rides. If you don’t have a car, find rides to where you need to go.

CHILD CARE

HSU Children’s Center
www.humboldt.edu/childrencenter
Located on the HSU campus and providing affordable high-quality child care and education for HSU students, staff, and faculty families.
Have You Experienced or Witnessed Bias?

Bias Is:
Any physical, spoken or written act of abuse, violence, harassment, intimidation, extortion, use of vulgarity, cursing, making remarks of a personally destructive nature toward another person, and any restriction or prevention of free movement of an individual.

Bias occurs whether that act is intentional or unintentional, and is directed toward an individual or group based on race, color, creed/religion, national origin, sex, sexual orientation, mental or physical disability, political or religious ideology, gender identity, gender expression, or other qualities that are central to an individual’s identity.*

*Definition courtesy of University of Oregon Bias Response Team

4 Easy Ways to Share a Concern about Bias

1: Stop by in person to the Office of Diversity and Inclusion (Siemens Hall 209)

2: Call us at 826.4234(4BEI) and leave us a message to call you back

3: Send us an email at biaseducation@humboldt.edu

4: Drop a note in the box outside the Office of Diversity and Inclusion (Siemens Hall 209)
EVENTS CALENDAR

SEPTEMBER

Multicultural Convocation
Annual event that aims to help students get acquainted with cultural clubs and social justice programs; meet supportive staff, faculty, and administrators; meet new and returning students; and begin building community at HSU.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

Creating Community Receptions
An opportunity for students to connect, make friends, build community, and meet supportive faculty and staff within a given cultural group. Receptions are usually held for the Asian/Pacific Islander, Black/African American, Latin@, Native American, and Queer communities. Events are open to all who identify with and/or support each community.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364
Autumn Moon Festival

An event designed to build community and share Chinese culture.

Coordinated by: Chinese Students Scholars Association (CSSA) and the MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

OCTOBER

Indigenous People’s Week

Brings together students, faculty, staff, administrators, and community members to celebrate indigenous communities and acknowledge their rich diversity. Discussions, presentations, film screenings, guest speakers, and events focus on sharing indigenous stories, songs, culture and struggles.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

Q-Fest (The Qross Qultural Queer Film Festival)

A film festival focused on promoting ongoing dialogue about sexuality.

Coordinated by: The MultiCultural Center, Eric Rofes Multicultural Queer Resource Center, Queer Student Union, and Women’s Resource Center
www.humboldt.edu/multicultural
(707) 826-3364

National Coming Out Day

Celebrates individuals who identify as LGBTQ, or who are allies to the LGBTQ community, and provides a venue for students to connect with queer-friendly resources and support.

Coordinated by: The Eric Rofes Multicultural Queer Resource Center, Queer Student Union, The MultiCultural Center, Student Health Center, and the Critical Race, Gender, & Sexuality Studies Dept.
www.humboldt.edu/multicultural
(707) 826-3364

The Consent Project

With the aim of recognizing and honoring survivors of sexualized violence of all genders, the Consent Project offers space for survivors and allies to talk about how violence has affected them, and features community resources and interactive art projects to deconstruct our ideas of gender and sexualized violence.

Coordinated by: Student Health Center
www.humboldt.edu/health
(707) 826-5234
NOVEMBER

Campus Dialogue on Race
Series of workshops, events, discussions, and film screenings that seek to enhance mutual understanding of issues surrounding race, gender, sexuality, ability and class. Academic credit available.

Coordinated by: MultiCultural Center
www.humboldt.edu/dialogue
(707) 826-3364

Día De Los Muertos
A traditional Mexican celebration in honor of people who have passed away. The campus community is invited to participate in events like sugar skull making, face painting, and other activities. Tribute altars dedicated to individuals are displayed in the Kate Buchannan Room.

Coordinated by: M.E.Ch.A (Movimiento Estudiantil Chicano de Aztlan) and the MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

International Education Week
Brings together the community to learn about international issues and events through panel discussions, workshops, presentations, and social gatherings. Academic credit available.

Coordinated by: Center for International Programs and Dept. of World Languages & Cultures
international@humboldt.edu
www.humboldt.edu/iew
(707) 826-4142

JANUARY/FEBRUARY

Lunar New Year Celebration
An annual celebration of the new year, which weaves customs from countries across Asia, including traditional New Year’s treats.

Coordinated by: the MultiCultural Center, Asian Pacific American Student Alliance, Chinese Student Scholar Association, and Global Connections Club
www.humboldt.edu/multicultural
(707) 826-3364

Black Liberation Month
During the month of February, students organize to create events, workshops, film screenings and community gatherings to celebrate, educate and highlight African American achievements and important milestones throughout U.S. history.

Coordinated by: Black Student Union and the MultiCultural Center
bsu@humboldt.edu
www.humboldt.edu/multicultural
(707) 826-3364
Poetry is not a Luxury

This event offers a welcoming space for young artists of all cultures to share their work and expression through art and poetry. Usually February (varies from year to year)

Coordinated by: Black Student Union and the MultiCultural Center
bsu@humboldt.edu
www.humboldt.edu/multicultural
(707) 826-3364

International Cultural Festival

An annual event that celebrates cultures worldwide. Includes traditional foods, live music and dance performances, and displays of cultural items.

Coordinated by: International Center, Office of Extended Education, and Global Connections Club
international@humboldt.edu
www.humboldt.edu/iew
(707) 826-4142

MARCH

Social Justice Summit

The Social Justice Summit is a 2-day event that promotes social change through workshops, discussions, speaker panels, and presentations. Academic credit available.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

The learning process is something you can incite, literally incite, like a riot.”
- Audre Lorde
Poet/political activist
Women’s HerStory Month
A series of events designed to mark the economic, political and social achievements of women. Includes El Dia de las Mujeres Punk and Hip-Hop Show.

Coordinated by:
Women’s Resource Center
www.humboldt.edu/hsuwomen
(707) 826-4216

APRIL

California Big Time and Social Gathering
An annual gathering that brings together the Native communities of the area to celebrate their culture and heritage and share it with the rest of the community. Includes food, music, dance, and children’s events.

Coordinated by: Native American Studies/Enduring Native Inherent Traditions Club; American Indian Alliance; Beta Sigma Epsilon Native Fraternity; Center for Indian Community Development; Council of American Indian Faculty & Staff; Indian Natural Resource, Science & Engineering Program; Indian Tribal & Educational Personnel Program; Native American Studies Department; and the MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364
**Take Back the Night**

An annual event dedicated to ending sexualized violence and creating supportive and healing spaces for survivors of sexualized violence and their loved ones. Activities include workshops, film screenings, open mics, a mural project, and a rally and march.

Coordinated by: The Women’s Resource Center, North Coast Rape Crisis Team, Eric Rofes Multicultural Queer Resource Center, the Student Health Center

[www.humboldt.edu/hsuwomen](http://www.humboldt.edu/hsuwomen)

(707) 826-4216

**National Day of Silence**

An internationally observed civil awareness day celebrating LGBTQ individuals who publicly identify as gay, lesbian, bisexual, transgender and/or queer. HSU students, clubs, staff, faculty and community members come together to “break the silence” about sexual orientation and/or gender identity in the Art/UC Quad.

Coordinated by: Eric Rofes Multicultural Queer Resource Center, Queer Student Union

[theerc@humboldt.edu](mailto:theerc@humboldt.edu)

[www.humboldt.edu/erc](http://www.humboldt.edu/erc)

**MAY**

**Cultural Graduation Celebrations**

Graduation celebrations for multiple communities on campus. Celebrations are usually held for the Asian/Pacific Islander, Black/African American, Latin@, Native American, and Queer communities.

Coordinated by: MultiCultural Center

[www.humboldt.edu/multicultural](http://www.humboldt.edu/multicultural)

(707) 826-3364

“[We] must be taught how to think, not what to think.”

-Margaret Mead

Cultural anthropologist
RESOURCES FOR ASIAN-AMERICAN/PACIFIC-ISLANDER STUDENTS

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“Words have no wings, but they can fly a thousand miles.”
— Korean Proverb
**Academic Programs and Services**

**Asian/Pacific Islander Center for Academic Excellence**

Nelson Hall East, 2nd Floor (Nov. 2014)

[www.humboldt.edu/riss/programs/center-for-academic-excellence](http://www.humboldt.edu/riss/programs/center-for-academic-excellence)

(707) 826-4583

A program designed to provide culturally relevant facilities, activities, events, and opportunities that promote academic, intellectual, socio-cultural, and personal success and achievement to students who identify with, support, or want to learn about the Asian-American/Pacific Islander culture or community.

**Center for Academic Excellence in STEM (Science, Technology, Engineering, and Mathematics)**

Warren House #38

Jrb96@humboldt.edu

[www.humboldt.edu/inrsep](http://www.humboldt.edu/inrsep)

(707) 826-4998

A program designed to support students who are pursuing degrees in the natural resource and science disciplines, and who are historically underrepresented in the STEM fields. Designed to provide culturally relevant facilities, activities, events, and opportunities that promote academic, intellectual, socio-cultural, and personal success and achievement. This Center houses...
multiple student support programs, including INRSEP (Indian Natural Resource, Science and Engineering Program), and HSU chapters of SACNAS (Society for Advancement of Chicanos and Native Americans in the Sciences) and LSAMP (Louis Stokes Alliance for Minority Participation).

**CLUBS**

For meeting times and locations, visit HSU’s Clubs and Activities Site at www.humboldt.edu/clubs

**Asian Pacific Islander American Student Alliance (APASA)**
apasa@humboldt.edu

**Chinese Language and Culture Club**
clcc@humboldt.edu

**Chinese Students and Scholars Association**
cssa@humboldt.edu
www.facebook.com/cssa.hsu
(707)845-8754

A community for Chinese students at Humboldt State University. Organizes Lunar New Year, Moon Festival and other activities.

**Global Connections**
global@humboldt.edu
www.facebook.com/gccathsu

Global Connections informs you about other cultures around the world and gives you the chance to make international friends.

**Middle Eastern Dance Club**
medance@humboldt.edu

**STUDENT SCHOLARSHIPS AND OTHER FUNDING OPPORTUNITIES**

**Asian & Pacific Islander American Scholarship Fund**
www.apiasf.org/scholarship_other.html

A listing of scholarships for Asian and Pacific Islander students.

**Asian Women In Business Scholarship (AWIB)**
www.awib.org

The AWIB Scholarship encourages and promotes exceptional Asian female students who have demonstrated scholarship, leadership, community service and/or entrepreneurship. Six scholarships of $2,500 each.
Conference on Asian Pacific American Leadership Scholarship Program

www.capal.org/programs/scholarship-program

Awards $2,000-$4,000 to outstanding Asian Pacific American college undergraduate and graduate students who will be serving in unpaid public service summer internships (non-profit or government) in the Washington, DC area.

FAITH ORGANIZATIONS

Islamic Center of Arcata

Meets at Arcata Library Conference Room
500 7th Street, Arcata
1:15-2 p.m. Friday, Jumah Prayer
shadhili2003@yahoo.com

Garden of the Heart Sufi Circle (Mystical Islam)

Check website for ongoing events.
www.sites.google.com/site/pamplin2009/Home/activities

City of Ten Thousand Buddhas

4951 Bodhi Way, Ukiah
(707) 462-0939
www.cttbusa.org/visit_cttb/cttb.asp

Rigdzin Ling (Tibetan Buddhist Monastery)

341 Red Hill Road, Junction City
www.chagdud.org
www.facebook.com/pages/Chagdud-Gonpa-Rigdzin-Ling/249158422570

RESOURCES FOR ASIAN/PACIFIC-ISLANDER STUDENTS
I learned to make my mind large, as the universe is large, so that there is room for contradiction.”

-Maxine Hong Kingston
Chinese-born American writer
Chinese Restaurant Listings
www.yelp.com/search?
find_desc=chinese&find_loc=95521&ns=1

Hue Southeast Asian Cuisine
1039 4th Street, Eureka
(707) 443-2690

LAO Oriental Market
2908 E Street, Eureka
(707) 445-1513

Naan of the Above
(Indian cuisine)
867 7th Street, Arcata
(707) 267-4832
www.naanoftheabove.com

Oriental Food & Spice
(Hmong market)
306 W Harris St, Eureka
(707) 445-3398

Mekong Café (Thai)
307 2nd St, Eureka
(707) 269-0555

Pak Indian Cuisine
1735 4th St, Eureka
(707) 443-2080

Pho Hoang
1390 G St, Arcata
(707) 822-2227

Sushi Restaurant Listings
www.yelp.com/search?
find_desc=chinese&find_loc=95521&ns=1
#find_desc=sushi&show_filters=0

Taco Faktory
(Asian-fusion burritos)
421 J St, Arcata

Toni’s Taste of Thai
1901 Heindon Rd, Arcata
(707) 599-1733
www.tonisrestaurant.com

Z&J Asian Subs
2336 3rd Street, Eureka
(707) 268-1188
www.zandjasiansubs.com

“Do the difficult things while they are easy and the great things when they are small. A journey of a thousand miles must begin with a single step.”
-Lao Tzu, ancient Chinese philosopher
EVENTS CALENDAR

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www.humboldt.edu/multicultural/
(707) 826-3364

INTERNATIONAL CULTURAL FESTIVAL
An annual event that celebrates cultures worldwide. Includes traditional foods, live music and dance performances, and displays of cultural items.

Coordinated by: International Center, Office of Extended Education, and Global Connections Club
international@humboldt.edu
www.humboldt.edu/iew
(707) 826-4142

MARCH

Social Justice Summit
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www.humboldt.edu/multicultural
(707) 826-3364
Community Contacts (HSU Staff and Faculty)

Each individual listed has expressed interest in serving as a resource for students, and has granted us permission to include their contact information on these pages.

Christina Accomando
English/CRGS/Native American Studies
ca3@humboldt.edu

Grace Cardenas-Leal
Centers for Academic Excellence
gc382@humboldt.edu

Lynnette Chen
Philosophy/Business
Lynnette.Chen@humboldt.edu

Sing Chew
Sociology
Sing.Chew@humboldt.edu

Han-Sup Han
Forestry & Wildland Resources
Han-Sup.Han@humboldt.edu

Frankie Huey
Student Disability Resource Center
frankie@humboldt.edu

Daeng Khoupradit
International Center
Daeng.Khoupradit@humboldt.edu

Yoon Kim
Math and Computer Science
Yoon.Kim@humboldt.edu

Craig Kurumada
Math & Computer Science
ckk7001@humboldt.edu

John Lee
College of Professional Studies
john.lee@humboldt.edu

Yashvin Madhak
Housing
ybm10@humboldt.edu

Saeed Mortazavi
Business
Saeed.Mortazavi@humboldt.edu

Marylyn Paik-Nicely
MultiCultural Center
marylyn.paik-nicely@humboldt.edu

Quoc Pham
Business
kien-quoc.pham@humboldt.edu
Someone missing? Should you or someone you know be included on this list?
Please email us at diversity@humboldt.edu
RESOURCES FOR BLACK/AFRICAN-AMERICAN STUDENTS

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"Our lives begin to end the day we become silent about things that matter."
—Martin Luther King, Jr.
ACADEMIC PROGRAMS AND SERVICES

African-American Center for Academic Excellence
Nelson Hall East, 2nd Floor (Nov. 2014)
www.humboldt.edu/riss/programs/center-for-academic-excellence
(707) 826-4583

A program designed to provide culturally relevant facilities, activities, events, and opportunities that promote academic, intellectual, socio-cultural, and personal success and achievement to students who identify with, support, or want to learn about the African-American culture or community.

Center for Academic Excellence in STEM (Science, Technology, Engineering, and Mathematics)
Warren House #38
Jrb96@humboldt.edu
www.humboldt.edu/inrsep
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For meeting times and locations, visit HSU’s Clubs and Activities Site at www.humboldt.edu/clubs

Black Student Union (BSU)
bsu@humboldt.edu

Brothers United
brothers@humboldt.edu
(707) 445-1800

Brothers United (BU) is a community based, cultural club dedicated to community service, unity, and brotherhood.

The Legacy
thelegacy9@yahoo.com

Women of color creating change through student service, support, and sisterhood.

Serenity Sisters
serenity@humboldt.edu

Queens of Distinction
qod@humboldt.edu

Student Scholarships and Other Funding Opportunities

NAACP Scholarships
www.uncf.org/sections/ForStudents/SS_Scholarships/scholarshipresults.asp?
Info=naacp&Category=Scholarship&suc=Y
CDM Smith/United Negro College Fund (UNCF) Scholars Program

www.uncf.org/sections/ForStudents/SS_Scholarships/scholarDetailSGA.asp?id=844

CDM Smith, in association with UNCF, has established a scholarship and summer internship program for undergraduate students with at least a 3.0 GPA, majoring in engineering, science, or construction disciplines. Award includes paid summer internship and up to $6,000 academic scholarship.

BROADCAST/ RADIO STATIONS

KHSU 90.5 FM

Body and Soul (R&B and neosoul) – Saturdays at midnight
Sista’s place (R&B oldies, soul and Latin rhythms) – Sundays, 2-4pm

COMMUNITY RESOURCES/ ORGANIZATIONS

NAACP Eureka
3015 J Street, Eureka
(707) 268-8287

Meets on the 3rd Sunday of every month at the Boys & Girls Club’s Teen Center.

RESOURCES FOR BLACK/AFRICAN-AMERICAN STUDENTS

Courses

ART104K: Africa, Oceana, the Americas
DANC 240: African Dance
ES 106: Introduction to Black Studies
ES 245: Hip Hop & the Black Experience
ES 320: African American History
ES 322: African American Family
ES 323: Patterns of Pan-Africanism
ES 325: From Civil Rights to Black Power
ES 327: Afro-American Religion
ES 328: African Religion & Philosophy
ES 352: Dynamics of Black Culture
HIST 332: History of Southern Africa
Local Markets/Stores/Restaurants/Businesses

Bless My Soul Café (California Creole & Southern Cuisine)
29 5th St, Eureka
(707) 443-1090
www.blessmysoulcafe.com

Denny’s
1500 Ana Sparks Way, McKinleyville
or 136 5th Street, Eureka
(707) 839-0467 or (707) 445-0521

15% discounts to NAACP members

Studio B Spa
1936 Central Ave, McKinleyville
Rebecca Whittington (stylist)
specializes in African American hair
(707) 839-6251
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www.humboldt.edu/multicultural
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international@humboldt.edu
www.humboldt.edu/iew
(707) 826-4142

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www.humboldt.edu/multicultural
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MAY

Cultural Graduation Celebrations

Graduation celebrations for the various communities on campus. Celebrations are usually held for the Asian/Pacific Islander, Black/African American, Latin@, Native American, and Queer communities.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

“Never underestimate the power of dreams and the influence of the human spirit. We are all the same in this notion: The potential for greatness lives within each of us.”

-Wilma Rudolph
Community Contacts  (HSU Staff and Faculty)

Each individual listed has expressed interest in serving as a resource for students, and has granted us permission to include their contact information on these pages.

Ramona Bell
Critical Race, Gender and Sexuality Studies
ramona.bell@humboldt.edu

Joseph Dieme
World Languages and Cultures Department
Joseph.Dieme@humboldt.edu

Albert Harris
Politics
Albert.Harris@humboldt.edu

Brittany Henry
Housing
bah203@humboldt.edu

John Packer
University Police
John.Packer@humboldt.edu

Celeste Robertson
Educational Opportunity Program
Celeste.Robertson@humboldt.edu

Tay Triggs
Student Engagement and Leadership
tdt104@humboldt.edu

Radha Webley
Diversity and Inclusion
Radha.Webley@humboldt.edu

Someone missing? Should you or someone you know be included on this list? Please email us at diversity@humboldt.edu
RESOURCES FOR LATINO/A STUDENTS

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“Every view of the world that becomes extinct, every culture that disappears, diminishes a possibility of life.”

–Octavio Paz
Mexican poet, writer, diplomat
**ACADEMIC PROGRAMS/SERVICES**

**Latina/Latino Center for Academic Excellence**

Nelson Hall East, 2nd Floor (Nov. 2014)
www.humboldt.edu/riss/programs/center-for-academic-excellence
(707) 826-4583

A program designed to provide culturally relevant facilities, activities, events, and opportunities that promote academic, intellectual, socio-cultural, and personal success and achievement to students who identify with, support, or want to learn about the Latino/Latina culture or community.

**Center for Academic Excellence in STEM (Science, Technology, Engineering, and Mathematics)**

Warren House #38
Jrb96@humboldt.edu
www.humboldt.edu/inrsep
(707) 826-4998

A program designed to support students who are pursuing degrees in the natural resource and science disciplines, and who are historically underrepresented in the STEM fields. Designed to provide culturally relevant facilities, activities, events, and opportunities that promote academic, intellectual, socio-cultural, and personal success and achievement. This Center houses multiple student support programs, including INRSEP (Indian Natural Resource, Science and Engineering Program), and HSU chapters of SACNAS (Society for Advancement of Chicanos and Native Americans in the Sciences) and LSAMP (Louis Stokes Alliance for Minority Participation).

**CLUBS**

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**El Pueblo**
elpueblo@humboldt.edu

**Find Resources and Empowerment Through Education (F.R.E.E.)**
FREE@Humboldt.edu

Works in support of undocumented immigrant students.

**Gamma Alpha Omega Sorority**

gao rush.pi@gmail.com
www.facebook.com/pi.chapter.7

Latina-founded multicultural sorority.
Hermanas Unidas Inc. de Humboldt State
hau.hsu.publicrelations@gmail.com
www.facebook.com/hermanas.unidasdehumboldt

Through academics, community service, and collegial networking, Hermanas Unidas hopes to unite and support hermanas along their pursuit of higher education.

HOLA: Humboldt Organization of Latin Americans
hola@humboldt.edu
www.facebook.com/HOLAhSU

Fosters leadership development through educational and cultural events/projects aiming to increase awareness of the Hispanic/Latino population on campus.

Lambda Theta Alpha Latin Sorority, Inc.
ltaladies@humboldt.edu

Academic-based Latina sorority that promotes leadership and high academic standards, and serves as a voice for the Latino community.

Lambda Theta Phi Latin Fraternity, Inc.
lambda@humboldt.edu
(323) 351-8050

Academic-based Latino fraternity.
M.E.Ch.A. de Humboldt State

https://www.facebook.com/mecha.dehumboldtstate

Movimiento Estudiantil Chicano de Aztlán (M.E.Ch.A.) de Humboldt State is the local chapter of a national organization that “promotes higher education, cultura, and historia. MEChA was founded on the principles of self-determination for the liberation of our people (from National Chapter Mission statement). M.E.Ch.A is comprised of self-identified Chican@s, Latinos and Allies.

SACNAS CLUB (Society for Advancement of Chicanos & Native Americans in Science)

sacnas@humboldt.edu
(707) 826-4998

To further the work of, to improve the effectiveness of, and to enhance the public understanding of and the appreciation for Chicanos, Latinos, Native Americans, Alaska Natives, Native Hawaiians and other underrepresented minorities in science.

Spanish Translation and Interpretation Club

spantran@humboldt.edu or jcd37@humboldt.edu

Dedicates time to interpret and translate documents for local businesses, non-profit organizations, and community members.

STUDENT SCHOLARSHIPS AND OTHER FUNDING OPPORTUNITIES

Hispanic Scholarship Fund

www.hsf.net/innercontent.aspx?id=460

HSF/ General College Scholarships are designed to assist students of Hispanic heritage obtain a college degree. Awards range from $1,000-$5,000.

Congressional Hispanic Caucus Institute Scholarship

www.chci.org/scholarships

Up to $2,500 for undergraduate study for students with a history of performing public service-oriented activities in their communities.
National Directory of Scholarships, Internships & Fellowships for Latino Students


COMMUNITY RESOURCES/ORGANIZATIONS

LatinoNet

www.latinonet.net

LatinoNet is a community coalition that aims to improve the quality of life for Spanish-speaking families on the North Coast. Our more than 150 members represent 50 agencies from areas such as health care, social services, education, business, and children's services.

FAITH ORGANIZATIONS

Sacred Heart Church
2065 Myrtle Ave, Eureka
(707) 443-6009

Masses in Spanish: Saturday @ 7:00 pm and Sunday @ 12:30 pm

St. Joseph Parish
14th and N St, Fortuna
(707) 725-1148
www.saintjoeparish.org

Masses in Spanish: Sunday @ 12:30 pm

HEALTH/WELLNESS/MEDICAL SERVICES

Bilingual Health/Wellness Providers

Listing available at:
www.latinonet.net/resource-guide/8

Festejando Nuestra Salud/Celebrating Our Health

www.latinonet.net/

Annual Spanish language health fair and community celebration in honor of Binational Health Week. Scheduled each year in early October.
BROADCAST/RADIO STATIONS

KHSU 90.5 FM
Sabor Latino – Sundays, 12-2pm
Latino USA – Fridays, 1:30-2pm

Latino Radio Stations Online
www.tunein.com/radio/Latino-c57945

COURSES/DEPARTMENTS/MAJORS

Spanish Major and Minor and a Broad Selection of Courses
Department of World Languages and Cultures
www.humboldt.edu/wlc/spanish

ART 104M: Latin American Art
ES 310: US & Mexico Border
ES 314: Chicano Culture & Society in America
ES 396/HIST 396: International Latino Film Seminar
HIST 109: Colonial Latin American History
HIS 109B: Modern Latin America
HIST 326: History of Mexico
HIST 327: History of Brazil
SPAN 108: Level III for Heritage Speakers
SPAN 208: Level IV for Heritage Speakers

LOCAL MARKETS/STORES/RESTAURANTS/BUSINESSES

Carmela’s Mexican Restaurant
1288 G St, Arcata and
1701 Central Ave, McKinleyville
www.carmelasrestaurants.com
(866) 916-2351

Don Juan’s Restaurant & Cantina
1720 Central Ave, McKinleyville
(707) 839-5820

El Buen Gusto Market
802 Broadway, Eureka
(707) 445-8031

El Pueblo Market
3600 Broadway St, Eureka
(707) 444-0952

Hey Juan Burritos
1642 G St, Arcata
(707) 822-8433

La Chaparrita
210 4th St, Eureka
(707) 445-3818

La Costa
664 S Fortuna Blvd, Fortuna
(707) 725-9416
Los Gallos Taqueria
Bayshore Mall Food Court, Eureka
(707) 443-4631

Luzmila’s Mexican Restaurant
5000 Valley W Blvd, Arcata
(707) 826-0723

Pachanga Mexicana
1802 5th St, Eureka
(707) 442-2587
www.pachangamexicana.com

Ricos Tacos Taqueria
686 F St, Arcata
(707) 826-2572

Rita’s Café & Taqueria
855 8th Street, Arcata
(707) 822-1010
Also has locations in Eureka.
www.ritascafe.com

Rita’s Mexican Market and Deli
815 J Street, Arcata
(707) 825-8827

Taco Faktory (truck)
421 J St, Arcata (at the Texaco Station)

Taqueria La Barca
5201 Carlson Park Dr, Arcata
(707) 822-6669
EVENTS CALENDAR  Latino/a Community

For a more extensive listing of multicultural events on campus, please refer to the events calendar in the Resources for All Students section of this resource guide.

SEPTEMBER

Multicultural Convocation

Annual event that aims to help students get acquainted with cultural clubs and social justice programs; meet supportive staff, faculty, and administrators; meet new and returning students; and begin building community at HSU.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

Creating Community Receptions

An opportunity for students to connect, make friends, build community, and meet supportive faculty and staff within a given cultural group. Receptions are usually held for the Asian/Pacific Islander, Black/African American, Latin@, Native American, and Queer communities. Events are open to all who identify with and/or support each community.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

NOVEMBER

Campus Dialogue on Race

Series of workshops, events, discussions, and film screenings that seek to enhance mutual understanding of issues surrounding race, gender, sexuality, ability and class. Academic credit available.

Coordinated by: MultiCultural Center
www.humboldt.edu/dialogue
(707) 826-3364

Día De Los Muertos

A traditional Mexican celebration in honor of people who have passed away. The campus community is invited to participate in events like sugar skull making, face painting and other activities. Tribute altars dedicated to individuals are displayed in the Kate Buchanan Room.

Coordinated by: M.E.Ch.A (Movimiento Estudiantil Chicano de Aztlan) and the MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364
JANUARY/FEBRUARY

International Cultural Festival
An annual event that celebrates cultures worldwide. Includes traditional foods, live music and dance performances, and displays of cultural items.

Coordinated by: International Center, Office of Extended Education, and Global Connections Club
international@humboldt.edu
www.humboldt.edu/iew
(707) 826-4142

MARCH

Social Justice Summit
The Social Justice Summit is a 2-day event that promotes social change through workshops, discussions, speaker panels, and presentations. Academic credit available.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

MAY

Cultural Graduation Celebrations
Graduation celebrations for the various communities on campus. Celebrations are usually held for the Asian/Pacific Islander, Black/African American, Latin@, Native American, and Queer communities.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

As you discover what strength you can draw from your community in this world from which it stands apart, look outward as well as inward. Build bridges instead of walls.”

-Sonia Sotomayor
Supreme Court Justice
(the Court’s first Latina Justice)
Community Contacts (HSU Staff and Faculty)

Each individual listed has expressed interest in serving as a resource for students, and has granted us permission to include their contact information on these pages.

Don Anton
Art
don.anton@humboldt.edu

Marisol Cortes-Rincon
Anthropology
mc479@humboldt.edu

Barbara Curiel
Critical Race, Gender & Sexuality studies
barbara.curiel@humboldt.edu

Lupe Lovio
Educational Opportunity Program / Student Support Services
Lupe.Lovio@humboldt.edu

Justus Ortega
Kinesiology
justus.ortega@humboldt.edu

Marcela Rodriguez
Learning Center
marcela.rodriguez@humboldt.edu

Maria Elena Whaples
Educational Opportunity Program / Student Support Services
mw61@humboldt.edu

Dan Saveliff
Educational Opportunity Program / Student Support Services
dan.saveliff@humboldt.edu

Yozzy Gomez
Educational Opportunity Program / Student Support Services
yg5@humboldt.edu

Alma Zechman
Geography
alma.zechman@humboldt.edu

Someone missing? Should you or someone you know be included on this list? Please email us at diversity@humboldt.edu
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"Hope will never be silent.”
-Harvey Milk
First openly gay person elected to public office, 1977

Creative Commons photo
CLUBS, ORGANIZATIONS, RESOURCES

Eric Rofes Multicultural Queer Resource Center
Warren House 53
thererc@humboldt.edu
www.humboldt.edu/erc

Aims to create a focus of learning about issues facing the queer community and to bring students, faculty, and staff together for advocacy and education. Four paid student positions available each year.

Gender Neutral Bathrooms
www.humboldt.edu/qweerss/neutral.html

Gender Neutral Housing
housing@humboldt.edu
www.humboldt.edu/housing/communities.html#gender
(707) 826-3451

Intentional living community affirming the cultural experiences of LGBTIQ residents and their allies.

HSU Safe Space
safespace@humboldt.edu
www.humboldt.edu/safespace

A welcoming, supportive and safe environment for LGBT community members, offering trainings on what it means to be an ally for the LGBT community.

Q&A (Queers & Allies)
Residence Hall Organization
housing@humboldt.edu
(707) 826-3451

Queer Student Union
qsu@humboldt.edu

Aims to create a safe, open, and confidential atmosphere where persons of all sexual and gender identities can gather to discuss important issues and make new friends. Allies welcome!
**COMMUNITY ORGANIZATIONS AND RESOURCES**

**College of the Redwoods Queer Student Union**

tyuhas205@gmail.com
www.facebook.com/groups/2149153445289700

Meets every Monday at 4:30 in Creative Arts (CA) room 109 at College of the Redwoods.

**Del Norte GLBT**

www.lesbiansatori.org/DN.html

Resources for the gay and lesbian community of Del Norte County.

**Dyke Hike**

Monthly hikes. For more information, call Sue at (707) 822-3405.

**Eureka Sisters of Perpetual Indulgence**

sisterfawn@eurekasisters.org
www.eurekasisters.org

Monthly meetings every 3rd Sunday, 9-11am, Community Wellness Center conference room, 908 7th St, Eureka.

**GenderQueer Coffee**

legato.blues@gmail.com

Meets on 1st and 3rd Tuesday of every month, 7pm, Old Town Coffee and Chocolates, 211 F Street, Eureka. All welcome.

**Girls' Space**

www.facebook.com/ravenproject
(707) 443-7099

A safe space for young women (ages 10-21) to explore, empower, and express themselves. Meets Wednesdays from 6:30-8:30pm at Raven, 523 T Street, Eureka.

**Humboldt Pride**

www.humboldtpride.org/
info@humboldtpride.org
www.facebook.com/humboldtpride
(707) 223-2591

Strives to educate the public about issues concerning lesbian, gay, bisexual, transgender, and sexually ambiguous persons to eliminate discrimination and prejudice.
Humboldt Unity Transgender Discussion Group

karin.redcrow@gmail.com or imalive505@gmail.com
Karin at (707) 307-3988 or Loren at (707) 476-0758

A support group for transgender, intersex, and questioning individuals, their allies, families and loved ones. Online forum is also available.

The L-Word

www.lword.mamajudy.com

A monthly publication written by and for local queers, highlighting local and international events and hot topics.

PFLAG (Parents and Friends of Lesbians and Gays)

shap28@gmail.com
(707) 768-3287

Meets at 6:30pm every second Monday, First Congregational Church, 900 Hodgson Street, Eureka.

Safe Space National LGBTQ Resources

www.humboldt.edu/safespace/national.html

Links to national LGBTQ resources on a variety of topics.

Trikone

www.trikone.org

Serves as a resource and an advocate for the South Asian LGBTQ community. Based in the Bay Area.

Queer and Ally Alike Open Mic

Every Saturday, 2:30 to 4:00pm, at Couple Cups, 1603 G Street, Arcata.

“A flower cannot blossom without sunshine, and man cannot live without love.”
-Max Muller
German educator
Queer Humboldt
info@queerhumboldt.org
www.queerhumboldt.org

Humboldt County’s resource for the queer community.

Queer Night Out
Dinner and social fun every Thursday, 6:30-9pm at The Alibi, 744 9th Street, Arcata. Look for us at the back tables.

Queer Youth Coffeehouse
www.rcaa.org/ysb/stroutrch.html
www.facebook.com/ravenproject
(707) 443-7099

A safe space for youth (ages 10-21) who are queer, questioning, or allied to hang out and have fun. Meets Tuesdays from 6:30-8:30pm at Raven, 523 T Street, Eureka.

Health/Wellness
Medical Services

Jennifer Saffen, Marriage and Family Therapist (Arcata)
To schedule an appointment, call (707) 616-7141 or e-mail jes@humboldt1.com

Specializing in sexual orientation, coming out, and other issues for the queer community.

Stuart Altschuler, Marriage and Family Therapist (Ferndale)
stuart@mfcc.com
(707) 786-9727

Stuart has a holistic approach that integrates individual emotional, psychological, and spiritual needs. He has extensive experience with the queer community.

North Coast AIDS Project (NorCAP)
529 I Street, Eureka
www.co.humboldt.ca.us/health/norcap.htm
(707) 268-2132

AIDS education and prevention, direct services for people living with HIV/AIDS.
Transgender Health Clinic
770 10th Street, Arcata
(707)826-8610
humboldtprojecthealth@gmail.com

At the Humboldt Open Door Clinic, 1:30-4:30pm, 1st Tuesday of every month.

LGBTQ-FRIENDLY FAITH ORGANIZATIONS
(as listed on humboldtpride.org)

Arcata Zen Group
www.arcatazengroup.org

A Zen Buddhist group which welcomes anyone to participate with them in sitting & walking meditation. Regular group meditations in Arcata, Eureka, and Westhaven.

Arcata United Methodist Church
1761 11th Street, Arcata
arcataumc@sbcglobal.net
www.arcataumc.org
(707)822-1963

Cavalry Lutheran Church
716 South Ave, Eureka
www.clceurekaca.org
(707) 443-1575

DignityUSA
www.dignityusa.org

National organization working for respect and justice for people of all sexual orientations, genders, and gender identities in the Catholic Church.

Eureka 1st Congregational United Church of Christ
Services Sunday at 10:30am.
900 Hodgson, Eureka
www.eurekaucc.org
(707) 445-5488

“I’m not going to die because I failed as someone else.
I’m going to succeed as myself.”

-Margaret Cho
Comedian/author/actress
Eureka Mindfulness
First Christian Church,
730 K Street in Eureka.
(707) 269-7044

Mindfulness meditation and dharma discussion. Meets 2nd and 4th Wednesdays of each month.

Evangelicals Concerned
ECHumboldt@aol.com
(707) 826-0518

A non-denominational, evangelical community that is a safe place for gay, lesbian, bisexual and transgender Christians to reconcile and integrate their faith and sexuality.

Humboldt Unitarian Universalist Fellowship
24 Fellowship Way (off Jacoby Creek Road), Bayside
www.huuf.org
(707) 822-3793

Gay-friendly, non-denominational church.

St. Alban’s Episcopal Church
1675 Chester Avenue, Arcata
www.stalbansarcata.org
(707)-822-4102

Temple Beth El
Hodgson and T Streets, Eureka
www.tbe-eureka.org
(707)-444-2846

Affiliated with the Union of Reform Judaism (URJ), with members from a variety of Jewish backgrounds. Services and events attempt to accommodate all members.

Broadcast/Radio Stations

The QWIRE

A local discussion segment on LGBTQ issues.
Critical Race, Gender & Sexuality Studies (CRGS) Major

www.humboldt.edu/crgs

Multicultural Queer Studies Minor

www.humboldt.edu/crgs/minors.html

ANTH 315/WS 315: Sex, Gender & Globalization
ANTH 430/WS 430: Queer Across Cultures
COMM 309B/WS 308B: Gender & Communication

CRGS 108: Power/Privilege: Gender and Race, Sex, Class
EDUC 318/WS 318: Gay & Lesbian Issues in Schools
PSYCH 436/WS 436: Human Sexuality
SOC 316/WS 316: Gender & Society
WS 306/FREN 306/GERM 306/SPAN 306: Sex, Class & Culture: Gender & Ethnic Issues in International Short Stories
WS 370: Queer Women’s Lives
EVENTS CALENDAR

For a more extensive listing of multicultural events on campus, please refer to the events calendar in the Resources for All Students section of this resource guide.

SEPTEMBER

Multicultural Convocation
Annual event that aims to help students get acquainted with cultural clubs and social justice programs; meet supportive staff, faculty, and administrators; meet new and returning students; and begin building community at HSU.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

Creating Community Receptions
An opportunity for students to connect, make friends, build community, and meet supportive faculty and staff within a given cultural group. Receptions are usually held for the Asian/Pacific Islander, Black/African American, Latin@, Native American, and Queer communities. Events are open to all who identify with and/or support each community.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

OCTOBER

Q-Fest (The Qross Qultural Queer Film Festival)
A film festival event focused on promoting ongoing dialogue about sexuality.

Coordinated by: The Multicultural Center, Eric Rofes Multicultural Queer Resource Center, Queer Student Union, and Women’s Resource Center
www.humboldt.edu/multicultural
(707) 826-3364

National Coming Out Day
Celebrates individuals who identify as LGBTQ, or who are allies to individuals from the LGBTQ community, and provides a venue for students to connect with queer-friendly resources and support.

Coordinated by: The Eric Rofes Multicultural Queer Resource Center, Queer Student Union, The Multicultural Center, Student Health Center, and the Critical Race, Gender, & Sexuality Studies Dept.
www.humboldt.edu/multicultural
(707) 826-3364
November

Campus Dialogue on Race
Series of workshops, events, discussions, and film screenings that seek to enhance mutual understanding of issues surrounding race, gender, sexuality, ability and class. Academic credit available.

Coordinated by: MultiCultural Center
www.humboldt.edu/dialogue
(707) 826-3364

March

Social Justice Summit
The Social Justice Summit is a 2-day event that promotes social change through workshops, discussions, speaker panels, and presentations. Academic credit available.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

National Day of Silence
An internationally observed civil awareness day celebrating LGBTQ individuals who publically identify as gay, lesbian, bisexual, transgender and/or queer. HSU students, clubs, staff, faculty and community members come together to “break the silence” about sexual orientation and/or gender identity in the Art/UC Quad.

Coordinated by: Eric Rofes
Multicultural Queer Resource Center, Queer Student Union
theerc@humboldt.edu
humboldt.edu/erc

May

Cultural Graduation Celebrations
Graduation celebrations for the various communities on campus. Celebrations are usually held for the Asian/Pacific Islander, Black/African American, Latin@, Native American, and Queer communities.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

Resources for LGBTQ Students
Humboldt State University — Diversity Resource Guide
Community Contacts (HSU Staff and Faculty)

Each individual listed has expressed interest in serving as a resource for students, and has granted us permission to include their contact information on these pages.

Eliot Baker
Recreation and Wellness Center
Eliot.Baker@humboldt.edu

Lorena Boswell
YES (Youth Educational Services)
lorena.boswell@humboldt.edu

Sue Buckley
Housing
Susan.Buckley@humboldt.edu

Ricky Bruce
College of Arts, Humanities & Social Sciences
richard.bruc@humboldt.edu

Loren Cannon
Philosophy/CRGS
loren.cannon@humboldt.edu

Rob Christensen
Associated Students
robert.christensen@humboldt.edu

Pat Comella
College of Professional Studies
pat.comella@humboldt.edu

Jeremy Davis
Residence Life
Jeremy.Davis@humboldt.edu

Jennifer Eichstedt
Sociology/Diversity and Inclusion
jennifer.eichstedt@humboldt.edu

Mira Friedman
Health Center
Mira.Friedman@humboldt.edu

Bella Gray
Office of the Registrar
bella@humboldt.edu
Jan Henry
Recreational Sports
Jan.Henry@humboldt.edu

Nathan Meints
Housing & Dining
Nathan.Meints@humboldt.edu

Clint Rebik
Office of the Registrar
clint.rebik@humboldt.edu

Tay Triggs
Student Engagement and Leadership
tay.triggs@humboldt.edu

Buddy White
Housing
buddy.white@humboldt.edu

Janet Winston
English/CRGS
winston@humboldt.edu

Someone missing? Should you or someone you know be included on this list?
Please email us at diversity@humboldt.edu
RESOURCES FOR NATIVE AMERICAN STUDENTS

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**ACADEMIC PROGRAMS/SERVICES**

Native American Center for Academic Excellence (ITEPP)

Brero House #93
mmj5@humboldt.edu
www.humboldt.edu/itepp
(707) 826-3672

Also known as the Indian Tribal & Educational Personnel Program (ITEPP), this program provides culturally relevant facilities, activities, events, and opportunities that promote academic, intellectual, socio-cultural, and personal success and achievement to students who identify with, support, or want to learn about the Native American culture or community.

Center for Academic Excellence in STEM (Science, Technology, Engineering, and Mathematics)

Warren House #38
Jrb96@humboldt.edu
www.humboldt.edu/lnrsep
(707) 826-4998

A program designed to support students who are pursuing degrees in the natural resource and science disciplines, and who are historically underrepresented in the STEM fields. Designed to provide culturally relevant facilities, activities, events, and opportunities that promote academic, intellectual, socio-cultural, and personal success and achievement. This Center houses multiple student support programs, including INRSEP (Indian Natural Resource, Science and Engineering Program), and HSU chapters of SACNAS (Society for Advancement of Chicanos and Native Americans in the Sciences) and LSAMP (Louis Stokes Alliance for Minority Participation).

**CLUBS AND ORGANIZATIONS**

Beta Sigma Epsilon
betasig4@humboldt.edu
www.facebook.com/pages/Beta-Sigma-Epsilon-HSU-Delta-Chapter/100906813298977

Fraternity offers a safe, supportive, transitional environment that will provide Native American students with opportunities, resources, tools, and experiences necessary for success in collegiate life and beyond.
ITEPP Club
iteppclub@humboldt.edu
www.facebook.com/ITEPP
(707) 826-3672

Many Tribal Nations
mtn@humboldt.edu

SACNAS Club
Society for Advancement of Chicanos & Native Americans in Science
sacnas@humboldt.edu
(707) 826-4998

California Big Time and Social Gathering
mcc@humboldt.edu
www.humboldt.edu/multicultural
(707) 826-3364

Annual public event that offers the tribal community the opportunity for cultural sharing, networking, educating, and creating a space that honors and supports Native students at HSU.

Indian Economic and Community Development (IECD)
House 71
www.oecbd.org/iecd
(707) 826-3919

Assists with development of tribal enterprises, tribal workforce, and Indian-owned small businesses.

Native American Studies Department
BSS 2068
Katy.Butz@humboldt.edu
www.humboldt.edu/nasp
(707) 826-4329

Pathways for Native American Students — Online Resource Guide
www.humboldt.edu/nativeprograms

STUDENT SCHOLARSHIPS AND OTHER FUNDING OPPORTUNITIES
HSU Scholarships for Native Students
www.humboldt.edu/nativeprograms
Scroll down, click on Scholarships link on right side of page.

National Indian Education Association (NIEA) Scholarship Listing
www.niea.org/Scholarships/Scholarship-Listing.aspx

RESOURCES FOR NATIVE AMERICAN STUDENTS
COMMUNITY RESOURCES/ORGANIZATIONS

American Indian Science and Engineering Society
www.aises.org

Works to increase American Indian and Alaska Native representation in science, technology, engineering and math (STEM) fields as students, professionals, mentors, and leaders.

Indian Action Council
2905 Hubbard Ln, Suite C, Eureka (707) 443-8401
Counseling, tutoring and advocacy.

National Indian Justice Center
nijc@aol.com
www.nijc.org (800) 966-0662
Delivers legal education, research, and technical assistance programs which seek to improve the quality of life for Native communities and the administration of justice in Indian Country.

Udall Scholarship
www.udall.gov/OurPrograms/MKUScholarship/MKUScholarship.aspx
Contact: Dr. Jacquelyn Bolman at jrb96@humboldt.edu or (707) 826-4994

For Native American students who have demonstrated commitment to careers related to the environment including policy, engineering, science, education, urban planning and renewal, business, health, justice, economics.
Northern California Indian Development Council
andrekaruk@ncidc.org
www.ncidc.com
(707) 445-8451
Provides resources, training, and support for the local Native community.

SACNAS (Society for Advancement of Chicanos & Native Americans in Science)
www.sacnas.org
To further the work of, to improve the effectiveness of, and to enhance the public understanding of and the appreciation for Chicanos, Latinos, Native Americans, Alaska Natives, Native Hawaiians and other underrepresented minorities in science.

Seventh Generation Fund for Indian Development
425 I Street, Arcata
www.7genfund.org
(707) 825-7640
Locally-based international organization dedicated to promoting and maintaining the uniqueness of Native peoples throughout the Americas.

CULTURAL AND HISTORICAL RESOURCES

Clark Historical Museum
Corner of 3rd and E St, Eureka
www.clarkemuseum.org
Features a Native American Wing with an extensive collection of local Native American artifacts.

HSU Library Humboldt Room
3rd Floor, University Library
www.library.humboldt.edu/humco/collections.html
Contains collections on North American Indians.

HSU Library Native American Studies Research Guides and Web Pages
library.humboldt.edu/~berman/nas.htm

Hoopa Tribal Museum
Hwy 96 Hoopa Shopping Center, Hoopa
www.hoopa-nsn.gov/departments/museum.htm
(530) 625-4110
Displays one of the largest collections of Hoopa, Yurok, and Karuk artifacts in northern California.
ITEPP Curriculum Resource Center
www.humboldt.edu/itepp/crc/crc.html

Contains more than 6,000 books, videos, microfilm, and periodicals on, about, or by Native American peoples.

Trinidad Museum
400 Janis Court at Patricks Point Dr., Trinidad
(707) 677-3883
www.trinidadmuseum.org

Includes Native American exhibits, with emphasis on Tsurai Village and Yurok traditions.

United Indian Health Services
1600 Weeot Way, Arcata
www.uihs.org
(707) 825-5000

Traditional Resources Program offers 20-acre Ku’ wa-dah-wilth Restoration Area and Potawot Community Food Garden.

American Indian-owned Local Businesses

American Indian Art and Gift Shop
241 F Street, Eureka
www.americanindianonline.com
(707) 445-8451
Amerind Bay Clothing Company
326 2nd St, Eureka
(707) 442-3042
Women’s clothing/accessories.
Discounts for Native students.

HEALTH AND WELLNESS

Two Feathers Native American Family Services
2355 Central Ave, Suite C,
McKinleyville
www.twofeathers-nafs.org
(707) 839-1933
Health and wellness services
(with particular focus on domestic violence).

United Indian Health Services
1600 Weeot Way, Arcata
www.uihs.org
(707) 825-5000
Offers affordable medical care as well as internships, counseling, mental health services, jobs, community events, and volunteer opportunities. Important note: register with UIHS as soon as you arrive at HSU in order to ensure that you will be able to access their services when you need them.

LOCAL AREA TRIBES AND RANCHERIAS

Bear River Band of the Rohnerville Rancheria (Loleta)
www.bearrivertribe.com

Big Lagoon Rancheria (Headquarters in Arcata)
www.unitedindianhealthservices.org/node/446

Blue Lake Rancheria (Blue Lake)
www.bluelakerancheria-nsn.gov

“ We are not myths of the past, ruins in the jungle, or zoos. We are people and we want to be respected, not to be victims of intolerance and racism.”

-Rigoberta Menchu Tum
K’iche’ Activist/Writer

We are not myths of the past, ruins in the jungle, or zoos. We are people and we want to be respected, not to be victims of intolerance and racism.”

-Rigoberta Menchu Tum
K’iche’ Activist/Writer
Elk Valley Rancheria (Crescent City)
www.elk-valley.com

Hoopa Valley Tribe (Hoopa)
www.hoopa-nsn.gov

Karuk Tribe of California (Happy Camp)
www.karuk.us

Resigini Rancheria (Klamath)
www.resighinirancheria.com

Tolowa Tribe/Smith River Rancheria (Smith River)
www.tolowa-nsn.gov

Trinidad Rancheria (Trinidad)
www.trinidad-rancheria.org

Wiyot Tribe/Table Bluff Rancheria (Loleta)
www.wiyot.com

Yurok Tribe (Klamath, Weitchpec)
www.yuroktribe.org

COURSES, PROGRAMS AND RESOURCES

American Indian Education Minor
www.humboldt.edu/cps/departments/child_dev/cdAIE.html

Graduate Program in Social Work
www.humboldt.edu/socialwork/degrees/msw.html

Specific focus on social work practice within rural and Native American Communities.

Native American Studies Major
www.humboldt.edu/nasp
EVENTS CALENDAR

For a more extensive listing of multicultural events on campus, please refer to the events calendar in the Resources for All Students section of this resource guide.

SEPTEMBER

Multicultural Convocation
Annual event that aims to help students get acquainted with cultural clubs and social justice programs; meet supportive staff, faculty, and administrators; meet new and returning students; and begin building community at HSU.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

Creating Community Receptions
An opportunity for students to connect, make friends, build community, and meet supportive faculty and staff within a given cultural group. Receptions are usually held for the Asian/Pacific Islander, Black/African American, Latin@, Native American, and Queer communities. Events are open to all who identify with and/or support each community.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

OCTOBER

Indigenous People’s Week
Brings together students, faculty, staff, administrators, and community members to celebrate indigenous communities and acknowledge their rich diversity. Discussions, presentations, film screenings, guest speakers, and events focus on sharing indigenous stories, songs, culture and struggles.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

NOVEMBER

Campus Dialogue on Race
Series of workshops, events, discussions, and film screenings that seek to enhance mutual understanding of issues surrounding race, gender, sexuality, ability and class.

Academic credit available.

Coordinated by: MultiCultural Center
www.humboldt.edu/dialogue
(707) 826-3364
JANUARY/FEBRUARY

International Cultural Festival
An annual event that celebrates cultures worldwide. Includes traditional foods, live music and dance performances, and displays of cultural items.

Coordinated by: International Center, Office of Extended Education, and Global Connections Club
international@humboldt.edu
www.humboldt.edu/iew
(707) 826-4142

MARCH

Social Justice Summit
The Social Justice Summit is a 2-day event that promotes social change through workshops, discussions, speaker panels, and presentations. Academic credit available.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

APRIL

California Big Time and Social Gathering
An annual gathering that brings together the Native communities of the area to celebrate their culture and heritage and share it with the rest of the community. Includes food, music, dance, and children’s events.

Coordinated by: Native American Studies/Enduring Native Inherent Traditions Club; American Indian Alliance; Beta Sigma Epsilon Native Fraternity; Center for Indian Community Development; Council of American Indian Faculty & Staff; Indian Natural Resource, Science & Engineering Program; Indian Teacher & Educational Personnel Program; Native American Studies Department; and the MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364

MAY

Cultural Graduation Celebrations
Graduation celebrations for the various communities on campus. Celebrations are usually held for the Asian/Pacific Islander, Black/African American, Latin@, Native American, and Queer communities.

Coordinated by: MultiCultural Center
www.humboldt.edu/multicultural
(707) 826-3364
Community Contacts (HSU Staff and Faculty)

Each individual listed has expressed interest in serving as a resource for students, and has granted us permission to include their contact information on these pages.

Jacquelyn Bolman
INRSEP
jrb96@humboldt.edu

Kristine Brenneman
Chemistry/Fisheries Biology
kjb2@humboldt.edu

Leo Canez
Upward Bound
canez@humboldt.edu

Chance Carpenter
Student Academic Services
Outreach Program/Talent Search
Chance.Carpenter@humboldt.edu

Adrienne Colegrove-Raymond
Student Academic Services
Outreach Program/Talent Search
abc1@humboldt.edu

Tall Chief Comet
Planning & Design/
Administrative Affairs
tallchief.comet@humboldt.edu

Vincent Feliz
ELITE Scholars
vfg1@humboldt.edu

Joseph Giovannetti
Enrolled citizen of Smith River
Rancheria (Tolowa tribe)
Native American Studies
jmg2@humboldt.edu

Marlette Grant-Jackson
ITEPP
mmj5@humboldt.edu

Will Hostler
University Police Department
will.hostler@humboldt.edu
Yvonne Jolley
Plant Operations
yj7001@humboldt.edu

Dr. Kishan Lara-Cooper
Child Development
kishan.lara@humboldt.edu

Chag Lowry
Humboldt Area Foundation/Native Cultures Fund
chagl@hafoundation.org

Rain Marshall (Yankton Sioux)
Native American Studies
rla1@humboldt.edu

Mona Mazzotti
MultiCultural Center
ree7@humboldt.edu

Kim Moon
Fisheries Biology/Wildlife Mgmt
kimberly.moon@humboldt.edu

Marylyn Paik-Nicely
MultiCultural Center
mkp2@humboldt.edu

Linda Parker
Student Disability Resource Center
linda.parker@humboldt.edu

Marlon Sherman
Native American Studies
shermansg@aol.com

Nina Surbaugh
ITEPP
nms39@humboldt.edu

Melissa Tafoya
Office of the Registrar
mlt15@humboldt.edu

Lorraine Taggart
Social Work
llt1@humboldt.edu

Someone missing? Should you or someone you know be included on this list?
Please email us at diversity@humboldt.edu
RESOURCES FOR STUDENTS WITH DISABILITIES

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“Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.” -Albert Einstein
Campus Resources

Disability Support Group
sdrc@humboldt.edu
(707) 826-4678

Meets weekly and provides social support and peer connections. For meeting time and place, contact SDRC.

Disability Related Counseling and Advising
www.humboldt.edu/disability/services/advising.html
(707) 826-4678

Provided by HSU’s Student Disability Resource Center.

Academic Programs and Resources

Student Disability Resource Center (SDRC)
Located in the Lower Library Learning Commons
www.humboldt.edu/disability
(707) 826-4678

Provides service, support, and resources for students with disabilities to maximize educational opportunities at HSU. SDRC can help with adaptive technologies, interpreters, note-taking, on-campus transportation, reading services, advising, registration assistance, test-taking facilitation, and more.

Real Time Captioning
Archive Reporting –
www.archivereporting.com

Virtual Remote Interpreting
SignOn –
www.signonasl.com

Community Resources/Organizations

Humboldt Community Access and Resource Center
www.hcar.us
(707) 443-7077

Serves Humboldt County citizens with developmental disabilities by promoting individual independence, community inclusion and family unity through a wide variety of services and supports.
Humboldt Council of the Blind
www.humguide.com/hcb
(707) 840-9298
Advocates for more opportunities for visually impaired people, and serves the blind and visually impaired residents of Humboldt County.

Learning Disability
Online Support Group
www.mdjunction.com/learning-disability
A community of patients, family members and friends dedicated to dealing with Learning Disability, together.

LightHouse of the North Coast
(707) 268-5646
Vision rehabilitation services in Humboldt and Del Norte Counties for blind or visually impaired adults.

Making Headway
305 O Street, Eureka
(707) 442-7668
www.mhwcenter.org
Center for brain injury recovery, helps persons who have sustained Traumatic Brain Injuries gain access to affordable services, support and educational opportunities.

National Alliance on Mental Illness, Humboldt
nami.humboldt@gmail.com
www.nami-humboldt.org
(707) 444-1600 (leave message)
Dedicated to improving the lives of individuals and families affected by mental illness. NAMI hosts regular community and educational events.

Reading Service of the Redwoods
rsr1@sbcglobal.net
www.rsraudio.org
(707) 826-1247
On air reading of local news and other community related material, broadcast on a sub channel of KHSU. Contact the service to receive a free radio.

Redwood Coast Regional Center
525 2nd Street, Suite 300, Eureka
www.redwoodcoastrc.org
(707) 445-0893
Services and support for children and adults with developmental disabilities.
Tri-County Independent Living
2822 Harris Street, Eureka
www.tilinet.org
(707) 445-8404

Promotes the philosophy of independent living, connects individuals to services, and works to create an accessible community, so that people with disabilities can have control over their lives and full access to the communities in which they live.

Local Businesses

Broadway Medical
1034 Broadway, Eureka
www.broadwaymed.com
(707) 442-3719

Mobility and accessibility equipment.

Transportation

Arcata & Mad River
Transit System (A&MRTS)
www.arcatatransit.org/links.html
(707) 822-3775

All buses in the A&MRTS are equipped with wheelchair lifts. HSU students ride free with ID.

Dial-A-Ride Systems - Humboldt Transit Authority

Dial-a-Ride/Lift is a specialized door-to-door transit system which operates in Eureka, Arcata, and surrounding areas. Certification is required, and may be obtained by calling (707) 443-0826.

Application for ADA Complementary Paratransit Service in Eureka:

Application for ADA Complementary Paratransit Service in Southern Humboldt:
IN-HOME SUPPORTIVE SERVICES

In Home Support Services
www.co.humboldt.ca.us/hhs/ssf/inhomesupportiveservices.asp
(707) 476-2100

Attendant care, based in Eureka.

SERVICE ANIMALS

Canine Companions for Independence
www.cci.org/site/c.cdKGIRNqEmG/b.4011067/k.A771/Northwest_Region.htm
(707) 577-1700, TTY: (707) 577-1756

Enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships. Based in Santa Rosa, CA.

ADHD/LEARNING DISABILITY RESOURCES

Jan Paulus, Educational Psychologist and Speech Pathologist
(707) 442-8648

Specializing in learning disabilities assessment. North Coast Association of Mental Health Professionals, Eureka

COURSES AND PROGRAMS

Special Education Credential and Licensure Program
www.humboldt.edu/education/programs/credential-programs/special-education

EMERGENCIES

Emergency evacuation “Stair Chairs” are located in the following buildings:
- Behavioral and Social Sciences Building (2 chairs)
- College Creek, Creekview, and Cypress Residence Halls
- Jolly Giant Commons
- Founders Hall
- Science A
- Student Business Services Building
- Student Health Center
- University Library (2 chairs)

For exact locations of each chair, contact SDRC at sdrc@humboldt.edu or (707) 826-4678 or visit the Emergency Management Program website at www.humboldt.edu/emergencymgmtprogram

“" If you look at successful people, nine times out of ten they will tell you stories of tremendous struggle.”

-Edward Hallowell, M.D.
Child and adult psychiatrist

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www.humboldt.edu/dialogue
(707) 826-3364

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www.humboldt.edu/multicultural
(707) 826-3364
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On The battlefield, the military pledges to leave no soldier behind. As a nation, let it be our pledge that when they return home, we leave no veteran behind.”

-Dan Lipinski
U.S. Representative

HSU Veterans Enrollment and Transition Services
**CLUBS AND ORGANIZATIONS**

**Student Veterans Association**

vets@humboldt.edu  
www.humboldt.edu/clubs/club_sites/student_veterans_association

A chapter of its national counterpart Student Veterans of America. The club advocates for both student veterans and student veteran dependents.

**Veterans Outdoor Program**

kap8@humboldt.edu  
www.humboldt.edu/veterans/outdoor-programs.html

Provides skill-building opportunities through outdoor activities while cultivating camaraderie among student veterans.

**ACADEMIC PROGRAMS/SERVICES**

**Veterans Enrollment and Transition Services (VETS)**

www.humboldt.edu/veterans  
www.facebook.com/HSUVeterans  
(707) 826-6272

A state program dedicated to providing support and access to education and resources for veterans and their families. Located in the Lower Library Learning Commons

**STUDENT SCHOLARSHIPS AND OTHER FUNDING OPPORTUNITIES**

**Coast Guard Foundation Scholarships**

www.uscg.mil/hr/cg111/scholarship.asp

A collection of scholarships available to members of Team Coast Guard.

**AMVETS Scholarships**

www.amvets.org/programs/scholarships

Scholarships for veterans/active military, their sons, daughters or grandchildren, awarded on the basis of academic excellence and financial need.

**Financial Aid for Veterans, Military Personnel, and Their Families**

www.rspfunding.com/f/VeteransIntro.PDF

Department of Defense-approved list of 1400 scholarships and financial aid options for Veterans, military members and families.
Employment Development Department
409 K St, Eureka
(707) 441-5709

Develops and supports programs to help veterans obtain employment, job training, and job counseling.

Farmer Veteran Coalition
info@farmvetco.org
www.farmvetco.org/
www.facebook.com/farmerveterancoalition
(530) 756-1395

Mobilizing veterans to feed America.

Humboldt County Veterans Service Office
825 5th St, Rm 310, Eureka
(707) 445-7341

Assists veterans, their dependents and survivors, and the general public in obtaining benefits from federal, state and local agencies administering programs for veterans.

North Coast Stand Down
www.northcoaststanddown.org
(707) 826-6272

Annual event that provides services to veterans.
North Coast Veterans Resource Center
109 4th Street, Eureka
www.vietvets.org/ncvrc.htm
(707) 442-5852

Offering a variety of resources for veterans, including employment counseling and training and transitional housing.

Veterans Honor Guard
Warren Tindall
warren1926@suddenlink.net
(707) 822-4209

Veterans Mind and Body
(707) 601-7184

Martial arts training classes offered free to military veterans and their families. Classes are held in the Arcata Veterans Hall.

Veterans for Peace, Humboldt Bay Chapter
550 Union Street, Arcata
www.vfp56.org
(707) 826-7124
Meets 1st Thursday of every month, 7pm.

Wounded Warrior Project Resource Center
resourcecenter@woundedwarriorproject.org
www.woundedwarriorproject.org
(888) 997-2586

Services and support for wounded warriors and their families.

VETERAN-FRIENDLY OR VETERAN-OWNED LOCAL MARKETS/STORES/RESTAURANTS/BUSINESSES

Applebee’s
2846 Broadway, Eureka
(707) 269-0533
Veterans eat free on Veteran’s Day.

California Disabled Veterans Business Alliance
www.cadvbe.org

Listings/searchable database of veteran-owned businesses.

Dallas Capital Enterprises, LLC
www.dallascapitalenterprises.com
(707) 832-4292
Investment and business services.
Health Sport

www.healthsport.com

Fitness club. Offers discounts to veterans. Locations in Arcata, Eureka, McKinleyville, Fortuna.

Picky Picky Picky, Inc.

600 E St, Eureka
(707) 444-9201

Veteran-owned surplus store.

Wild Oaks Grill
(aka The Tri Tip Guy)

2698 Central Ave, McKinleyville
www.facebook.com/WildOaksGrill
(707) 621-1913

Caters many HSU Vets events

Medical Services/
Crisis Contacts

Humboldt Veterans Acupuncture Project (HVAP)

550 Union St, Arcata
(707) 268-8007

Free acupuncture treatment, 1st Thursday of every month, 6pm.

Redwoods Vet Center

2830 G St, #A, Eureka
(707) 444-8271

Specializes in counseling for combat veterans and other eligible veterans.

Eureka Vet Center

2830 G St, Suite A, Eureka
(707) 444-8271

Suicide Prevention Hotline,
Department of Veterans Affairs

(800) 373-TALK

Veteran Affairs Medical Clinic

930 W Harris St, Eureka
(707) 269-7500

Provides general medical services and free shuttle rides for specialized appointments to the Veterans Affairs Medical Center in San Francisco.

Faith Resources

Alberto Fregoso

a.fregoso.1stnationvso@gmail.com
(408) 840-9627

Spiritual leader/Advisor