Experience Culture ... Experience Ritual ... Experience Diversity
Experience Religion

City of 10,000 Buddhas • Eastern Christianity
Judaism • Tibetan Buddhism • Zen Buddhism
Evangelical Christianity • Universal Sufism

RS 394 Experiential Fieldtrips
1 Unit Each, Offered Every Semester, Open to All HSU Students
RS 394 Experiential Workshops
Fall 2015

You have the opportunity to:

- Observe and Participate in Rituals
- Study and Discuss with Spiritual Masters
- Study Multiple Spiritual Traditions
- Learn about Meditation, Prayer, Chanting
- Meet with Spiritual Communities
- See Traditional Iconography, Dress, Architecture
- Hear and Sing Ritual Music
- Eat Traditional Foods (Yummmmm!!)

For More Information:

- Come to the ENG/RS Office (FH 201)
- Sign up, and go to Moodle for Details
- See the Link on the RS Website: [http://www.humboldt.edu/religiousstudies](http://www.humboldt.edu/religiousstudies)
- Contact Sara Hart (707.601.6619, sjh68@humboldt.edu)
- Capped out by Unit Cap? You can still come!!

Sign up for one or more being offered this semester:

- Zen – Sept. 23, 26-27 – CRN 45057
  Arcata Zen Group. Instruction in Zen Meditation, Philosophy, and Practice.
- Universal Sufism – Oct. 23-25 – CRN 46965
  Held on campus. Universal dances of peace, mystical practices of song and poetry, instruction in universal mystical tradition.
- Eastern Christianity – Oct. 3-4 – CRN 41234
  St. Innocent Orthodox Church in Eureka. Instruction in history of Eastern Christianity, cultural festival, icons, sunset Vespers service: experience the most mystical branch of Christianity.
- City of 10,000 Buddhas – Sept. 18-20 – CRN 41232
City of 10,000 Buddhas Weekend

The CTTB Workshop is offered in both Fall and Spring Semesters.

Students travel to CTTB near Ukiah. Opportunity to learn meditation, chanting, other spiritual practices. Lectures and discussions with monks and nuns who have years of Buddhist practice. Fantastic exposure to Buddhism.
Immerse yourself in a sunset Vespers service.
Explore the tradition of gold-bedecked icons.
Listen to the psalms, sung by a priest and his wife.
Learn about the biblical roots of church architecture,
priestly garments, and eucharistic ritual.
Enjoy the “Taste of Orthodoxy” Food & Dance Festival.

EXPERIENCE EASTERN CHRISTIANITY

RS 394 – CRN 41234
October 3 & 4
1 Unit – Open to All Majors
For a permission code, contact Katie Wilson at
katievalerie@gmail.com
Are you interested in the path of the mystic? Are you drawn to taste the essence of the great world religions and experience its joy through song, dance and meditation?

**EXPERIENCE UNIVERSAL SUFISM**

RS 394 – CRN 46965
October 23-25
1 Weekend, 1 Unit, 1 Unifying Experience
All Are Welcome

For a permission code, contact Sara Hart at sjh68@humboldt.edu
Learn and practice Zen meditation techniques, both sitting and walking. Listen to Dharma talks given by esteemed Zen teachers. Explore the questions of Zen philosophy. Experience the calm of a silent meditation retreat.

**EXPERIENCE ZEN**

**BUDDHISM**

RS 394 – CRN 45057
September 23, 26 & 27
1 Unit – Open to All Majors
For a permission code, contact Sara Hart at sjh68@humboldt.edu