**Documents**

*Make sure you also have a copy of these documents, especially your passport!*

- Passport
- I-20 or DS-2019
- Admission Letter
- Financial Documentation (as used to obtain your F1 or J-1 visa)
- Receipt for SEVIS fee payment
- Travel Information (tickets, flight schedule, etc.)
- On-site contact information (telephone numbers, address)
- Medication and/or contacts with prescription documents, if applicable

**Toiletries & First Aid**

- Prescription medications
- Feminine hygiene products
- First aid kit/blister kit
- Eyeglasses/contacts/saline solution
- Vitamins
- Sunscreen
- Insect repellant
- Toothbrush & toothpaste
- Shampoo

**Travel Accessories**

- $100 cash for emergency money
- Camera and memory cards
- Travel information
- Carry-on bag with change of clothes in case of emergency and/or lost luggage
- Sunglasses
- Snacks/Food

**Personal Items**

- Address list of family and friends
- Photos of family and friends
- Traditional clothing for cultural events
- CD/MP3 player with headphones
- Mini-flashlight
- Sewing kit
- Umbrella
- Electrical voltage adapter (varies by country)
- Chargers: cellphone; laptop; camera
- International calling card
- Alarm clock

**Clothing & Linens**

- Bed sheets
- Lightweight blanket
- Pillow
- Towel
- Rainproof jacket/pants
- Clothing you can layer
- Comfortable walking shoes
- Hat
- Swimsuit