The Food Access and Pantry Services Survey

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
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Project and Organization Background

The Food Access and Pantry Services survey was initiated by Food for People, Humboldt County's Food Bank to evaluate the services at its various pantry sites, assess the food security status of clients and additional needs. Food for People also included other questions regarding health care and other social service needs at the request of other community organizations.

The Community Benefits Department of St. Joseph Health System – Humboldt County generously provided funding for the survey administration and analysis. The Community Benefits Department of St. Joseph Health System – Humboldt County sponsors, develops, manages and sustains healthy community initiatives for the vulnerable populations of Humboldt County. The Humboldt County Department of Health and Human Services generously provided funding for the analysis. The Humboldt County Department of Health and Human Services aims to reduce poverty and connect people and communities to opportunities for health and wellness. The California Center for Rural Policy at Humboldt State University (CCRP) consulted on its administration and performed survey analysis and summary results. CCRP's mission is to conduct research that informs policy, builds community and promotes the health and well-being of rural people and environments.

Food for People’s goal is to eliminate hunger and improve the health and well-being of the community through access to healthy and nutritious foods, community education and advocacy. In 2011, the food bank distributed more than 1.2 million pounds of food to low-income residents through its network of 16 food pantries in the county. Food for People has piloted innovative programs such as a Choice Pantry at their main Eureka site, procuring fresh fruits and vegetables from local farmers, and working with funders and farmers’ market managers to provide a Market Match for CalFresh and WIC recipients.

Research Team

Lead researcher on this project was Danielle Stubblefield, Community Food Systems Analyst at CCRP. Danielle assisted Food for People with survey’s administration and conducted data analysis and is the lead author. Alissa Leigh, CCRP Research Associate, oversaw data entry and conducted extensive data analysis, including all of the qualitative analysis.

Jason Hervin, Pantry Network Coordinator at Food for People, created the survey’s initial content and co-coordinated its administration. He offered invaluable information regarding pantry sites and client participation rates for the final analysis and write-up. Assisting in the development of the survey and analysis Anne Holcomb, Executive Director of Food for People; Kathy Hayes, Director of Community Benefits at St. Joseph Health System; and Connie Stewart, Executive Director of CCRP.
Methods

Study Design and Sample
The Food Access and Pantry Services survey was designed collaboratively by Food for People, CCRP and St. Joseph Health System, with input from other community health and human services organizations. Two dollars was offered to participants completing the survey, thanks to a generous donation from the Community Benefits Department of St. Joseph Health System – Humboldt County.

The survey was administered at 15 pantry sites in Humboldt in August and September, 2011. Because the food boxes are offered to households on a monthly basis, each pantry site was surveyed only one month to reduce the chance of respondents taking it more than once. The survey was administered by volunteers that did not work at the pantry site surveyed. Those volunteers invited all clients to take the survey; participants were not randomly selected. The 15 food pantry sites included were:

1. Arcata: North Coast Resource Center
2. Arcata Senior Dining Food Pantry
3. Blue Lake Community Resource Center Pantry
4. Bridgeville Community Center Pantry
5. Eureka: Food for People’s Choice Pantry
6. Eureka: Humboldt Senior Resource Center Pantry
7. Ferndale Community Church Pantry
8. Fortuna: St. Joseph’s Pantry Shelf
9. Garberville Presbyterian Church Pantry
10. Loleta Community Church Pantry
11. McKinleyville Family Resource Center Pantry
12. Orick Community Center Pantry
13. Scotia Pantry
14. Trinidad Lion’s Club Pantry
15. Willow Creek Community Resource Center Pantry

Analysis
Quantitative data was entered in and analyzed using Zoomerang, an online survey program. For further analysis raw data was exported into excel, where data frequencies were analyzed and then graphed and/or put into tables.

Qualitative data was entered and analyzed using ATLAS.ti, a qualitative analysis program. Codes were then created to identify the common themes that emerged in the responses.

Six food security questions, taken directly from a USDA Food Survey (questions 35-40) were scored and analyzed following USDA methodology (July 2008 version) to assess each respondent’s food security status.

1 Six questions (Q35 – 40) are from the USDA Household Food Security Short Form.
Results:

Response Rates and Demographics
A total of 1,127 surveys were completed by clients, representing 47% of the food pantry households served in August and September 2011. Surveys were administered in such a way that each survey should represent one household.2

Table 1. Demographics: Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ethnicity/Race</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>79</td>
<td>7%</td>
</tr>
<tr>
<td>American Indian or Alaskan Native</td>
<td>153</td>
<td>14%</td>
</tr>
<tr>
<td>Asian</td>
<td>13</td>
<td>1%</td>
</tr>
<tr>
<td>Black or African American</td>
<td>18</td>
<td>2%</td>
</tr>
<tr>
<td>Native Hawaiian or Other Pacific Islander</td>
<td>13</td>
<td>1%</td>
</tr>
<tr>
<td>White</td>
<td>868</td>
<td>78%</td>
</tr>
<tr>
<td>Decline to state</td>
<td>25</td>
<td>2%</td>
</tr>
<tr>
<td>Other</td>
<td>54</td>
<td>5%</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>537</td>
<td>51%</td>
</tr>
<tr>
<td>Male</td>
<td>521</td>
<td>49%</td>
</tr>
<tr>
<td>Total</td>
<td>1058</td>
<td>100%</td>
</tr>
<tr>
<td><strong>Age (mean=46)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>≤35</td>
<td>317</td>
<td>29%</td>
</tr>
<tr>
<td>36-59</td>
<td>594</td>
<td>54%</td>
</tr>
<tr>
<td>≥60</td>
<td>190</td>
<td>17%</td>
</tr>
<tr>
<td>Total</td>
<td>1101</td>
<td>100%</td>
</tr>
</tbody>
</table>

*For Ethnicity/Race respondents were asked to mark all that apply.

There was a fairly even distribution of women and men respondents, with 537 women and 521 men participating.

The majority of respondents (n=868) indicated “white” as their race. The second largest population of respondents (n=153) were American Indian (including Alaskan Native). The third largest population of respondents (n=79) were Hispanic/Latino. Many respondents were of one or more races, so the numbers above do not add up to the total number of respondents.

Respondents who selected “other “to define their race indicated that they were: multi-racial, human, and/or Caucasian.

The majority of respondents (n=532), ranged in age from 36 to 59 years, (n=287) were 35 years or under, (n=170) were seniors. The oldest age was 89 years.

---

2 Clients of the pantries can pick up food for one household.
1. **(Q4) What is the highest level of education that you have completed? Please mark one.** (n=1,080)

Figure 1. Level of Education

Thirty-five percent (35%) of food pantry clients reported a level of education of high school degree or GED/certificate equivalent. Twenty-eight percent (28%) reported an AA degree or have attended some college (20%) reported that they had not graduated from high school. When categories are combined, a total of 41% have participated in some type of higher education. “Other” highest levels of education that were named including healing arts, trade school, culinary arts, beauty school, homeschool.

2. **(Q6) Do you currently receive CalFresh (food stamps) each month? (n=1,117)**

Figure 2. Respondents Receiving CalFresh

CalFresh (which is called Supplemental Nutrition Assistance Program (SNAP) nationally) is the most commonly used federal food assistance program in the US, with 45 million adults and children enrolled nationwide in 2011. Thirty percent (30%) of respondents reported participating in CalFresh.
3. (Q7) If not, have you applied for CalFresh (food stamps) in the past year? (n=771)

Figure 3. Respondents who have applied for CalFresh in the past year.

As a follow-up question, the respondents who indicated that they did not receive CalFresh were asked whether they had applied for it in the past year. Eighteen percent (18%) had applied and 634 participants, 82%, had not.

4. (Q8) If you have not applied, please explain why:

Table 2. Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons why respondents have not applied for CalFresh this past year.</th>
<th>Description of Codes/Reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Supplemental Security Income (SSI)</td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td>2. Not eligible/Don’t qualify</td>
<td>Respondents indicated that they had not applied because they were not eligible or do not qualify for CalFresh</td>
</tr>
<tr>
<td>3. Lack of awareness &amp; understanding</td>
<td>Respondents indicated that they had never heard of the program (CalFresh), were not sure if they qualified, did not know where or how to apply, or were unsure what the program was about.</td>
</tr>
<tr>
<td>4. Choose not to apply</td>
<td>Respondents indicated that they did not want to apply, had too much pride, were not interested, and had no need to apply, they were getting by on their own, or that they were embarrassed.</td>
</tr>
<tr>
<td>5. Social Security Disability</td>
<td>Respondents indicated that they were not eligible because they were on SSD, or disabled and receiving help.</td>
</tr>
<tr>
<td>6. Income too high</td>
<td>Respondents indicated that their income was too high, that it was just above the allowed amount, or that they barely made too much.</td>
</tr>
<tr>
<td>7. New to area</td>
<td>Respondents indicated that they were new to the area or to California.</td>
</tr>
<tr>
<td>8. Going to apply</td>
<td>Respondents indicated that they intended to apply soon.</td>
</tr>
</tbody>
</table>
Of the 82% who are shown in Q7 above as having not applied, roughly 25% of them knew that they were not eligible.

California is one of a few states that exclude participation in CalFresh for individuals who receive Supplemental Security Income (SSI), a federally funded program which provides income support for individuals aged 65 or older, blind or disabled. Instead of allowing SSI participants to qualify for CalFresh, the state has a program called State Supplementary Payment (SSP) which offers cash payment to supplement SSI.

Another 10% or so of respondents did not specify why but indicated that they had not applied because they were not eligible or did not qualify.

Approximately 5% of respondents indicated that they had not applied for CalFresh because they were receiving Social Security Disability (SSD) or were disabled and receiving help. SSD participants may qualify for CalFresh, however many may not realize that they are possibly eligible.

Here is a small sample of quotes from respondents:

- “I don’t know where or how to do it.”
- “Don’t need food stamps.”
- “Make $28.00 too much.”
- “Just arrived from Denver to relocate.”
- “I’ll be applying this week.”

**Transportation**

5. **(Q19) Do you have dependable transportation to the pantry? (n=1,096)**

Figure 4. Dependable Transportation

Transportation can be a major obstacle to food access, particularly in rural areas where population centers are far apart and residents may live long distances from services. Forty-three percent (43%) of respondents do not have dependable transportation, answering “sometimes” or “never.” Forty percent (40%) of respondents reported ‘always’ having dependable transportation to the pantry.
Community Services

6. (Q12) What types of services have the child/children in your household used?

Figure 5. Types of services child/children in household use.

*Respondents were asked to check all services that the children in their household use.

Respondents (n=213) listed the service most utilized by their children as free and reduced meals at school. The National School Lunch Program offers free meals to children of families with incomes below 130% of the poverty level. Reduced meals are offered to children with family incomes between 130 – 185% of the poverty level.

WIC, the Special Supplemental Nutrition Program for Women, Infants and Children, was the second most utilized service for children of survey respondents (n=161). WIC provides families with coupons for supplemental foods as well as providing education on nutrition and lactation.

Fifty-five (n=55) respondents indicated that their children utilize Healthy Families, which is a state-run program providing low cost insurance for children and teens.

Thirty-eight (N=38) respondents indicated they utilize Family Resource Centers and Community Resource Centers, which provide a variety of services, including play groups for children and their caretakers, information or referrals for additional services, and opportunities to connect with other parents and community members.

Twenty-nine (N=29) respondents indicated they utilize subsidized child care.

“Other” services that were named include: Supplemental Security Income (SSI), “medical,” after school programs, Temporary Assistance for Needy Families (TANF), Head Start, and Food for People’s “youth box.”

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3 In 2011 the federal poverty income for one person was $10,890 and for a family of four it was $22,350.
7. (Q27) I would like information on the following to be available at the pantry.

Figure 6. Information respondents would like to be available at the pantry

*Respondents were asked to check all types of information that they would like to see be available at the pantry.

As echoed in other parts of this survey, respondents appear to be concerned with housing. When asked what information they would like to have available at the pantry, respondent indicated “Housing” as a top priority (n=351), followed by CalFresh (n=293) and Family/Community Resource Centers (n=230).

MediCal or MediCare information was requested (n= 212), Healthy Families program (n=119), WIC (n=111) and childcare (n=105).

8. (Q28) What other community services or activities would help you or your family?

Table 3. Community services or activities that would help respondent or respondents’ family

<table>
<thead>
<tr>
<th>Top 10 Community Services or Activities</th>
<th>Description of Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. None/Don’t know/NA</td>
<td>Respondents indicated that they were not sure, didn’t know, or that the question was not applicable to them.</td>
</tr>
<tr>
<td>2. Housing</td>
<td>Respondents indicated that they would like more information about housing, in particular, low income, affordable, temporary, rentals, permanent housing, or housing resources.</td>
</tr>
<tr>
<td>3. Further Food Assistance</td>
<td>Respondents indicated that they would like more types of food, or more places that could feed them.</td>
</tr>
<tr>
<td>4. Transportation</td>
<td>Respondents indicated that they would like more transportation services, or bus passes/vouchers.</td>
</tr>
<tr>
<td>5. Basic Needs</td>
<td>Respondents indicated that they would like more services like public restrooms, shower access, laundry, clothes, or hygiene products such as soap and shampoo.</td>
</tr>
<tr>
<td>6. Health Related: Services &amp; Health Aids</td>
<td>Respondents indicated that they would like services that would help them with Dental Care, Health Care, Home Health, Vitamins or Medical services.</td>
</tr>
</tbody>
</table>
7. **Miscellaneous Types**
Respondents indicated a service that was uncommon and/or not mentioned by many or any others.

8. **Employment**
Respondents indicated that they would like a service that would help them find employment.

9. **Children**
Respondents indicated services or activities for children.

10. **Food Stamps**
Respondents indicated that the service that would help them or their family was Food Stamps.

9. **(Q29) Please list three kinds of foods you would like to see more of at the pantry.**

Table 4. Food that respondents would like to see more of at the pantry

<table>
<thead>
<tr>
<th>Top 10 Food Items</th>
<th>Description of Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Meat</td>
<td>Respondents indicated that they wanted meat, or various types of meat such as chicken, beef, pork, etc.</td>
</tr>
<tr>
<td>2. Vegetables/Produce</td>
<td>Respondents indicated they wanted vegetables or produce; or specific types such as “fresh veggies” or “broccoli, etc.”</td>
</tr>
<tr>
<td>3. Fruit/Produce</td>
<td>Respondents indicated they wanted fruit or produce; or specific types such as “fresh fruit” or “apples,” etc.</td>
</tr>
<tr>
<td>4. Milk</td>
<td>Respondents indicated that they wanted milk.</td>
</tr>
<tr>
<td>5. Cheese</td>
<td>Respondents indicated that they wanted cheese.</td>
</tr>
<tr>
<td>6. Miscellaneous Products</td>
<td>Respondents indicated they wanted various types of products that were not mentioned by other respondents.</td>
</tr>
<tr>
<td>7. Dairy Products/Other Dairy</td>
<td>Respondents indicated that they wanted various types of dairy products, like yogurt, butter, etc. or just indicated a need for more dairy products or other dairy in general.</td>
</tr>
<tr>
<td>8. Bread &amp; Pasta</td>
<td>Respondents indicated that they wanted various types of breads (whole grain, raisin, and sliced white) and pasta to be offered more.</td>
</tr>
<tr>
<td>9. Sweets</td>
<td>Respondents indicated that they wanted various types of sweets such as cake, pie, candy, sugar, ice cream and pastries.</td>
</tr>
<tr>
<td>10. Juice</td>
<td>Respondents indicated that they wanted various types of juice like; orange, apple, etc.</td>
</tr>
</tbody>
</table>
Household Food Security

10. (Q35 - 40) Food Security Status (n = 1,020)

Table 5. Food Security Status

<table>
<thead>
<tr>
<th>Food Security Status</th>
<th>Frequency</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food Secure</td>
<td>122</td>
<td>Access to enough food for an active, healthy life. May include &quot;marginal food security,&quot; represented by one or two indications of anxiety over food sufficiency or shortage of food in the house.</td>
</tr>
<tr>
<td>Low Food Security</td>
<td>292</td>
<td>Reports of reduced quality, variety, or desirability of diet. Little or no indication of reduced food intake.</td>
</tr>
<tr>
<td>Very Low Food Security</td>
<td>606</td>
<td>Reports of multiple indications of disrupted eating patterns and reduced food intake.</td>
</tr>
</tbody>
</table>

Figure 7. Food Security Status

Note: this chart represents respondents who provided the information necessary for determining food security status. (n=106) respondents did not answer all of the questions, so their status remains unknown and therefore is not indicated in the chart above.

Questions 35–40 of the Food Access and Pantry Services survey are from the USDA Household Food Security Short Form. They included questions such as "In the last 12 months did you or other adults in your household ever cut the size of your meals or skip a meal because there wasn’t enough money for food?” and “In the last 12 months, were you ever hungry but didn’t eat because there wasn’t enough money for food?”

Following USDA methodology, respondents received a score of 0-6. A score of 0 or 1 indicates food security (as defined in table above), scores of 2-4 indicate low food security and scores of 5 and 6 indicate very low food security, with a score of 6 being the worst-off. Of Humboldt County’s food pantry clients who responded to the survey, the most frequent score, with 450 individuals, was a 6.
Fifty-nine percent (59%) of respondents were experiencing very low food security, with (n=606) receiving a score of 5 or 6 (Figure 7 above)

Very low food security is associated with conditions such as:

- not being able to afford to eat balanced meals;
- cutting the size of meals or skipping meals because there was not enough money for food;
- running out of food and not having enough money to get more; and
- possibly not eating for a full day.

Physical and Mental Health

11. (Q46) Do you or anyone in your household have diabetes? (n=1,035)

Twenty-two percent (22%) of respondents reported that they or other household members have been diagnosed with Diabetes. This emphasizes the need for foods at each pantry that are healthy for individuals living with diabetes and nutritional information about the disease.
12. (Q47) In general, how would you say your health is? (n=1,032)

Figure 9. Respondents' Health

The largest portion of respondents (38%) felt that their health was good (n=392). Thirty-one percent (n=315) felt their health was fair and (n=117) felt it was poor.

13. (Q48) Do you currently have health insurance? (n=1,036)

Figure 10. Health Insurance

Forty percent (40%) of respondents indicate that they do not have health insurance. According to the 2009 California Health Information Survey, 29% of adult Californians below 300% poverty level did not have insurance coverage. These findings suggest that Humboldt County’s pantry clients have a lower rate of insurance coverage than their peers in other areas of the state.

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14. (Q49) Do you know where to go if you have health concerns? (n=1,036)

Eighty percent (n=831) of respondents do know where to go if they have health concerns. Twenty percent (n=163) of respondents stated “no” or “don’t know” where to go if they have health concerns.

15. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=1,037)

Ten percent (n=106) of respondents have had feelings of sadness or depression “all of the time” in the past 12 months. Nineteen percent (n=200) of respondents have had feelings of sadness or depression “most of the time” in the past 12 months. Thirty-nine percent (n=401) of respondents have felt sad or depressed “some of the time” in the past 12 months. Combined, another (n=330) felt depressed “a little of the time” or “none of the time.”
16. (Q51a) Do you feel that you get enough exercise? (n=1,000)

Figure 13. Exercise

Thirty-two percent of respondents (n=286) feel they get enough exercise “all of the time” and the largest portion of individuals (n=316) feel they get enough “most of the time.” Combined, these categories represent 61% of respondents.

Another 39% seem to feel that they do not get enough exercise, with (n=231) answering “some of the time,” (n=103) answering “a little of the time” and (n=64) answering “none of the time.”

17. (Q51b) Do you feel that you get enough social connection? (n=837)

Figure 14. Social Connection

Nineteen percent (n=163) respondents reported that they were getting enough social connection “all of the time.” Twenty-eight percent of respondents (n=232), feel they get enough social connection “most of the time.” Combined, a little more than half of respondents, (52%), feel they do not get enough social connection “some of the time” (n=227), “a little of the time” (n=153) and “none of the time” (n=62).
18. (Q51c) Do you feel that you get enough support and encouragement? (n=858)

The largest number of respondents, (n=254), feel they get enough support and encouragement only “some of the time.” (n=220) feel they get enough support and encouragement “most of the time” and (n=181) reported getting enough support and encouragement “all of the time.” (n=137) get enough support and encouragement only “a little of the time” and (n=66) reported never getting enough, indicated by “none of the time.”

19. (Q53) Is there anything else that you would like to tell us? (n=462)

When respondents were asked if there was anything else that they would like to tell us, almost half of the comments were of appreciation or positive feedback regarding the work that is being done at the food pantries. Below is a quote from one of the respondents:

“I just moved here in July [2011]. I just got real job. And would like to thank you all for all your help! I really feel thankful to you all, and can only say thank you. But hope you know how much you helped my family in those tough times. God bless you all! And thank you from the bottom of my heart.”

Other comments that were shared were 1) advice and suggestions, followed by 2) types of issues, and last 3) identifying personal needs.

Other quotes:
- “Keep up the good work!”
- “Think the staff/volunteers do a fantastic job, I only hope to be able to give back eventually. Still looking for work. I appreciate everything that they do here. Thank you.”
- “Just thankful for the endeavor is here otherwise there would be a lot of starving people.”
- “This is a good program and it should get more benefits and grants to help people in need.”
- “Thank for being there to help :)”
- “Applaud the women who work or volunteer here.”
“Blessed be the food pantry workers.”
“It’s just hard sometimes there are some trying times for a lot of people. I thank god for the pantry for the people that work there and for the food.”
“Thank you for the help - makes a big difference - especially in the summer months with children home for meals and snacks provided by the school.”
“I think you guys and your help is awesome! Keep up good work”

Limitations

This survey provides a snapshot of information from pantry clients during the months of August or September, 2011, depending on the pantry site. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.

A screening question was asked to assess if pantry clients had already taken the survey, but there was no absolute way to guarantee that duplication did not occur. However, it should be noted that volunteer perception was that overall pantry clients seemed very respectful of the fact that they could only take it once.

Likewise, it was asked that only one person from each household answer a survey, so that each survey should represent a different household. It was impossible, however, to ensure that this was the case.

Language was occasionally a barrier; it was observed that a couple of clients were not able to participate in the survey at Fortuna and Food for People in Eureka. Spanish speaking volunteers were able to assist at the Scotia and Loleta pantries and translate surveys one-on-one, but there were not enough bilingual volunteers to administer the survey at every site.

It was assumed that literacy might be an obstacle to survey participation, so volunteers asked participants if they wanted it administered orally through one-on-one assistance. For those who chose to fill it in on their own, volunteers also offered to help if they needed clarification on any of the questions.

Lastly, due to relying on a rotating group of volunteers, the survey may not have been administered as consistently as it could have been if the same individuals were at every pantry site.
Appendix A:

The Food Access and Pantry Services Survey

Site specific results for

Arcata Senior Dining Food Pantry

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
Results

A total of 37 households picked up commodities in September 2011, the month the survey was administered at this site. There were 14 respondents who indicated the Arcata Senior Center as their primary food pantry site. The survey results represent roughly 38% of Arcata Senior Center food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
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</thead>
<tbody>
<tr>
<td><strong>Ethnicity/Race</strong></td>
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<td>Hispanic/Latino</td>
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<td>American Indian or Alaskan Native</td>
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<td>0%</td>
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<td>Other</td>
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<tr>
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<td><strong>Age (mean=69)</strong></td>
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<td>≥60</td>
<td>12</td>
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<td>Total</td>
<td>14</td>
<td>100%</td>
</tr>
</tbody>
</table>

* For ethnicity/race respondents were asked to mark all that apply.

Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. **(Q4)** What is the highest level of education that you have completed? *Please mark one.*  
   
   *(n=14)*

   **Figure 1. Level of Education**

   - High school graduate or equivalent *(n=7)*
   - Some college *(n=2)*
   - College graduate *(n=2)*
   - Graduate school/post graduate training *(n=2)*
   - Other *(n=1)*

2. **(Q6)** Do you currently receive CalFresh (food stamps) each month? *(n=14)*

   **Figure 2. Respondents Receiving CalFresh**

   - Yes *(n=2)*
   - No *(n=12)*

3. **(Q7)** If not, have you applied for CalFresh (food stamps) in the past year? *(n=12)*

   **Figure 3. Respondents who have applied for CalFresh in the past year.**

   - Yes *(n=1)*
   - No *(n=11)*
4. (Q8) If you have not applied, please explain why: (n=9)

Table 2. Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons why respondents have not applied for CalFresh this past year.</th>
<th>Description of Codes/Reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Income too high</td>
<td>Respondents indicated that their income was too high, that it was just above the allowed amount, or that they barely made too much.</td>
</tr>
<tr>
<td>2. Supplemental Security Income (SSI)</td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td>3. Lack of awareness &amp; understanding</td>
<td>Respondents indicated that they had never heard of the program (CalFresh), were not sure if they qualified, did not know where or how to apply, or were unsure what the program was about.</td>
</tr>
</tbody>
</table>

5. (Q10) Are there children under the age of 18 living in your household?

All 14 respondents indicated that they had **NO CHILDREN** under the age of 18 living in their household.

**Transportation**

6. (Q18) How do you usually get to the pantry? (n=14)

Figure 4. Respondents Method of Travel
7. (Q19) Do you have dependable transportation to the pantry? (n=14)

Figure 5. Dependable Transportation

- Always (n=11)
- Often (n=1)
- Sometimes (n=1)
- Never (n=1)

8. (Q20) How long does it usually take you to get to the pantry? (n=14)

Figure 6. Time Spend Traveling to the Pantry

- 0-14 min. (n=8)
- 15-29 min. (n=3)
- 30-45 min. (n=3)
### Community Services and Pantry Food Suggestions

9. (Q21) **I receive food from the pantry:** (n=13)

Figure 7. Frequency of Food Pick Up

![Figure 7. Frequency of Food Pick Up](image)

10. (Q26) **I have access to . . .**

Respondents were asked to check all kitchen items that they have access to.

Figure 8. Kitchen Items Owned

![Figure 8. Kitchen Items Owned](image)
11. (Q27) I would like information on the following to be available at the pantry.

Respondents were asked to check all types of information that they would like to see available at the pantry.

Figure 9. Information respondents would like to be available at the pantry

![Bar chart showing the number of respondents for CalFresh (food stamps) and Housing]

**Physical and Mental Health**

12. (Q46) Do you or anyone in your household have diabetes? (n=14)

Figure 10. Individuals with Diabetes in Household

![Pie chart showing the number of respondents with and without diabetes]
13. (Q47) In general, how would you say your health is? (n=13)

Figure 11. Respondents’ Health

14. (Q48) Do you currently have health insurance? (n=14)

Figure 12. Health Insurance

15. (Q49) Do you know where to go if you have health concerns? (n=14)

Figure 13. Where to go for health concerns
16. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=14)

Figure 14. Feelings of Sadness or Depression during the past 12 months.

17. (Q51a) Do you feel that you get enough exercise? (n=13)

Figure 15. Exercise

18. (Q51b) Do you feel that you get enough social connection? (n=11)

Figure 16. Social Connection
19. (Q51c) Do you feel that you get enough support and encouragement? (n=11)

Figure 17. Support and Encouragement

Limitations

This survey provides a snapshot of information from pantry clients during the month of (Sept or Aug) 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.
Appendix B:

The Food Access and Pantry Services Survey

*Site specific results for*

Arcata: North Coast Resource Center

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
Results

A total of 157 households picked up commodities in September 2011; the month the survey was administered at this site. Of those surveyed, 150 indicated the North Coast Resource Center was their primary food pantry site.1

Table 1. Demographics: Ethnicity/Race, Gender and Age.

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<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
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<td>Hispanic/Latino</td>
<td>16</td>
<td>11%</td>
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<td>American Indian or Alaskan Native</td>
<td>25</td>
<td>17%</td>
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<td>Asian</td>
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<td>Black or African American</td>
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<td>Native Hawaiian or Other Pacific Islander</td>
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<td>1%</td>
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<td>White</td>
<td>108</td>
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<tr>
<td>Decline to state</td>
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<td>4%</td>
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<td>9%</td>
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<tr>
<td><strong>Gender</strong></td>
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<td><strong>Age (mean=40)</strong></td>
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<td>≤35</td>
<td>65</td>
<td>45%</td>
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<td>36-59</td>
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<td>45%</td>
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<tr>
<td>≥60</td>
<td>14</td>
<td>10%</td>
</tr>
<tr>
<td>Total</td>
<td>143</td>
<td>100%</td>
</tr>
</tbody>
</table>

*For Ethnicity/Race respondents were asked to mark all that apply.*

1 Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. (Q4) What is the highest level of education that you have completed? Please mark one. (n=148)

Figure 1. Level of Education

- Not a high school graduate (n=20)
- High school graduate or equivalent (GED/High school certificate) (n=45)
- Some college (includes AA degree) (n=57)
- College graduate (n=14)
- Graduate school/post graduate training (n=10)
- Other (n=2)

2. (Q6) Do you currently receive CalFresh (food stamps) each month? (n=151)

Figure 2. Respondents Receiving CalFresh

- Yes (n=50)
- No (n=101)

3. (Q7) If not, have you applied for CalFresh (food stamps) in the past year? (n=101)

Figure 3. Respondents who have applied for CalFresh in the past year.

- Yes (n=18)
- No (n=83)
4. (Q8) If you have not applied, please explain why: (n=74)

Table 2. Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons respondents have not applied for CalFresh this past year.</th>
<th>Description of Codes/Reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Supplemental Security Income (SSI)</strong></td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td><strong>Miscellaneous Reasons</strong></td>
<td>Respondents indicated a reason that was uncommon and/or not mentioned by many or any others.</td>
</tr>
<tr>
<td><strong>Choose not to apply</strong></td>
<td>Respondents indicated that they did not want to apply, had too much pride, were not interest, and had no need to apply, they were getting by on their own, or that they were embarrassed.</td>
</tr>
<tr>
<td><strong>Not eligible/Don’t qualify</strong></td>
<td>Respondents indicated that they had not applied because they were not eligible or do not qualify for CalFresh.</td>
</tr>
<tr>
<td><strong>Lack of awareness &amp; understanding</strong></td>
<td>Respondents indicated that they had never heard of the program (CalFresh), were not sure if they qualified, did not know where or how to apply, or were unsure what the program was about.</td>
</tr>
<tr>
<td><strong>Social Security Disability</strong></td>
<td>Respondents indicated that they were not eligible because they were on SSD, or disabled and receiving help.</td>
</tr>
</tbody>
</table>

5. (Q10) Are there children under the age of 18 living in your household? (n=148)

Figure 4. Children in Household
6. **(Q11)** If you answered “YES” to question 10, how many children under the age of 18 are living in your household? \( (n=14) \)

Figure 5. Number of Children in Household

![Number of Children in Household](image)

7. **(Q12)** What types of services have the child/children in your household used?

Respondents were asked to check all services that the children in their household use.

Figure 6. Services that Children in Household Use

![Services that Children in Household Use](image)
8. (Q13) **What is your relationship with the child/children in your household? (n=14)**

Respondents were asked to list all their relationships with the children in their household, however, each of the 14 respondents had 1 relationship type with the child/children in their home.

Figure 7. Relationship to Children in Household

9. (Q14) **Are you a single parent? (n=14)**

Figure 8. Single Parents
10. (Q15) Are you a grandparent raising your grandchild? (n=14)

Figure 9. Grandparent Raising Grandchild

Transportation

11. (Q18) How do you usually get to the pantry? (n=140)

Figure 10. Respondents Method of Travel
12. (Q19) **Do you have dependable transportation to the pantry?** (n=149)

Figure 11. Dependable Transportation

![Graph showing transportation options]

- Always (n=59)
- Often (n=17)
- Sometimes (n=42)
- Never (n=31)

13. (Q20) **How long does it usually take you to get to the pantry?** (n=149)

Figure 12. Time Spend Traveling to the Pantry

![Graph showing travel time]

- 0-14 min. (n=40)
- 15-29 min. (n=37)
- 30-45 min. (n=42)
- 46-60 min. (n=13)
- 61+ min. (n=5)
- Don’t know (n=12)
Community Services and Pantry Food Suggestions

14. (Q21) *I receive food from the pantry:* (n=142)

Figure 13. Frequency of Food Pick Up

15. (Q26) *I have access to . . .*

Respondents were asked to check all kitchen items that they have access to.

Figure 14. Kitchen Items Owned
16. (Q27) I would like information on the following to be available at the pantry.

Figure 15. Information respondents would like to be available at the pantry

Respondents were asked to check all types of information that they would like to see be available at the pantry.

### Household Food Security

17. (Q41) “The months when money is tight I sometimes have to choose between food and ...”:

Respondents were asked to check all items that they have had to choose between when money is tight.

Figure 16. When Money is Tight Respondents Choose Between...
18. (Q42) In the last 12 months, did you ever skip a meal in order to have more food for your child/children? (n=14)

Figure 17. Respondent Skipped Meals

![Chart showing responses to question 18]

19. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn't enough money for food? (n=14)

Figure 18. Child/Children Skipped Meals

![Chart showing responses to question 19]
20. (Q44) “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.” (n=14)

Figure 19. Lack of Healthy Meal for Child/Children

21. (Q45) In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=14)

Figure 20. Respondent Couldn’t Afford Food for Child/Children
Physical and Mental Health

22. (Q46) Do you or anyone in your household have diabetes? (n=147)

Figure 21. Individuals with Diabetes in Household

23. (Q47) In general, how would you say your health is? (n=147)

Figure 22. Respondents’ Health
24. (Q48) **Do you currently have health insurance? (n=148)**

![Health Insurance Pie Chart]

- Yes (n=59)
- No (n=82)
- Don’t know (n=7)

25. (Q49) **Do you know where to go if you have health concerns? (n=148)**

![Where to go for Health Concerns Pie Chart]

- Yes (n=102)
- No (n=38)
- Don’t know (n=8)

26. (Q50) **During the past 12 months, how often did you feel sad or depressed? (n=143)**

![Feelings of Sadness or Depression Pie Chart]

- All of the time (n=12)
- Most of the time (n=29)
- Some of the time (n=65)
- A little of the time (n=27)
- None of the time (n=15)
27. (Q51a) Do you feel that you get enough exercise? (n=143)

Figure 26. Exercise

28. (Q51b) Do you feel that you get enough social connection? (n=115)

Figure 27. Social Connection

29. (Q51c) Do you feel that you get enough support and encouragement? (n=112)

Figure 28. Support and Encouragement
30. **(Q52a)** Do you feel that your child/children get enough exercise? (n=14)

Figure 29. Child Exercise

![Pie chart showing responses to exercise]

31. **(Q52b)** Do you feel that your child/children get enough social connection? (n=11)

Figure 30. Child Social Connection

![Pie chart showing responses to social connection]

32. **(Q52c)** Do you feel that your child/children get enough support and encouragement? (n=11)

Figure 31. Child Support and Encouragement

![Pie chart showing responses to support and encouragement]
Limitations

This survey provides a snapshot of information from pantry clients during the month of September 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.
Appendix C: The Food Access and Pantry Services Survey

Site specific results for

Blue Lake Community Resource Center Pantry

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
Results

A total of 41 households picked up commodities in August 2011, the month the survey was administered at this site. There were 5 individuals who indicated the Blue Lake Pantry as their primary food pantry site.\(^1\) The survey results represent roughly 12% of Blue Lake food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ethnicity/Race</strong></td>
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<td></td>
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<tr>
<td>Hispanic/Latino</td>
<td>0</td>
<td>0%</td>
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<tr>
<td>American Indian or Alaskan Native</td>
<td>1</td>
<td>20%</td>
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<tr>
<td>Asian</td>
<td>0</td>
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<td>Black or African American</td>
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<td>0%</td>
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<td>80%</td>
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<td>1</td>
<td>20%</td>
</tr>
<tr>
<td>Total</td>
<td>5</td>
<td>100%</td>
</tr>
</tbody>
</table>

* For ethnicity/race respondents were asked to mark all that apply.

\(^1\) Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=. 
1. **(Q4)** What is the highest level of education that you have completed? *Please mark one.* *(n=5)*

Figure 1. Level of Education

![Pie chart showing levels of education](image)

- Not a high school graduate *(n=1)*
- High school graduate or equivalent *(GED/High school certificate) (n=3)*
- Some college *(includes AA degree) (n=1)*

2. **(Q6)** Do you currently receive CalFresh *(food stamps)* each month? *(n=5)*

- All 5 respondents indicated that currently they were not receiving Cal Fresh

3. **(Q7)** If not, have you applied for CalFresh *(food stamps)* in the past year?

- Of the 5 respondents who indicated that they were not receiving Cal Fresh, NONE of them had applied for CalFresh in the past year.

4. **(Q8)** If you have not applied, please explain why: *(n=2)*

- 1 respondent explained that the reason for them not applying this past year was because they currently receive Social Security Disability. The other respondent hadn’t applied because of a lack of awareness and understanding regarding CalFresh.

5. **(Q10)** Are there children under the age of 18 living in your household? *(n=5)*

Figure 2. Children in Household

![Pie chart showing children in household](image)

- Yes *(n=1)*
- No *(n=4)*
6. (Q11) If you answered "YES" to question 10, how many children under the age of 18 are living in your household?

- Individual indicated that there was 1 child living in their household
- They did not answer the question regarding services that the child in the household used
- Indicated that their relationship with the child was an aunt/uncle
- They were not a single parent
- They were not a grandparent raising their grandchild

**Transportation**

7. (Q18) How do you usually get to the pantry? (n=5)

- (1) respondent indicated that they bike
- (3) respondents indicated that they own their own vehicle

8. (Q19) Do you have dependable transportation to the pantry? (n=5)

- (3) respondents indicated that they always have dependable transportation to the pantry.
- (2) respondents indicated that they sometimes have dependable transportation.

9. (Q20) How long does it usually take you to get to the pantry? (n=5)

- (3) respondents indicated that it takes them 0-14 minutes
- (1) respondent indicated that it takes them 15-29 minutes
- (1) respondent indicated that it takes them 30-45 minutes

**Community Services and Pantry Food Suggestions**

10. (Q21) I receive food from the pantry: (n=5)

- (1) respondent indicated that they receive food **once a week**
- (4) respondents indicated that they receive food **once a month**
11. (Q26) **I have access to . . .**

Respondents were asked to check all kitchen items that they have access to.

Figure 3. Kitchen Items Owned

![Kitchen Items Owned](image)

12. (Q27) **I would like information on the following to be available at the pantry... (n=3)**

Respondents were asked to check all types of information that they would like to see be available at the pantry.

Figure 4. Information respondents would like to be available at the pantry

![Information Available at Pantry](image)
13. (Q41) “The months when money is tight I sometimes have to choose between food and ...

Figure 5. When Money is Tight Respondents Choose Between...

<table>
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<tr>
<th>Choose between food and___:</th>
<th>Frequency</th>
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<td>Rent</td>
<td>1</td>
</tr>
<tr>
<td>Medications</td>
<td>0</td>
</tr>
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</table>

14. (Q42) In the last 12 months, did you ever skip a meal in order to have more food for your child/children?

- Respondent indicated that they had to skip a meal in order to have more food for their child.

15. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn’t enough money for food?

- Respondent indicated that child/children had to skip a meal because there wasn’t enough money for food.

16. (Q44) “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.”

- Respondent indicated that it was never true that they couldn’t feed their child a healthy meal, because they couldn’t afford to.

17. (Q45) In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.”

- Respondent indicated that it was never true that their child was not eating enough because they couldn’t afford enough food.
Physical and Mental Health

18. (Q46) Do you or anyone in your household have diabetes? (n=5)

Figure 6. Individuals with Diabetes in Household

19. (Q47) In general, how would you say your health is? (n=5)

Figure 7. Respondents' Health

20. (Q48) Do you currently have health insurance? (n=5)

Figure 8. Health Insurance
21. (Q49) Do you know where to go if you have health concerns? (n=5)

Figure 9. Where to go for health concerns

22. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=5)

Figure 10. Feelings of Sadness or Depression during the past 12 months.
Do you feel that you get enough exercise? (n=5)

**Figure 11. Exercise**

- Most of the time (n=2)
- Some of the time (n=1)
- None of the time (n=2)

Do you feel that you get enough social connection? (n=4)

**Figure 12. Social Connection**

- Most of the time (n=1)
- Some of the time (n=2)
- A little of the time (n=1)

Do you feel that you get enough support and encouragement? (n=4)

**Figure 13. Support and Encouragement**

- Most of the time (n=2)
- Some of the time (n=2)
Below is the data from the one respondent that indicated they had a child under the age of 18 living in their household.

26. (Q52a) Do you feel that your child/children get enough exercise?
   • Respondent indicated that their child received exercise all the time

27. (Q52b) Do you feel that your child/children get enough social connection?
   • Respondent indicated that their child received social connection all the time

   • (Q52c) Do you feel that your child/children get enough support and encouragement?
   • Respondent indicated that their child received support and encouragement all the time

Limitations

This survey provides a snapshot of information from pantry clients during the month of August 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.
Appendix D:

The Food Access and Pantry Services Survey

Site specific results for

Bridgeville Community Center Pantry

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
**Results**

A total of 33 households picked up commodities in September 2011, the month the survey was administered at this site. There were 17 individuals surveyed who indicated the Bridgeville Community Center as their primary food pantry site. The survey results represent roughly 52% of Bridgeville food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ethnicity/Race</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
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<td>0%</td>
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<tr>
<td>American Indian or Alaskan Native</td>
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<td>0%</td>
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<td>Black or African American</td>
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<td>0%</td>
</tr>
<tr>
<td>White</td>
<td>16</td>
<td>100%</td>
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<tr>
<td>Decline to state</td>
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<tr>
<td>Other</td>
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<td>12%</td>
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<td><strong>Gender</strong></td>
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<td>Female</td>
<td>11</td>
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</tr>
<tr>
<td>Male</td>
<td>6</td>
<td>35%</td>
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<td>Total</td>
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<td><strong>Age (mean=54)</strong></td>
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<td>≤35</td>
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<td>0%</td>
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<tr>
<td>36-59</td>
<td>14</td>
<td>82%</td>
</tr>
<tr>
<td>≥60</td>
<td>3</td>
<td>18%</td>
</tr>
<tr>
<td>Total</td>
<td>17</td>
<td>100%</td>
</tr>
</tbody>
</table>

*For ethnicity/race respondents were asked to mark all that apply.*

---

1 Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. **(Q4)** What is the highest level of education that you have completed? *Please mark one.*
   (n=16)

Figure 1. Level of Education

- Not a high school graduate (n=1)
- High school graduate or equivalent (GED/High school certificate) (n=3)
- Some college (includes AA degree) (n=10)
- Graduate school/post graduate training (n=2)

2. **(Q6)** Do you currently receive CalFresh (food stamps) each month?  (n=17)

Figure 2. Respondents Receiving CalFresh

- Yes (n=5)
- No (n=12)

3. **(Q7)** If not, have you applied for CalFresh (food stamps) in the past year?  (n=12)

Figure 3. Respondents who have applied for CalFresh in the past year

- Yes (n=2)
- No (n=10)
4. (Q8) If you have not applied, please explain why: (n=7)
   - The reason why most (4 out of the 7) respondents had not applied for CalFresh the past year was because of their lack of awareness and/or understanding.

5. (Q10) Are there children under the age of 18 living in your household? (n=17)

   Figure 4. Children in Household

   ![Pie chart showing 18% Yes and 82% No for children in household.]

6. (Q11) If you answered “YES” to question 10, how many children under the age of 18 are living in your household? (n=3)
   - (2) respondents indicated that they have 1 child
   - (1) respondent indicated that they have 2 children

7. (Q12) What types of services have the child/children in your household used?
   Respondents were asked to check all services that the children in their household use.
   - (2) respondents indicated their child/children receive free and reduced meals at school
   - (1) respondent indicated that their child/children receive WIC
   - (1) respondent indicated that they child/children receives services from the Family Resource Center or play groups

8. (Q13) What is your relationship with the child/children in your household?
   - (2) respondents indicated they are the parent
   - (1) respondents indicated they are the grandparent

9. (Q14) Are you a single parent?
   - (1) respondents is a single parent
   - (2) respondents indicated they were not a single parent

10. (Q15) Are you a grandparent raising your grandchild?
    - (1) respondents indicated they were a grandparent raising their grandchild
    - (2) respondents indicated they were not a grandparent raising their grandchild
**Transportation**

11. (Q18) **How do you usually get to the pantry?** *Please mark one.* (n=17)

Figure 5. Respondents Method of Travel

![Bar chart showing the number of respondents for different methods of travel.](image)

- Walk: 2 respondents
- My own vehicle: 12 respondents
- Car pool: 3 respondents

12. (Q19) **Do you have dependable transportation to the pantry?** (n=15)

Figure 6. Dependable Transportation

![Pie chart showing the frequency of dependable transportation.](image)

- Always (n=7)
- Often (n=4)
- Sometimes (n=4)

13. (Q20) **How long does it usually take you to get to the pantry?** (n=16)

Figure 7. Time Spend Traveling to the Pantry

![Pie chart showing the time spent traveling to the pantry.](image)

- 0-14 min. (n=8)
- 15-29 min. (n=4)
- 30-45 min. (n=4)
**Community Services and Pantry Food Suggestions**

14. (Q21) *I receive food from the pantry:* (n=17)

Figure 8. Frequency of Food Pick Up

15. (Q26) *I have access to...*

Respondents were asked to check all kitchen items that they have access to.

Figure 9. Kitchen Items Owned
16. **(Q27)** I would like information on the following to be available at the pantry.

Respondents were asked to check all types of information that they would like to see be available at the pantry.

Figure 10. Information respondents would like to be available at the pantry

17. **(Q41)** The months when the money is tight I sometimes have to choose between food and___: (please mark all that apply)

Figure 11. When Money is Tight Respondents Choose Between...

18. **(Q42)** In the last 12 months, did you ever skip a meal in order to have more food for your child/children? (n=4)

   • (1)- Yes
   • (3)- No
19. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn’t enough money for food? (n=3)
   • (3)- No

20. (Q44) “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.” (n=2)
   • (2)- Sometimes true

21. (Q45) In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=2)
   • (2)- Never true

Physical and Mental Health

22. (Q46) Do you or anyone in your household have diabetes? (n=16)

Figure 12. Individuals with Diabetes in Household

![Pie chart showing 16 individuals, 5 with diabetes and 11 without diabetes.](image-url)
23. (Q47) **In general, how would you say your health is?** (n=16)

Figure 13. Respondents’ Health

![Pie Chart](image1)

24. (Q48) **Do you currently have health insurance?** (n=14)

Figure 14. Health Insurance

![Pie Chart](image2)

25. (Q49) **Do you know where to go if you have health concerns?** (n=15)

Figure 15. Where to go for health concerns

![Pie Chart](image3)
26. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=15)

Figure 16. Feelings of Sadness or Depression during the past 12 months.

27. (Q51a) Do you feel that you get enough exercise? (n=17)

Figure 17. Exercise

28. (Q51b) Do you feel that you get enough social connection? (n=16)

Figure 18. Social Connection
29. (Q51c) Do you feel that you get enough support and encouragement? (n=16)

Figure 19. Support and Encouragement

30. (Q52a) Do you feel that your child/children get enough exercise? (n=3)
   - (1) All of the time
   - (2) Most of the time

31. (Q52b) Do you feel that your child/children get enough social connection? (n=3)
   - (2) All of the time
   - (1) Most of the time

32. (Q52c) Do you feel that your child/children get enough support and encouragement? (n=3)
   - (2) All of the time
   - (1) Most of the time

**Limitations**

This survey provides a snapshot of information from pantry clients during the month of September 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.
Appendix E:

The Food Access and Pantry Services Survey

*Site specific results for*

Eureka: Food for People’s Choice Pantry

**Danielle Stubblefield, MS**
Community Food Systems Analyst

**Alissa Leigh**
Research Associate

California Center for Rural Policy at Humboldt State University
Results
A total of 1,006 households picked up commodities in September 2011, the month the survey was administered at this site. Overall, there were 300 respondents who indicated Food for People as their primary food pantry site.1

Table 1. Demographics: Ethnicity/Race, Gender and Age.

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<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ethnicity</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>17</td>
<td>6%</td>
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<tr>
<td>American Indian or Alaskan Native</td>
<td>33</td>
<td>11%</td>
</tr>
<tr>
<td>Asian</td>
<td>4</td>
<td>1%</td>
</tr>
<tr>
<td>Black or African American</td>
<td>3</td>
<td>1%</td>
</tr>
<tr>
<td>Native Hawaiian or Other Pacific Islander</td>
<td>5</td>
<td>2%</td>
</tr>
<tr>
<td>White</td>
<td>241</td>
<td>82%</td>
</tr>
<tr>
<td>Decline to state</td>
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<td>2%</td>
</tr>
<tr>
<td>Other</td>
<td>11</td>
<td>4%</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
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<td></td>
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<tr>
<td>Female</td>
<td>168</td>
<td>58%</td>
</tr>
<tr>
<td>Male</td>
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<tr>
<td>Total</td>
<td>299</td>
<td>100%</td>
</tr>
</tbody>
</table>

* For ethnicity/race respondents were asked to mark all that apply.

1 Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. (Q4) **What is the highest level of education that you have completed? Please mark one.** (n=287)

![Figure 1. Level of Education](image)

- Not a high school graduate (n=53)
- High school graduate or equivalent (GED/High school certificate) (n=92)
- Some college (includes AA degree) (n=86)
- College graduate (n=25)
- Graduate school/post graduate training (n=14)
- Other (n=17)

2. (Q6) **Do you currently receive CalFresh (food stamps) each month?** (n=296)

![Figure 2. Respondents Receiving CalFresh](image)

- Yes (n=103)
- No (n=193)

3. (Q7) **If not, have you applied for CalFresh (food stamps) in the past year?** (n=192)

![Figure 3. Respondents who have applied for CalFresh in the past year](image)

- Yes (n=48)
- No (n=144)
4. (Q8) If you have not applied, please explain why: \(n=146\)

Table 2. Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons why respondents have not applied for CalFresh this past year.</th>
<th>Description of Codes/Reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Supplemental Security Income (SSI)</td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td>2. Not eligible/Don't qualify</td>
<td>Respondents indicated that they had not applied because they were not eligible or do not qualify for CalFresh.</td>
</tr>
<tr>
<td>3. Miscellaneous Reasons</td>
<td>Respondents indicated a reason that was uncommon and/or not mentioned by many or any others.</td>
</tr>
<tr>
<td>4. Social Security Disability</td>
<td>Respondents indicated that they were not eligible because they were on SSD, or disabled and receiving help.</td>
</tr>
<tr>
<td>5. Lack of awareness &amp; understanding</td>
<td>Respondents indicated that they had never heard of the program (CalFresh), were not sure if they qualified, did not know where or how to apply, or were unsure what the program was about.</td>
</tr>
</tbody>
</table>

5. (Q10) Are there children under the age of 18 living in your household? \(n=290\)

Figure 4. Children in Household
6. (Q11) If you answered “YES” to question 10, how many children under the age of 18 are living in your household? (n=101)

Figure 5. Number of Children in Household

7. (Q12) What types of services have the child/children in your household used?

Respondents were asked to check all services that the children in their household use.

Figure 6. Services that Children in Household Use
8. (Q13) **What is your relationship with the child/children in your household? (n=100)**

Respondents were asked to list all their relationships with the children in their household.

Figure 7. Relationship to Children in Household

![Relationship to Children in Household](image)

9. (Q14) **Are you a single parent? (n=101)**

Figure 8. Single Parents

![Single Parents](image)

10. (Q15) **Are you a grandparent raising your grandchild? (n=101)**

Figure 9. Grandparent Raising Grandchild

![Grandparent Raising Grandchild](image)
**Transportation**

11. (Q18) **How do you usually get to the pantry?** (n=281)

Figure 10. Respondents Method of Travel

![Chart showing transportation methods]

<table>
<thead>
<tr>
<th>Transportation Method</th>
<th>Percent of Respondents</th>
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<tbody>
<tr>
<td>Walk</td>
<td>33%</td>
</tr>
<tr>
<td>Bike</td>
<td>8%</td>
</tr>
<tr>
<td>Public...</td>
<td>5%</td>
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<tr>
<td>My own...</td>
<td>39%</td>
</tr>
<tr>
<td>Car pool</td>
<td>9%</td>
</tr>
<tr>
<td>Other</td>
<td>6%</td>
</tr>
</tbody>
</table>

12. (Q19) **Do you have dependable transportation to the pantry?** (n=296)

Figure 11. Dependable Transportation

![Pie chart showing frequency of dependable transportation]

- Always (n=109): 37%
- Often (n=49): 17%
- Sometimes (n=100): 34%
- Never (n=38): 13%

13. (Q20) **How long does it usually take you to get to the pantry?** (n=297)

Figure 12. Time Spend Traveling to the Pantry

![Bar chart showing travel time]

- 0-14 min. (n=132): 44%
- 15-29 min. (n=82): 28%
- 30-45 min. (n=52): 18%
- 46-60 min. (n=19): 6%
- 61+ min. (n=6): 2%
- Don’t know (n=6): 2%
**Community Services and Pantry Food Suggestions**

14. *(Q21) I receive food from the pantry: (n=288)*

Figure 13. Frequency of Food Pick Up

15. *(Q26) I have access to . . .*

Respondents were asked to check all kitchen items that they have access to.

Figure 14. Kitchen Items Owned
16. (Q27) **I would like information on the following to be available at the pantry...**

Respondents were asked to check all types of information that they would like to see be available at the pantry.

Figure 15. Information respondents would like to be available at the pantry

17. (Q41) **The months when money is tight I sometime have to choose between food and__:**

Respondents were asked to check all items that they have had to choose between when money is tight.

Figure 16. When Money is Tight Respondents Choose Between...
18. (Q42) In the last 12 months, did you ever skip a meal in order to have more food for your child/children? (n=92)

Figure 17. Respondent Skipped Meals

19. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn’t enough money for food? (n=93)

Figure 18. Child/Children Skipped Meals
20. (Q44) “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.” (n=92)

Figure 19. Lack of Healthy Meal for Child/Children

```
Often true (n=14)
Sometimes true (n=31)
Never true (n=47)
```

21. (Q45) “In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=92)

Figure 20. Respondent Couldn’t Afford Food for Child/Children

```
Often true (n=12)
Sometimes true (n=16)
Never true (n=63)
Don’t know (n=1)
```
Physical and Mental Health

22. (Q46) Do you or anyone in your household have diabetes? (n=275)

Figure 21. Individuals with Diabetes in Household

23. (Q47) In general, how would you say your health is? (n=279)

Figure 22. Respondents’ Health
24. (Q48) Do you currently have health insurance? (n=280)

Figure 23. Health Insurance

25. (Q49) Do you know where to go if you have health concerns? (n=278)

Figure 24. Where to go for health concerns

26. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=278)

Figure 25. Feelings of Sadness or Depression during the past 12 months.
27. (Q51a) Do you feel that you get enough exercise? (n=270)

Figure 26. Exercise

28. (Q51b) Do you feel that you get enough social connection? (n=235)

Figure 27. Social Connection

29. (Q51c) Do you feel that you get enough support and encouragement? (n=245)

Figure 28. Support and Encouragement
30. (Q52a) Do you feel that your child/children get enough exercise?  (n=91)

Figure 29. Child Exercise

31. (Q52b) Do you feel that your child/children get enough social connection?  (n=82)

Figure 30. Child Social Connection

32. (Q52c) Do you feel that your child/children get enough support and encouragement?  (n=84)

Figure 31. Child Support and Encouragement
**Limitations**

This survey provides a snapshot of information from pantry clients during the month of September 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.
Appendix F:

The Food Access and Pantry Services Survey

Site specific results for

Eureka: Humboldt Senior Resource Center Pantry

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
Results

A total of 66 households picked up commodities in September 2011, the month the survey was administered at this site. There were 63 respondents who indicated the Humboldt Sr. Resource Center in Eureka as their primary food pantry site.  
1 The survey results represent roughly 95% of Eureka HSRC food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
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<tbody>
<tr>
<td><strong>Ethnicity/Race</strong></td>
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<tr>
<td>Hispanic/Latino</td>
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<td>7%</td>
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<td>11%</td>
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<td>36-59</td>
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<td>43%</td>
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<td>≥60</td>
<td>21</td>
<td>34%</td>
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<tr>
<td>Total</td>
<td>61</td>
<td>100%</td>
</tr>
</tbody>
</table>

* For Ethnicity/Race respondents were asked to mark all that apply.

1 Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. **(Q4) What is the highest level of education that you have completed? Please mark one.**
   \[(n=57)\]
   
   Figure 1. Level of Education

   - Not a high school graduate \((n=12)\)
   - High school graduate or equivalent (GED/High school certificate) \((n=18)\)
   - Some college (includes AA degree) \((n=16)\)
   - College graduate \((n=4)\)
   - Graduate school/post graduate training \((n=5)\)
   - Other \((n=2)\)

2. **(Q6) Do you currently receive CalFresh (food stamps) each month?** \[(n=63)\]
   
   Figure 2. Respondents Receiving CalFresh

   - Yes \((n=19)\)
   - No \((n=44)\)

3. **(Q7) If not, have you applied for CalFresh (food stamps) in the past year?** \[(n=43)\]
   
   Figure 3. Respondents who have applied for CalFresh in the past year.

   - Yes \((n=3)\)
   - No \((n=40)\)
4. (Q8) If you have not applied, please explain why: (n=35)

Table 2. Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons why respondents have not applied for CalFresh this past year.</th>
<th>Description of Codes/Reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Supplemental Security Income (SSI)</td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td>2. Choose not to apply</td>
<td>Respondents indicated that they did not want to apply, had too much pride, were not interested, and had no need to apply, they were getting by on their own, or that they were embarrassed.</td>
</tr>
<tr>
<td>3. Miscellaneous Reasons</td>
<td>Respondents indicated a reason that was uncommon and/or not mentioned by many or any others.</td>
</tr>
</tbody>
</table>

5. (Q10) Are there children under the age of 18 living in your household? (n=62)

Figure 4. Children in Household

- Yes (n=20)
- No (n=42)
6. (Q11) If you answered “YES” to question 10, how many children under the age of 18 are living in your household? (n=19)

Figure 5. Number of Children in Household

![Bar chart showing the number of children in household ranging from 0 to 12 respondents. The x-axis represents the number of children, and the y-axis shows the number of respondents. The chart indicates the distribution of children at different household sizes.]

7. (Q12) What types of services have the child/children in your household used?

Respondents were asked to check all services that the children in their household use.

Figure 6. Services that Children in Household Use

![Bar chart showing the number of respondents for various services. The services include Free and reduced, WIC, Healthy Families, Subsidized child, Family Resource, and Other. The chart indicates the distribution of services used by respondents.]

8. (Q13) **What is your relationship with the child/children in your household?**

Respondents were asked to list all their relationships with the children in their household,

Figure 7. Relationship to Children in Household

![Bar chart showing relationships to children in household.](image)

9. (Q14) **Are you a single parent?** (n=18)

Figure 8. Single Parents

![Pie chart showing single parent status.](image)
10. (Q15) Are you a grandparent raising your grandchild? (n=17)

Figure 9. Grandparent Raising Grandchild

11. (Q16) Additional comments about children in your household:

N/A

Transportation

12. (Q18) How do you usually get to the pantry? (n=61)

Figure 10. How respondents usually get to the pantry
13. (Q19) Do you have dependable transportation to the pantry? (n=62)

Figure 11. Dependable Transportation

14. (Q20) How long does it usually take you to get to the pantry? (n=61)

Figure 12. Time Spend Traveling to the Pantry
Community Services and Pantry Food Suggestions

15. (Q21) I receive food from the pantry: (n=60)

Figure 13. Frequency of Food Pick Up

16. (Q26) I have access to . . .

Respondents were asked to check all kitchen items that they have access to.

Figure 14. Kitchen Items Owned
17. (Q27) I would like information on the following to be available at the pantry.

Respondents were asked to check all types of information that they would like to see be available at the pantry.

Figure 15. Information respondents would like to be available at the pantry

![Bar chart showing the number of respondents who would like specific types of information.]

18. (Q41) “The months when money is tight I sometimes have to choose between food and ___”:

Respondents were asked to check all items that they have had to choose between when money is tight.

Figure 16. When Money is Tight Respondents Choose Between...

![Bar chart showing the number of respondents who have had to choose between specific items.]

19. (Q42) In the last 12 months, did you ever skip a meal in order to have more food for your child/children? \( (n=19) \)

Figure 17. Respondent Skipped Meals

20. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn’t enough money for food? \( (n=19) \)

Figure 18. Child/Children Skipped Meals
21. (Q44) “In the last 12 months, I couldn't feed my child/children a health meal, because I couldn't afford to.” (n=18)

Figure 19. Lack of Healthy Meal for Child/Children

22. (Q45) “In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=19)

Figure 20. Respondent Couldn't Afford Food for Child/Children
Physical and Mental Health

23. (Q46) Do you or anyone in your household have diabetes? (n=60)

Figure 21. Individuals with Diabetes in Household

24. (Q47) In general, how would you say your health is? (n=58)

Figure 22. Respondents’ Health

25. (Q48) Do you currently have health insurance? (n=57)

Figure 23. Health Insurance
26. (Q49) **Do you know where to go if you have health concerns?** (n=60)

Figure 24. Where to go for health concerns

![Pie chart showing 80% Yes, 13% No, 7% Don’t know.]

27. (Q50) **During the past 12 months, how often did you feel sad or depressed?** (n=59)

Figure 25. Feelings of Sadness or Depression during the past 12 months.

![Pie chart showing 22% All of the time, 8% Most of the time, 17% Some of the time, 29% A little of the time, 24% None of the time.]
28. (Q51a) Do you feel that you get enough exercise? (n=57)

Figure 26. Exercise

29. (Q51b) Do you feel that you get enough social connection? (n=39)

Figure 27. Social Connection

30. (Q51c) Do you feel that you get enough support and encouragement? (n=45)

Figure 28. Support and Encouragement
31. (Q52a) Do you feel that your child/children get enough exercise? (n=17)

Figure 29. Child Exercise

32. (Q52b) Do you feel that your child/children get enough social connection? (n=13)

Figure 30. Child Social Connection

33. (Q52c) Do you feel that your child/children get enough support and encouragement? (n=13)

Figure 31. Child Support and Encouragement
Limitations

This survey provides a snapshot of information from pantry clients during the month of September 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.
Appendix G:

The Food Access and Pantry Services Survey

Site specific results for

Ferndale Community Church Pantry

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
Results

A total of 39 households picked up commodities in September 2011, the month the survey was administered at this site. There were 10 respondents who indicated Ferndale Community Church as their primary food pantry site.¹ The survey results represent roughly 26% of Ferndale food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
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<tbody>
<tr>
<td><strong>Ethnicity/Race</strong></td>
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<tr>
<td>Hispanic/Latino</td>
<td>1</td>
<td>10%</td>
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<tr>
<td>American Indian or Alaskan</td>
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<tr>
<td>Black or African American</td>
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<td>0%</td>
</tr>
<tr>
<td>Native Hawaiian or Other</td>
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</tr>
<tr>
<td>Pacific Islander</td>
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<tr>
<td>White</td>
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<td>Decline to state</td>
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<tr>
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<tr>
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<td><strong>Age (mean=60)</strong></td>
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<tr>
<td>≤35</td>
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<tr>
<td>36-59</td>
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<td>20%</td>
</tr>
<tr>
<td>≥60</td>
<td>6</td>
<td>60%</td>
</tr>
<tr>
<td>Total</td>
<td>10</td>
<td>100%</td>
</tr>
</tbody>
</table>

¹ Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. (Q4) **What is the highest level of education that you have completed? Please mark one.** (n=9)

Figure 1. Level of Education

- High school graduate or equivalent (GED/High school certificate) (n=1)
- Some college (includes AA degree) (n=6)
- College graduate (n=2)

2. (Q6) **Do you currently receive CalFresh (food stamps) each month?** (n=10)

Figure 2. Respondents Receiving CalFresh

- Yes (n=1)
- No (n=9)

3. (Q7) **If not, have you applied for CalFresh (food stamps) in the past year?** (n=9)

Figure 3. Respondents who have applied for CalFresh in the past year.

- Yes (n=1)
- No (n=8)
4. (Q8) If you have not applied, please explain why: (n=6)
   • Two of respondents indicated that it was due to 1.) a lack of awareness or knowledge regarding the CalFresh program, and another two respondents indicated that the reason why they had not applied was because they were 2.) not eligible/don’t qualify.

5. (Q10) Are there children under the age of 18 living in your household? (n=10)

6. (Q11) If you answered “YES” to question 10, how many children under the age of 18 are living in your household? (n=2)
   • (2) respondents indicated that they had 2 children living in their household.

7. (Q12) What types of services have the child/children in your household used (n=2)
   Respondents were asked to check all services that the children in their household use.
   • 1 of the respondents indicated that their children receive free and reduced meals at school.
   • Both respondents indicated that their children use WIC
   • Both respondents indicated that their children are on Healthy Families.

8. (Q13) What is your relationship with the child/children in your household. (n=2)
   • Both indicated that they were the parent

9. (Q14) Are you a single parent? (n=2)
   • Both respondents indicated that they were single parents.

10. (Q15) Are you a grandparent raising your grandchild?
    • Both respondents indicated that they were not a grandparent raising their grandchild/children.
Transportation

11. (Q18) How do you usually get to the pantry? (n=9)
   • (3) respondents indicated that they walk
   • (6) respondents indicated that they own their own vehicle

12. (Q19) Do you have dependable transportation to the pantry? (n=8)
   • (4) respondents indicated always
   • (2) respondents indicated often
   • (2) respondents indicated never

13. (Q20) How long does it usually take you to get to the pantry? (n=9)
   • (7) respondents indicated that it takes them 0-14 minutes
   • (2) respondent indicated that it takes them 15-29 minutes

Community Services and Pantry Food Suggestions

14. I receive food from the pantry: (n=9)
   • (7) respondents indicated that they receive food once a month
   • (2) respondents indicated “other”

15. (Q26) I have access to . . .

Respondents were asked to check all kitchen items that they have access to.

Figure 5. Kitchen Items Owned

![Figure 5: Kitchen Items Owned](chart.png)
16. (Q27) I would like information on the following to be available at the pantry.
Respondents were asked to check all types of information that they would like to see be available at
the pantry.

Figure 6. Information respondents would like to be available at the pantry

17. (Q41) “The months when money is tight I sometimes have to choose between food and ...

Respondents were asked to check all items that they have to choose between when money is tight.

Figure 7. When Money is Tight Respondents Choose Between...

18. (Q42) In the last 12 months, did you ever skip a meal in order to have more food for your
child/children? (n=2)
• 1 Respondent indicated that they had to skip a meal in order to have more food for their
child, while the other respondent indicated they didn’t.

19. (Q43) In the last 12 months, did your child/children ever skip meals because there
wasn’t enough money for food? (n=2)
• Both respondents indicated that they had not had to skip a meal because there wasn’t
enough money for food.
20. (Q44) “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.” (n=2)
   • Both respondents indicated that it was never true that they couldn’t feed their child a healthy meal, because they couldn’t afford to.

21. (Q45) In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=2)
   • Both respondents indicated that it was never true that their child was not eating enough because they couldn’t afford enough food.

Physical and Mental Health

22. (Q46) Do you or anyone in your household have diabetes? (n=9)
   *None of the respondents indicated that they have diabetes

23. (Q47) In general, how would you say your health is? (n=9)

   Figure 8. Respondents’ Health
24. (Q48) Do you currently have health insurance? (n=8)

Figure 9. Health Insurance

![Health Insurance Chart]

- Yes (n=5)
- No (n=3)

25. (Q49) Do you know where to go if you have health concerns? (n=9)

Figure 10. Where to go for health concerns

![Where to go Chart]

- Yes (n=6)
- No (n=3)

26. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=9)

Figure 11. Feelings of Sadness or Depression during the past 12 months.

![Feelings of Sadness Chart]

- Most of the time (n=1)
- Some of the time (n=2)
- A little of the time (n=2)
- None of the time (n=4)
27. (Q51a) Do you feel that you get enough exercise? (n=9)

Figure 12. Exercise

28. (Q51b) Do you feel that you get enough social connection? (n=7)

Figure 13. Social Connection

29. (Q51c) Do you feel that you get enough support and encouragement? (n=7)

Figure 14. Support and Encouragement
30. (Q52a) Do you feel that your child/children get enough exercise? (n=1)
   • One respondent indicated that their child received exercise all the time

31. (Q52b) Do you feel that your child/children get enough social connection? (n=1)
   • One respondent indicated that their child received social connection all the time

32. (Q52c) Do you feel that your child/children get enough support and encouragement? (n=1)
   • One respondent indicated that their child received support and encouragement all the time

Limitations

This survey provides a snapshot of information from pantry clients during the month of September 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.
Appendix H:

The Food Access and Pantry Services Survey

Site specific results for

Fortuna: St. Joseph’s Pantry Shelf

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
Results

A total of 443 households picked up commodities in September 2011, the month the survey was administered at this site. There were 177 respondents who indicated Fortuna as their primary food pantry site.\(^1\) The survey results represent roughly 40% of Fortuna food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ethnicity/Race</strong></td>
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<td>Hispanic/Latino</td>
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<td>Black or African American</td>
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<td>1%</td>
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<td>Native Hawaiian or Other Pacific Islander</td>
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<td>White</td>
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<td>Decline to state</td>
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<td>1%</td>
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<td>≥60</td>
<td>19</td>
<td>11%</td>
</tr>
<tr>
<td>Total</td>
<td>171</td>
<td>100%</td>
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</table>

* For ethnicity/race respondents were asked to mark all that apply.

\(^1\): Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. (Q4) What is the highest level of education that you have completed? Please mark one. (n=174)

Figure 1. Level of Education

2. (Q6) Do you currently receive CalFresh (food stamps) each month? (n=176)

Figure 2. Respondents Receiving CalFresh

3. (Q7) If not, have you applied for CalFresh (food stamps) in the past year? (n=114)

Figure 3. Respondents who have applied for CalFresh in the past year.
4. (Q8) If you have not applied, please explain why (n=83)

Table 2. Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons why respondents have not applied for CalFresh this past year.</th>
<th>Description of Codes/Reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Supplemental Security Income (SSI)</td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td>2. Miscellaneous Reasons</td>
<td>Respondents indicated a reason that was uncommon and/or not mentioned by many or any others.</td>
</tr>
<tr>
<td>3. Not eligible/Don't qualify</td>
<td>Respondents indicated that they had not applied because they were not eligible or do not qualify for CalFresh</td>
</tr>
<tr>
<td>4. Lack of awareness &amp; understanding</td>
<td>Respondents indicated that they had never heard of the program (CalFresh), were not sure if they qualified, did not know where or how to apply, or were unsure what the program was about.</td>
</tr>
<tr>
<td>5. Choose not to apply</td>
<td>Respondents indicated that they did not want to apply, had too much pride, were not interest, and had no need to apply, they were getting by on their own, or that they were embarrassed.</td>
</tr>
</tbody>
</table>

5. (Q10) Are there children under the age of 18 living in your household? (n=171)

Figure 4. Children in Household

- Yes (n=95)
- No (n=76)
6. **(Q11)** If you answered “YES” to question 10, how many children under the age of 18 are living in your household? (n=91)

Figure 5. Number of Children in Household

7. **(Q12)** What types of services have the child/children in your household used?

Respondents were asked to check all services that the children in their household use.

Figure 6. Services that Children in Household Use
8. (Q13) What is your relationship with the child/children in your household? (n=93)

Respondents were asked to list all their relationships with the children in their household.

Figure 7. Relationship to Children in Household

9. (Q14) Are you a single parent? (n=95)

Figure 8. Single Parents

10. (Q15) Are you a grandparent raising your grandchild? (n=91)

Figure 9. Grandparent Raising Grandchild
**Transportation**

11. (Q18) **How do you usually get to the pantry?** (n=168)

Figure 10. How respondents usually get to the pantry

![Transportation Graph]

12. (Q19) **Do you have dependable transportation to the pantry?** (n=176)

Figure 11. Dependable Transportation

![Dependable Transportation Graph]

13. (Q20) **How long does it usually take you to get to the pantry?** (n=177)

Figure 12. Time Spend Traveling to the Pantry

![Time Spend Traveling Graph]
**Community Services and Pantry Food Suggestions**

14. (Q21) **I receive food from the pantry**: (n=175)

Figure 13. Frequency of Food Pick Up

15. (Q26) **I have access to**...
Respondents were asked to check all kitchen items that they have access to.

Figure 14. Kitchen Items Owned
16. (Q27) **I would like information on the following to be available at the pantry.**

Respondents were asked to check all types of information that they would like to see be available at the pantry.

Figure 15. Information respondents would like to be available at the pantry

17. (Q41) **“The months when money is tight I sometimes have to choose between food and ___”:**

Respondents were asked to check all items that they have had to choose between when money is tight.

Figure 16. When Money is Tight Respondents Choose Between...
18. (Q42) In the last 12 months, did you ever skip a meal in order to have more food for your child/children? (n=90)

Figure 17. Respondent Skipped Meals

19. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn't enough money for food? (n=90)

Figure 18. Child/Children Skipped Meals
20. (Q44) “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.” (n=88)

Figure 19. Lack of Healthy Meal for Child/Children

21. (Q45) ”In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=90)

Figure 20. Respondent Couldn’t Afford Food for Child/Children
Physical and Mental Health

22. (Q46) Do you or anyone in your household have diabetes? (n=163)

Figure 21. Individuals with Diabetes in Household

![Pie chart showing distribution of respondents with diabetes.]

23. (Q47) In general, how would you say your health is? (n=161)

Figure 22. Respondents’ Health

![Pie chart showing distribution of respondents’ health status.]

24. (Q48) Do you currently have health insurance? (n=160)

Figure 23. Health Insurance

![Pie chart showing distribution of respondents with health insurance.]

25. (Q49) Do you know where to go if you have health concerns? (n=161)

Figure 24. Where to go for health concerns

26. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=164)

Figure 25. Feelings of Sadness or Depression during the past 12 months.

27. (Q51a) Do you feel that you get enough exercise? (n=155)

Figure 26. Exercise
28. (Q51b) **Do you feel that you get enough social connection?** (n=136)

Figure 27. Social Connection

![Social Connection Chart](image)

29. (Q51c) **Do you feel that you get enough support and encouragement?** (n=138)

Figure 28. Support and Encouragement

![Support and Encouragement Chart](image)

30. (Q52a) **Do you feel that your child/children get enough exercise?** (n=84)

Figure 29. Child Exercise

![Child Exercise Chart](image)
31. (Q52b) Do you feel that your child/children get enough social connection? (n=77)

Figure 30. Child Social Connection

32. (Q52c) Do you feel that your child/children get enough support and encouragement? (n=79)

Figure 31. Child Support and Encouragement

Limitations

This survey provides a snapshot of information from pantry clients during the month of September 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.
Appendix I:

The Food Access and Pantry Services Survey

Site specific results for

Garberville Presbyterian Church Pantry

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
Results

A total of 121 households picked up commodities in September 2011, the month the survey was administered at this site. There were 70 respondents who indicated the Garberville Presbyterian Church as their primary food pantry site.¹ The survey results represent roughly 58% of Garberville food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
</thead>
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<td><strong>Ethnicity/Race</strong></td>
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<tr>
<td>Hispanic/Latino</td>
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<td>1%</td>
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<tr>
<td>American Indian or Alaskan</td>
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<tr>
<td>Decline to state</td>
<td>4</td>
<td>6%</td>
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<td>36-59</td>
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<tr>
<td>≥60</td>
<td>8</td>
<td>12%</td>
</tr>
<tr>
<td>Total</td>
<td>66</td>
<td>100%</td>
</tr>
</tbody>
</table>

* For ethnicity/race respondents were asked to mark all that apply.

¹ Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. (Q4) **What is the highest level of education that you have completed? Please mark one.** (n=67)

   **Figure 1. Level of Education**

   - Not a high school graduate (n=19)
   - High school graduate or equivalent (GED/High school certificate) (n=22)
   - Some college (includes AA degree) (n=15)
   - College graduate (n=7)
   - Graduate school/post graduate training (n=1)
   - Other (n=3)

2. (Q6) **Do you currently receive CalFresh (food stamps) each month?** (n=68)

   **Figure 2. Respondents Receiving CalFresh**

   - Yes (n=18)
   - No (n=50)

3. (Q7) **If not, have you applied for CalFresh (food stamps) in the past year?** (n=50)

   **Figure 3. Respondents who have applied for CalFresh in the past year.**

   - Yes (n=9)
   - No (n=41)
4. **(Q8)** If you have **not** applied, please explain why: (n=33)

Table 2. Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons why respondents have not applied for CalFresh this past year</th>
<th>Description of Codes/Reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. <strong>Supplemental Security Income (SSI)</strong></td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td>2. <strong>Miscellaneous Reasons</strong></td>
<td>Respondents indicated a reason that was uncommon and/or not mentioned by many or any others.</td>
</tr>
<tr>
<td>3. <strong>Lack of awareness &amp; understanding</strong></td>
<td>Respondents indicated that they had never heard of the program (CalFresh), were not sure if they qualified, did not know where or how to apply, or were unsure what the program was about.</td>
</tr>
</tbody>
</table>

5. **(Q10)** Are there children under the age of 18 living in your household? (n=68)

Figure 4. Children in Household
6. (Q11) If you answered “YES” to question 10, how many children under the age of 18 are living in your household? (n=13)

Figure 5. Number of Children in Household

7. (Q12) What types of services have the child/children in your household used?

Respondents were asked to check all services that the children in their household use.

Figure 6. Services that Children in Household Use
8. (Q13) **What is your relationship with the child/children in your household? (n=14)**

Respondents were asked to list all their relationships with the children in their household.

![Figure 7. Relationship to Children in Household](image)

9. (Q14) **Are you a single parent? (n=14)**

![Figure 8. Single Parents](image)

10. (Q15) **Are you a grandparent raising your grandchild? (n=14)**

![Figure 9. Grandparent Raising Grandchild](image)
**Transportation**

11. (Q18) **How do you usually get to the pantry?** (n=67)

![Figure 10. How respondents usually get to the pantry](image)

12. (Q19) **Do you have dependable transportation to the pantry?** (n=68)

![Figure 11. Dependable Transportation](image)
13. (Q20) **How long does it usually take you to get to the pantry?** (n=68)

Figure 12. Time Spend Traveling to the Pantry

- 0-14 min. (n=24)
- 15-29 min. (n=13)
- 30-45 min. (n=14)
- 46-60 min. (n=7)
- 61+ min. (n=6)
- Don’t know (n=4)

**Community Services and Pantry Food Suggestions**

14. (Q21) **I receive food from the pantry:** (n=67)

Figure 13. Frequency of Food Pick Up

- 13% Once a week
- 49% Once a month
- 10% 6+ times a year
- 12% 3-5 times a year
- 0% Once a year
- 15% Other
15. (Q26) **I have access to . . .**

Respondents were asked to check all kitchen items that they have access to.

Figure 14. Kitchen Items Owned

![Bar chart showing kitchen items accessed]

16. (Q27) **I would like information on the following to be available at the pantry.**

Respondents were asked to check all types of information that they would like to see be available at the pantry.

Figure 15. Information respondents would like to be available at the pantry

![Bar chart showing types of information]

Number of Respondents
17. (Q41) **The months when money is tight I sometime have to choose between food and___:**

Respondents were asked to check all items that they have had to choose between when money is tight.

Figure 16. When Money is Tight Respondents Choose Between...

![Bar chart showing the number of respondents choosing between different necessities when money is tight.](chart)

18. (Q42) **In the last 12 months, did you ever skip a meal in order to have more food for your child/children?** (n=14)

Figure 17. Respondent Skipped Meals

![Pie chart showing the number of respondents who did and did not skip meals.](chart)
19. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn’t enough money for food? (n=14)

Figure 18. Child/Children Skipped Meals

20. (Q44) “In the last 12 months, I couldn’t feed my child/children a health meal, because I couldn’t afford to.” (n=14)

Figure 19. Lack of Healthy Meal for Child/Children
21. (Q45) “In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=13)

Figure 20. Respondent Couldn’t Afford Food for Child/Children

Physical and Mental Health

22. (Q46) Do you or anyone in your household have diabetes? (n=65)

Figure 21. Individuals with Diabetes in Household
23. (Q47)  **In general, how would you say your health is?** (n=65)

Figure 22. Respondents’ Health

- Excellent (n=6)
- Very Good (n=9)
- Good (n=26)
- Fair (n=16)
- Poor (n=6)
- Not Sure/Don't Know (n=2)

24. (Q48)  **Do you currently have health insurance?** (n=64)

Figure 23. Health Insurance

- Yes (n=26)
- No (n=37)
- Don't know (n=1)

25. (Q49)  **Do you know where to go if you have health concerns?** (n=65)

Figure 24. Where to go for health concerns

- Yes (n=50)
- No (n=12)
- Don’t know (n=3)
26. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=60)

Figure 25. Feelings of Sadness or Depression during the past 12 months

27. (Q51a) Do you feel that you get enough exercise? (n=64)

Figure 26. Exercise

28. (Q51b) Do you feel that you get enough social connection? (n=51)

Figure 27. Social Connection
29. (Q51c) Do you feel that you get enough support and encouragement? (n=52)

Figure 28. Support and Encouragement

30. (Q52a) Do you feel that your child/children get enough exercise? (n=12)

Figure 29. Child Exercise

31. (Q52b) Do you feel that your child/children get enough social connection? (n=11)

Figure 30. Child Social Connection
32. (Q52c) Do you feel that your child/children get enough support and encouragement? (n=12)

Figure 31. Child Support and Encouragement

**Limitations**

This survey provides a snapshot of information from pantry clients during the month of September 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.
Appendix J:

The Food Access and Pantry Services Survey

Site specific results for

Loleta Community Church Pantry

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
Results

A total of 33 households picked up commodities in August 2011, the month the survey was administered at this site. There were 19 respondents who indicated Loleta Community Church as their primary food pantry site. The survey results represent roughly 58% of Loleta food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ethnicity/Race</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>1</td>
<td>5%</td>
</tr>
<tr>
<td>American Indian or Alaskan Native</td>
<td>3</td>
<td>16%</td>
</tr>
<tr>
<td>Asian</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Black or African American</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Native Hawaiian or Other Pacific Islander</td>
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<td>0%</td>
</tr>
<tr>
<td>White</td>
<td>13</td>
<td>68%</td>
</tr>
<tr>
<td>Decline to state</td>
<td>2</td>
<td>11%</td>
</tr>
<tr>
<td>Other</td>
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<td>5%</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
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<tr>
<td>Female</td>
<td>12</td>
<td>63%</td>
</tr>
<tr>
<td>Male</td>
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<tr>
<td>≤35</td>
<td>6</td>
<td>32%</td>
</tr>
<tr>
<td>36-59</td>
<td>8</td>
<td>42%</td>
</tr>
<tr>
<td>≥60</td>
<td>5</td>
<td>26%</td>
</tr>
<tr>
<td>Total</td>
<td>19</td>
<td>100%</td>
</tr>
</tbody>
</table>

*For Ethnicity/race respondents were asked to mark all that apply

Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. (Q4) What is the highest level of education that you have completed? Please mark one. (n=16)

Figure 1. Level of Education

- Not a high school graduate (n=6)
- High school graduate or equivalent (GED/High school certificate) (n=7)
- Some college (includes AA degree) (n=2)
- Other (n=1)

2. (Q6) Do you currently receive CalFresh (food stamps) each month? (n=18)

Figure 2. Respondents Receiving CalFresh

- Yes (n=2)
- No (n=16)

3. (Q7) If not, have you applied for CalFresh (food stamps) in the past year? (n=16)

Figure 3. Respondents who have applied for CalFresh in the past year.

- Yes (n=3)
- No (n=13)
4. **(Q8)** If you have not applied, please explain why: (n=13)

Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons why respondents have not applied for CalFresh this past year.</th>
<th>Description of Codes/Reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Supplemental Security Income (SSI)</td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td>2. Lack of awareness &amp; understanding</td>
<td>Respondents indicated that they had never heard of the program (CalFresh), were not sure if they qualified, did not know where or how to apply, or were unsure what the program was about.</td>
</tr>
</tbody>
</table>

5. **(Q10)** Are there children under the age of 18 living in your household? (n=17)

Figure 4. Children in Household

![Pie chart showing 6 children under 18 living in the household, 6 respondents indicated they have 1 child, 2 respondents indicated they have 2 children, 1 respondent indicated they have 3 children, 1 respondent indicated they have 5+ children.]

6. **(Q11)** If you answered "YES" to question 10, how many children under the age of 18 are living in your household? (n=6)
   - (2) respondents indicated that they had 1 child.
   - (2) respondents indicated that they had 2 children.
   - respondent indicated that they had 3 children
   - respondent indicated that they have 5+ children
7. (Q12) **What types of services have the child/children in your household used?**

Respondents were asked to check all services that their child/children use in their household.

- (4) of the respondents indicated that their children receive free and reduced meals at school.
- (6) respondents indicated that their children use WIC
- (2) respondents indicated WIC
- respondent indicated “other”

8. (Q13) **What is your relationship with the child/children in your household?**

Respondents were asked to check all relationships that they have with the child/children in their household.

- (4) respondents indicated that they were the parent
- respondent indicated that they were the Grandparent
- respondent indicated “other”

9. (Q14) **Are you a single parent?**  (n=6)

- (3) Yes
- (3) No

10. (Q15) **Are you a grandparent raising your grandchild?**  (n=6)

- Yes
- (4) No
- Not applicable
**Transportation**

11. *(Q18)* **How do you usually get to the pantry?** *(n=19)*

Figure 5. How respondents usually get to the pantry

![Bar chart showing transportation methods]

12. *(Q19)* **Do you have dependable transportation to the pantry?** *(n=19)*

Figure 6. Dependable Transportation

![Pie chart showing transportation reliability]
13. (Q20) How long does it usually take you to get to the pantry? (n=19)

Figure 7. Time Spend Traveling to the Pantry

![Pie chart showing travel times to the pantry](image)

- 0-14 min. (n=11)
- 15-29 min. (n=3)
- 30-45 min. (n=3)
- 46-60 min. (n=1)
- Don’t know (n=1)

Community Services and Pantry Food Suggestions

14. (Q21) I receive food from the pantry: (n=18)

Figure 8. Frequency of Food Pick Up

![Bar chart showing frequency of food pick up](image)

<table>
<thead>
<tr>
<th>Frequency of Food Pick Up</th>
<th>Number of Respondents</th>
</tr>
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<tbody>
<tr>
<td>Once a week</td>
<td>8</td>
</tr>
<tr>
<td>Once a month</td>
<td>7</td>
</tr>
<tr>
<td>6+ times a year</td>
<td>0</td>
</tr>
<tr>
<td>3-5 times a year</td>
<td>0</td>
</tr>
<tr>
<td>Once a year</td>
<td>0</td>
</tr>
<tr>
<td>Other</td>
<td>4</td>
</tr>
</tbody>
</table>

Frequency of Food Pick Up

Number of Respondents
15. (Q26) I have access to . . .
Respondents were asked to check all kitchen items that they have access to.

Figure 9. Kitchen Items Owned

16. (Q27) I would like information on the following to be available at the pantry.
Respondents were asked to check all types of information that they would like to see be available at the pantry.

Figure 10. Information respondents would like to be available at the pantry
17. (Q41) **The months when money is tight I sometimes have to choose between food and . . .**

Respondents were asked to check all items that they have to choose between when money is tight.

Figure 11. When Money is Tight Respondents Choose Between...

18. (Q42) **In the last 12 months, did you ever skip a meal in order to have more food for your child/children?** (n=6)
   - (4) Yes
   - (2) No

19. (Q43) **In the last 12 months, did your child/children ever skip meals because there wasn't enough money for food?** (n=6)
   - (2) Yes
   - (4) No

20. (Q44) **“In the last 12 months, I couldn't feed my child/children a healthy meal, because I couldn't afford to.”** (n=5)
   - (2) Often true
   - Sometimes true
   - Never true
21. (Q45) In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=6)
   - Often true
   - Sometimes true
   - (4) Never true

Physical and Mental Health

22. (Q46) Do you or anyone in your household have diabetes? (n=18)

Figure 12. Individuals with Diabetes in Household

23. (Q47) In general, how would you say your health is? (n=18)

Figure 13. Respondents’ Health
24. (Q48) Do you currently have health insurance?  (n=19)

Figure 14. Health Insurance

25. (Q49) Do you know where to go if you have health concerns?  (n=19)

Figure 15. Where to go for health concerns

26. (Q50) During the past 12 months, how often did you feel sad or depressed?  (n=19)

Figure 16. Feelings of Sadness or Depression during the past 12 months.
27. (Q51a) Do you feel that you get enough exercise? (n=16)

Figure 17. Exercise

28. (Q51b) Do you feel that you get enough social connection? (n=19)

Figure 18. Social Connection

29. (Q51c) Do you feel that you get enough support and encouragement? (n=18)

Figure 19. Support and Encouragement
30. (Q52a) Do you feel that your child/children get enough exercise? (n=6)
   • (3) All the time
   • (3) Most of the time

31. (Q52b) Do you feel that your child/children get enough social connection? (n=6)
   • (3) All the time
   • (3) Most of the time

32. (Q52c) Do you feel that your child/children get enough support and encouragement? (n=6)
   • (4) All of the time
   • (2) Most of the time

Limitations

This survey provides a snapshot of information from pantry clients during the month of August 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry
Appendix K:

The Food Access and Pantry Services Survey

Site specific results for

McKinleyville Family Resource Center Pantry

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
**Results**

A total of 215 households picked up commodities in September 2011, the month the survey was administered at this site. There were 92 respondents who indicated the McKinleyville Food Pantry as their primary pantry site. The survey results represent roughly 43% of McKinleyville food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

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<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ethnicity/Race</strong></td>
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<tr>
<td>Hispanic/Latino</td>
<td>5</td>
<td>6%</td>
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<tr>
<td>American Indian or Alaskan Native</td>
<td>9</td>
<td>10%</td>
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<tr>
<td>Asian</td>
<td>1</td>
<td>11%</td>
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<td>Black or African American</td>
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<td>Native Hawaiian or Other Pacific Islander</td>
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<td>2%</td>
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<tr>
<td>White</td>
<td>70</td>
<td>79%</td>
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<td>Decline to state</td>
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<td>Other</td>
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<td>36-59</td>
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<td>58%</td>
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<td>≥60</td>
<td>14</td>
<td>16%</td>
</tr>
<tr>
<td>Total</td>
<td>89</td>
<td>100%</td>
</tr>
</tbody>
</table>

*For ethnicity/race respondents were asked to mark all that apply.*

---

3 Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. **(Q4)** What is the highest level of education that you have completed? Please mark one.
   \(n=90\)

   **Figure 1. Level of Education**

2. **(Q6)** Do you currently receive CalFresh (food stamps) each month? \(n=92\)

   **Figure 2. Respondents Receiving CalFresh**

3. **(Q7)** If not, have you applied for CalFresh (food stamps) in the past year? \(n=63\)

   **Figure 3. Respondents who have applied for CalFresh in the past year.**
4. (Q8) If you have **not** applied, please explain why: (n=50)

Table 2. Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons why respondents have not applied for CalFresh this past year.</th>
<th>Description of Codes/Reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Supplemental Security Income (SSI)</strong></td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td><strong>2. Not eligible/Don't qualify</strong></td>
<td>Respondents indicated that they had not applied because they were not eligible or do not qualify for CalFresh</td>
</tr>
<tr>
<td><strong>3. Lack of awareness &amp; understanding</strong></td>
<td>Respondents indicated that they had never heard of the program (CalFresh), were not sure if they qualified, did not know where or how to apply, or were unsure what the program was about.</td>
</tr>
<tr>
<td><strong>4. Miscellaneous Reasons</strong></td>
<td>Respondents indicated a reason that was uncommon and/or not mentioned by many or any others.</td>
</tr>
<tr>
<td><strong>5. Income too high</strong></td>
<td>Respondents indicated that their income was too high, that it was just above the allowed amount, or that they barely made too much.</td>
</tr>
</tbody>
</table>

5. (Q10) **Are there children under the age of 18 living in your household?** (n=89)

Figure 4. Children in Household

![Pie chart showing children in household](image)
6. (Q11) If you answered “YES” to question 10, how many children under the age of 18 are living in your household? (n=35)

Figure 5. Number of Children in Household

7. (Q12) What types of services have the child/children in your household used?

Respondents were asked to check all services that the children in their household use.

Figure 6. Services that Children in Household Use
8. *(Q13)* **What is your relationship with the child/children in your household?** *(n=35)*

Respondents were asked to list all their relationships with the children in their household.

![Figure 7. Relationship to Children in Household](image)

9. *(Q14)* **Are you a single parent?** *(n=35)*

![Figure 8. Single Parents](image)

10. *(Q15)* **Are you a grandparent raising your grandchild?** *(n=35)*

![Figure 9. Grandparent Raising Grandchild](image)
Transportation

11. (Q18) **How do you usually get to the pantry?** *(n=87)*

Figure 10. How respondents usually get to the pantry

12. (Q19) **Do you have dependable transportation to the pantry?** *(n=91)*

Figure 11. Dependable Transportation

13. (Q20) **How long does it usually take you to get to the pantry?** *(n=91)*

Figure 12. Time Spend Traveling to the Pantry
Community Services and Pantry Food Suggestions

14. (Q21) **I receive food from the pantry:** (n=89)

Figure 13. Frequency of Food Pick Up

15. (Q26) **I have access to . . .**

Respondents were asked to check all kitchen items that they have access to.

Figure 14. Kitchen Items Owned
15. (Q27) **I would like information on the following to be available at the pantry.** (n=72)

Respondents were asked to check all types of information that they would like to see be available at the pantry.

Figure 15. Information respondents would like to be available at the pantry

![Bar chart showing types of information respondents would like to see available at the pantry]

16. (Q41) **The months when money is tight I sometimes have to choose between food and**:  

Respondents were asked to check all items that they have had to choose between when money is tight.

Figure 16. When Money is Tight Respondents Choose Between...

![Bar chart showing items respondents had to choose between when money is tight]

![Bar chart showing items respondents had to choose between when money is tight]
17. (Q42) In the last 12 months, did you ever skip a meal in order to have more food for your child/children? (n=34)

Figure 17. Respondent Skipped Meals

18. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn’t enough money for food? (n=31)

Figure 18. Child/Children Skipped Meals

19. (Q44) “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.” (n=32)

Figure 19. Lack of Healthy Meal for Child/Children
20. (Q45) "In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food." (n=30)

Figure 20. Respondent Couldn’t Afford Food for Child/Children

Physical and Mental Health

21. (Q46) Do you or anyone in your household have diabetes? (n=84)

Figure 21. Individuals with Diabetes in Household
22. (Q47) **In general, how would you say your health is?** (n=84)

Figure 22. Respondents’ Health

- Excellent (n=8)
- Very Good (n=7)
- Good (n=30)
- Fair (n=19)
- Poor (n=16)
- Not Sure/Don’t Know (n=4)

23. (Q48) **Do you currently have health insurance?** (n=86)

Figure 23. Health Insurance

- Yes (n=51)
- No (n=32)
- Don’t know (n=3)
25. (Q49) Do you know where to go if you have health concerns? (n=87)

Figure 24. Where to go for health concerns

26. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=86)

Figure 25. Feelings of Sadness or Depression during the past 12 months.

27. (Q51a) Do you feel that you get enough exercise? (n=84)

Figure 26. Exercise
27. (Q51b) Do you feel that you get enough social connection? (n=67)

Figure 27. Social Connection

28. (Q51c) Do you feel that you get enough support and encouragement? (n=70)

Figure 28. Support and Encouragement

29. (Q52a) Do you feel that your child/children get enough exercise? (n=34)

Figure 29. Child Exercise
30. (Q52b) Do you feel that your child/children get enough social connection? (n=26)

Figure 30. Child Social Connection

31. (Q52c) Do you feel that your child/children get enough support and encouragement? (n=27)

Figure 31. Child Support and Encouragement

Limitations

This survey provides a snapshot of information from pantry clients during the month of September 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.
Appendix L:

The Food Access and Pantry Services Survey

*Site specific results for*

Orick Community Center Pantry

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Danielle Stubblefield, MS  
Community Food Systems Analyst

Alissa Leigh  
Research Associate

California Center for Rural Policy at Humboldt State University
**Results**

A total of 31 households picked up commodities in September 2011, the month the survey was administered at this site. There were 17 respondents who indicated the Orick Community Resource Center as their primary food pantry site.\(^1\) The survey results represent roughly 55% of Orick food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
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</table>

*For ethnicity/race respondents were asked to mark all that apply.

\(^1\) Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. **Q4** What is the highest level of education that you have completed? *Please mark one.* (n=17)

![Figure 1. Level of Education](image)

- Not a high school graduate (n=4)
- High school graduate or equivalent (GED/High school certificate) (n=8)
- Some college (includes AA degree) (n=3)
- Graduate school/post graduate training (n=1)
- Other (n=1)

2. **Q6** Do you currently receive CalFresh (food stamps) each month? (n=16)

![Figure 2. Respondents Receiving CalFresh](image)

- Yes (n=5)
- No (n=11)

3. **Q7** If not, have you applied for CalFresh (food stamps) in the past year? (n=10)

![Figure 3. Respondents who have applied for CalFresh in the past year.](image)

- Yes (n=1)
- No (n=9)
4. **(Q8)** If you have not applied, please explain why: (n=8)
   - The reason why most (5 out of 8) respondents have not applied for CalFresh this past year was because they were receiving Supplemental Security Income (SSI).

5. **(Q10)** Are there children under the age of 18 living in your household? (n=16)

   Figure 4. Children in Household

![Pie chart showing 5 respondents with children and 11 without](image)

6. **(Q11)** If you answered “YES” to question 10, how many children under the age of 18 are living in your household? (n=5)
   - (3) respondents indicated that they had 1 child.
   - (1) respondent indicated that they had 2 children.
   - (1) respondent indicated that they had 5+ children.

7. **(Q12)** What types of services have the child/children in your household used?

   Respondents were asked to check all services that the children in their household use.
   - (2) of the respondents indicated that their children receive free and reduced meals at school.
   - (4) respondents indicated that their children use WIC
   - (1) respondent indicated an “other” service that they child uses.

8. **(Q13)** What is your relationship with the child/children in your household?

   Respondents were asked to list all their relationships with the children in their household.
   - (5) respondents indicated that they were the parent to the child/children in the home.
9. (Q14) Are you a single parent?
   - (2) Yes
   - (3) No

10. (Q15) Are you a grandparent raising your grandchild?
    - (4) No
    - (1) Not applicable

Transportation
11. (Q18) How do you usually get to the pantry? (n=17)

Figure 5. Respondents Method of Travel

12. (Q19) Do you have dependable transportation to the pantry? (n=17)

Figure 6. Dependable Transportation
13. (Q20) **How long does it usually take you to get to the pantry?** (n=17)

Figure 7. Time Spend Traveling to the Pantry

![Pie chart showing time spent traveling to the pantry](chart1.png)

- 0-14 min. (n=15)
- 15-29 min. (n=1)
- 30-45 min. (n=1)

**Community Services and Pantry Food Suggestions**

14. (Q21) **I receive food from the pantry:** (n=17)

Figure 8. Frequency of Food Pick Up

![Bar chart showing frequency of food pick up](chart2.png)
15. **(Q26)** I have access to . . .

Respondents were asked to check all kitchen items that they have access to.

Figure 9. Kitchen Items Owned

16. **(Q27)** I would like information on the following to be available at the pantry.

Respondents were asked to check all types of information that they would like to see be available at the pantry.

Figure 10. Information respondents would like to be available at the pantry
Household Food Security

17. (Q41) The months when money is tight I sometimes have to choose between food and ___:

Respondents were asked to check all items that they have had to choose between when money is tight.

Figure 11. When Money is Tight Respondents Choose Between...

18. (Q42) In the last 12 months, did you ever skip a meal in order to have more food for your child/children? (n=5)
   - (3) Yes
   - (2) No

19. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn’t enough money for food? (n=4)
   - (1) Yes
   - (4) No

20. (Q44) “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.” (n=5)
   - (2) Often true
   - (3) Never true

21. (Q45) In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=5)
   - (2) Often true
   - (3) Never true
Physical and Mental Health

22. (Q46) Do you or anyone in your household have diabetes? (n=15)

Figure 12. Individuals with Diabetes in Household

23. (Q47) In general, how would you say your health is? (n=15)

Figure 13. Respondents’ Health

24. (Q48) Do you currently have health insurance? (n=16)

Figure 14. Health Insurance
25. (Q49) Do you know where to go if you have health concerns? (n=16)

Figure 15. Where to go for health concerns

![Pie chart showing responses to Q49]

26. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=15)

Figure 16. Feelings of Sadness or Depression during the past 12 months.

![Pie chart showing responses to Q50]

27. (Q51a) Do you feel that you get enough exercise? (n=15)

Figure 17. Exercise

![Pie chart showing responses to Q51a]
28. (Q51b) Do you feel that you get enough social connection?  
(n=11)

Figure 18. Social Connection

29. (Q51c) Do you feel that you get enough support and encouragement?  
(n=13)

Figure 19. Support and Encouragement

30. (Q52a) Do you feel that your child/children get enough exercise?  
(n=5)
- (3) All the time
- (2) Most of the time

31. (Q52b) Do you feel that your child/children get enough social connection?  
(n=4)
- (3) All of the time
- (1) Most of the time
32. (Q52c) Do you feel that your child/children get enough support and encouragement? (n=5)
   • (4) All of the time
   • (1) Most of the time

Limitations

This survey provides a snapshot of information from pantry clients during the month of September 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.
Appendix M:

The Food Access and Pantry Services Survey

Site specific results for

Scotia Pantry

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
Results

A total of 79 households picked up commodities in August 2011, the month the survey was administered at this site. There were 40 respondents who indicated the Scotia/Rio Dell pantry as their primary food pantry site.\(^1\) The survey results represent roughly 51% of Scotia/Rio Dell food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

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<th>Percent</th>
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</table>

* For Ethnicity/Race respondents were asked to mark all that apply.

\(^1\) Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. (Q4) **What is the highest level of education that you have completed? Please mark one** (n=36).

**Figure 1. Level of Education**

- Not a high school graduate (n=7)
- High school graduate or equivalent (GED/High school certificate) (n=12)
- Some college (includes AA degree) (n=9)
- College graduate (n=4)
- Graduate school/post graduate training (n=3)
- Other (n=1)

2. (Q6) **Do you currently receive CalFresh (food stamps) each month?** (n=40)

**Figure 2. Respondents Receiving CalFresh**

- Yes (n=9)
- No (n=31)

3. (Q7) **If not, have you applied for CalFresh (food stamps) in the past year?** (n=30)

**Figure 3. Respondents who have applied for CalFresh in the past year.**

- Yes (n=5)
- No (n=25)
4. (Q8) If you have not applied, please explain why:

Table 2. Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons why respondents have not applied for CalFresh this past year.</th>
<th>Description of Codes/Reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Supplemental Security Income (SSI)</td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td>2. Not eligible/Don't qualify</td>
<td>Respondents indicated that they had not applied because they were not eligible or do not qualify for CalFresh</td>
</tr>
<tr>
<td>3. Lack of awareness &amp; understanding</td>
<td>Respondents indicated that they had never heard of the program (CalFresh), were not sure if they qualified, did not know where or how to apply, or were unsure what the program was about.</td>
</tr>
<tr>
<td>4. Going to apply</td>
<td>Respondents indicated that they intended to apply soon.</td>
</tr>
</tbody>
</table>

5. (Q10) Are there children under the age of 18 living in your household? (n=39)

Figure 4. Children in Household

6. (Q11) If you answered “YES” to question 10, how many children under the age of 18 are living in your household? (n=9)

- (6) respondents indicated that they had 1 child.
- (2) respondents indicated that they had 3 children.
- (1) respondent indicated that they had 4 children
7. (Q12) **What types of services have the child/children in your household used?**
Respondents were asked to check all services that the children in their household use.
- (6) of the respondents indicated that their children receive free and reduced meals at school.
- (6) respondents indicated that their children use WIC
- (2) respondents indicated Healthy Families
- (1) respondent indicated Family Resource Centers or play groups

8. (Q13) **What is your relationship with the child/children in your household?**
Respondents were asked to list all their relationships with the children in their household.
- (5) respondents indicated that they were the parent
- (1) respondent indicated that they were an Aunt/Uncle
- (5) respondents indicated that they were the Grandparent

9. (Q14) **Are you a single parent?** (n=9)
- (2) Yes
- (6) No
- (1) Not applicable

10. (Q15) **Are you a grandparent raising your grandchild?** (n=10)
- (3) Yes
- (7) No

**Transportation**

11. (Q18) **How do you usually get to the pantry?** (n=37)

Figure 5. Respondents Method of Travel
12. (Q20) How long does it usually take you to get to the pantry? (n=37)

Figure 6. Time Spend Traveling to the Pantry

[Diagram showing the percentage of time spent traveling to the pantry.
- 0-14 min. (n=32)
- 15-29 min. (n=3)
- 30-45 min. (n=1)
- Don’t know (n=1)]

Community Services and Pantry Food Suggestions

13. (Q21) I receive food from the pantry: (n=36)

Figure 7. Frequency of Food Pick Up

[Bar chart showing the frequency of food pick up.
- Once a week: 3%
- Once a month: 92%
- 6+ times a year: 3%
- 3-5 times a year: 3%
- Once a year: 0%
- Other: 0%]
14. (Q26) I have access to . . .

Respondents were asked to check all kitchen items that they have access to.

Figure 8. Kitchen Items Owned

15. (Q27) I would like information on the following to be available at the pantry.

Respondents were asked to check all types of information that they would like to see be available at the pantry.

Figure 9. Information respondents would like to be available at the pantry
16. (Q41) The months when money is tight I sometimes have to choose between food and ____:
Respondents were asked to check all items that they have had to choose between when money is tight.

Figure 10. When Money is Tight Respondents Choose Between...

17. (Q42) In the last 12 months, did you ever skip a meal in order to have more food for your child/children? (n=10)
- (4) Yes
- (5) No
- (1) Not applicable

18. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn’t enough money for food? (n=5)
- (1) Yes
- (4) No

19. (Q44) “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.” (n=10)
- (6) Sometimes true
- (4) Never true

20. (Q45) In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=10)
- (2) Sometimes true
- (8) Never true
Physical and Mental Health

21. (Q46) **Do you or anyone in your household have diabetes? (n=38)**

Figure 11. Individuals with Diabetes in Household

22. (Q47) **In general, how would you say your health is? (n=38)**

Figure 12. Respondents’ Health
23. (Q48) **Do you currently have health insurance?** (n=38)

Figure 13. Health Insurance

- Yes (n=26)
- No (n=11)
- Don’t know (n=1)

24. (Q49) **Do you know where to go if you have health concerns?** (n=36)

Figure 14. Where to go for health concerns

- Yes (n=32)
- No (n=3)
- Don’t know (n=1)

25. (Q50) **During the past 12 months, how often did you feel sad or depressed?** (n=36)

Figure 15. Feelings of Sadness or Depression during the past 12 months.

- All of the time (n=5)
- Most of the time (n=7)
- Some of the time (n=15)
- A little of the time (n=6)
- None of the time (n=8)
26. (Q51a) Do you feel that you get enough exercise? (n=35)

Figure 16. Exercise

27. (Q51b) Do you feel that you get enough social connection? (n=28)

Figure 17. Social Connection

28. (Q51c) Do you feel that you get enough support and encouragement? (n=30)

Figure 18. Support and Encouragement
29. (Q52a) Do you feel that your child/children get enough exercise? (n=9)
   - (1) All the time
   - (5) Most of the time
   - (1) Some of the time
   - (2) A little of the time

30. (Q52b) Do you feel that your child/children get enough social connection? (n=6)
   - (3) Most of the time
   - (2) Some of the time
   - (1) A little of the time

31. (Q52c) Do you feel that your child/children get enough support and encouragement? (n=7)
   - (3) All of the time
   - (3) Most of the time
   - (1) Some of the time

Limitations

This survey provides a snapshot of information from pantry clients during the month of August 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site
Appendix N:

The Food Access and Pantry Services Survey

Site specific results for

Trinidad Lion’s Club Pantry

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
Results

A total of 34 households picked up commodities in August 2011, the month the survey was administered at this site. There were 18 respondents who indicated the Trinidad Lion’s Club as their primary food pantry site. The survey results represent roughly 53% of Trinidad food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

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<tr>
<td>Total</td>
<td>18</td>
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</table>

*For ethnicity/race respondents were asked to mark all that apply.*

1 Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. (Q4) What is the highest level of education that you have completed? Please mark one. (n=15)

Figure 1. Level of Education

- Not a high school graduate (n=5)
- High school graduate or equivalent (GED/High school certificate) (n=3)
- Some college (includes AA degree) (n=6)
- College graduate (n=1)

2. (Q6) Do you currently receive CalFresh (food stamps) each month? (n=18)

Figure 2. Respondents Receiving CalFresh

- Yes (n=4)
- No (n=14)

3. (Q7) If not, have you applied for CalFresh (food stamps) in the past year? (n=14)

Figure 3. Respondents who have applied for CalFresh in the past year.

- Yes (n=2)
- No (n=12)
4. (Q8) **If you have not applied, please explain why:** (n=10)

Table 2. Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons why respondents have not applied for CalFresh this past year.</th>
<th>Description of Codes/Reasons</th>
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<tbody>
<tr>
<td>1. <strong>Supplemental Security Income (SSI)</strong></td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td>2. <strong>Miscellaneous Reasons</strong></td>
<td>Respondents indicated a reason that was uncommon and/or not mentioned by many or any others.</td>
</tr>
<tr>
<td>3. <strong>Lack of awareness &amp; understanding</strong></td>
<td>Respondents indicated that they had never heard of the program (CalFresh), were not sure if they qualified, did not know where or how to apply, or were unsure what the program was about.</td>
</tr>
</tbody>
</table>

5. (Q10) **Are there children under the age of 18 living in your household?** (n=17)

Figure 4. Children in Household

- 4 respondents indicated that they had 1 child.
- 1 respondent indicated that they had 2 children.

There were 5 respondents who indicated that they had children under the age of 18 living in their household.

- **Yes** (n=5)
- **No** (n=12)
7. **(Q12)** What types of services have the child/children in your household used?  
Respondents were asked to check all services that the children in their household use.  
- 5 respondents indicated that their children receive free and reduced meals at school.  
- 2 respondents indicated WIC  
- 3 respondents indicated Healthy Families  
- 2 respondents indicated subsidized childcare  
  ▪ 2 respondents indicated Family Resource Center or play groups

8. **(Q13)** What is your relationship with the child/children in your household? (n=5)  
Respondents were asked to list all their relationships with the children in their household.  
- 3 respondents indicated that they were the parent  
- 2 respondent indicated that they were the Grandparent

9. **(Q14)** Are you a single parent? (n=5)  
- 3 respondents - Yes  
- 2 respondents – No

10. **(Q15)** Are you a grandparent raising your grandchild? (n=5)  
- 2 respondents - Yes  
- 3 respondents – No

**Transportation**

11. **(Q18)** How do you usually get to the pantry? (n=18)

Figure 4. How respondents usually get to the pantry
12. (Q19) Do you have dependable transportation to the pantry? (n=17)

Figure 5. Dependable Transportation

13. (Q20) How long does it usually take you to get to the pantry? (n=18)

Figure 6. Time Spend Traveling to the Pantry
Community Services and Pantry Food Suggestions

14. (Q21) I receive food from the pantry: \(n=18\)

Figure 7. Frequency of Food Pick Up

15. (Q26) I have access to . . .

Respondents were asked to check all kitchen items that they have access to.

Figure 8. Kitchen Items Owned
16. (Q27) I would like information on the following to be available at the pantry.

Respondents were asked to check all types of information that they would like to see be available at the pantry.

Figure 9. Information respondents would like to be available at the pantry

17. (Q41) The months when money is tight I sometimes have to choose between food and ____:

Respondents were asked to check all items that they have had to choose between when money is tight.

Figure 10. When Money is Tight Respondents Choose Between...
18. (Q42) In the last 12 months, did you ever skip a meal in order to have more food for your child/children? (n=4)
   - 3 respondents - Yes
   - 1 respondent - No

19. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn’t enough money for food? (n=4)
   - 2 respondents - Yes
   - 2 respondents – No

20. (Q44) “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.” (n=4)
   - 1 respondent- Often true
   - 2 respondents- Sometimes true
   - 1 respondent - Never true

21. (Q45) In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=4)
   - 1 respondent- Often true
   - 1 respondent- Sometimes true
   - 2 respondents - Never true

### Physical and Mental Health

22. (Q46) Do you or anyone in your household have diabetes? (n=18)

   Figure 11. Individuals with Diabetes in Household
23. (Q47) **In general, how would you say your health is?** (n=17)

Figure 12. Respondents’ Health

24. (Q48) **Do you currently have health insurance?** (n=18)

Figure 13. Health Insurance

25. (Q49) **Do you know where to go if you have health concerns?** (n=18)

Figure 14. Where to go for health concerns
26. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=18)

Figure 15. Feelings of Sadness or Depression during the past 12 mo

27. (Q51a) Do you feel that you get enough exercise? (n=17)

Figure 16. Exercise

28. (Q51b) Do you feel that you get enough social connection? (n=13)

Figure 17. Social Connection
29. (Q51c) **Do you feel that you get enough support and encouragement?** (n=12)

Figure 18. Support and Encouragement

30. (Q52a) **Do you feel that your child/children get enough exercise?** (n=3)
   - 1 respondent-All the time
   - 1 respondent- Most of the time
   - 1 respondent-Some of the time

31. (Q52b) **Do you feel that your child/children get enough social connection?** (n=2)
   - 1 respondent- All the time
   - 1 respondent- Most of the time

32. (Q52c) **Do you feel that your child/children get enough support and encouragement?** (n=2)
   - 2 respondents-All of the time

**Limitations**

This survey provides a snapshot of information from pantry clients during the month of August 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.
Appendix O:

The Food Access and Pantry Services Survey

Site specific results for

Willow Creek Community Resource Center Pantry

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
**Results**

A total of 88 households picked up commodities in September 2011, the month the survey was administered at this site. There were 21 respondents who indicated the Willow Creek Community Resource Center as their primary food pantry site.\(^1\) The survey results represent roughly 24% of Willow Creek food pantry participants.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ethnicity/Race</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>3</td>
<td>14%</td>
</tr>
<tr>
<td>American Indian or Alaskan Native</td>
<td>5</td>
<td>24%</td>
</tr>
<tr>
<td>Asian</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Black or African American</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Native Hawaiian or Other Pacific Islander</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>White</td>
<td>13</td>
<td>62%</td>
</tr>
<tr>
<td>Decline to state</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Other</td>
<td>1</td>
<td>5%</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>7</td>
<td>59%</td>
</tr>
<tr>
<td>Male</td>
<td>10</td>
<td>41%</td>
</tr>
<tr>
<td>Total</td>
<td>17</td>
<td>100%</td>
</tr>
<tr>
<td><strong>Age (mean=48)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>≤35</td>
<td>3</td>
<td>14%</td>
</tr>
<tr>
<td>36-59</td>
<td>14</td>
<td>67%</td>
</tr>
<tr>
<td>≥60</td>
<td>4</td>
<td>19%</td>
</tr>
<tr>
<td>Total</td>
<td>21</td>
<td>100%</td>
</tr>
</tbody>
</table>

* For ethnicity/race respondents were asked to mark all that apply.

\(^1\) Note that not everyone answered all of the questions. Each question varies on the number of people who responded, indicated by n=.
1. **(Q4)** What is the highest level of education that you have completed? Please mark one.  
   \( n = 21 \)

Figure 1. Level of Education

- Not a high school graduate \( n = 4 \)
- High school graduate or equivalent (GED/High school certificate) \( n = 11 \)
- Some college (includes AA degree) \( n = 2 \)
- College graduate \( n = 1 \)
- Graduate school/post graduate training \( n = 1 \)
- Other, please specify \( n = 1 \)

2. **(Q6)** Do you currently receive CalFresh (food stamps) each month?  
   \( n = 21 \)

Figure 2. Respondents Receiving CalFresh

- Yes \( n = 4 \)
- No \( n = 17 \)

3. **(Q7)** If not, have you applied for CalFresh (food stamps) in the past year?  
   \( n = 16 \)

Figure 3. Respondents who have applied for CalFresh in the past year.

- Yes \( n = 1 \)
- No \( n = 15 \)
4. (Q8) If you have not applied, please explain why: (n=13)
   • The reason why most respondents had not applied for CalFresh the past year was because they were on Supplemental Security Income (SSI).

5. (Q10) Are there children under the age of 18 living in your household? (n=21)

Figure 4. Children in Household

6. (Q11) If you answered “YES” to question 10, how many children under the age of 18 are living in your household? (n=3)
   • (3) All respondents indicated that there was only 1 child in their home

7. (Q12) What types of services have the child/children in your household used?

Respondents were asked to check all services that the children in their household use.

   • (1) respondent indicated their child receives free and reduced meals at school
   • (2) respondents indicated that their child receives WIC

8. (Q13) What is your relationship with the child/children in your household?

Respondents were asked to list all their relationships with the children in their household.

   • (3) respondents indicated that they were the parent

9. (Q14) Are you a single parent?

   • (1) respondent indicated they were a single parent
   • (2) respondents indicated they were not a single parent
10. (Q15) Are you a grandparent raising your grandchild?

- None of the respondents are grandparents raising their grandchild/children.

**Transportation**

11. (Q18) How do you usually get to the pantry? (n=21)

Figure 5. How respondents usually get to the pantry

12. (Q19) Do you have dependable transportation to the pantry? (n=20)

Figure 6. Dependable Transportation
13. (Q20) How long does it usually take you to get to the pantry? (n=21)

Figure 7. Time Spend Traveling to the Pantry

<table>
<thead>
<tr>
<th>Time Range</th>
<th>Frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-14 min.</td>
<td>9</td>
</tr>
<tr>
<td>15-29 min.</td>
<td>5</td>
</tr>
<tr>
<td>30-45 min.</td>
<td>3</td>
</tr>
<tr>
<td>46-60 min.</td>
<td>2</td>
</tr>
<tr>
<td>61+ min.</td>
<td>1</td>
</tr>
<tr>
<td>Don't know</td>
<td>1</td>
</tr>
</tbody>
</table>

Community Services and Pantry Food Suggestions

14. (Q21) I receive food from the pantry: (n=21)

Figure 8. Frequency of Food Pick Up

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percent of Respondents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Once a month</td>
<td>81%</td>
</tr>
<tr>
<td>6 + times a year</td>
<td>14%</td>
</tr>
<tr>
<td>Other</td>
<td>5%</td>
</tr>
</tbody>
</table>

Frequency of Food Pick Up:
15. (Q26) **I have access to . . .**
Respondents were asked to check all kitchen items that they have access to.

Figure 9. Kitchen Items Owned

<table>
<thead>
<tr>
<th>Item</th>
<th>Number of Respondents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Refrigerator</td>
<td>19</td>
</tr>
<tr>
<td>Can opener</td>
<td>18</td>
</tr>
<tr>
<td>Stove</td>
<td>16</td>
</tr>
<tr>
<td>Microwave</td>
<td>14</td>
</tr>
<tr>
<td>Freezer</td>
<td>12</td>
</tr>
<tr>
<td>Hot plate</td>
<td>4</td>
</tr>
</tbody>
</table>

16. (Q27) **I would like information on the following to be available at the pantry.**

Respondents were asked to check all types of information that they would like to see be available at the pantry.

Figure 10. Information respondents would like to be available at the pantry

<table>
<thead>
<tr>
<th>Resource</th>
<th>Number of Respondents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family/Community Resource Center</td>
<td>8</td>
</tr>
<tr>
<td>Housing</td>
<td>8</td>
</tr>
<tr>
<td>Other</td>
<td>7</td>
</tr>
<tr>
<td>MediCal or Medicare</td>
<td>6</td>
</tr>
<tr>
<td>CalFresh (food stamps)</td>
<td>6</td>
</tr>
<tr>
<td>Healthy Families</td>
<td>5</td>
</tr>
<tr>
<td>WIC</td>
<td>4</td>
</tr>
<tr>
<td>Childcare</td>
<td>4</td>
</tr>
</tbody>
</table>
17. (Q41) The months when money is tight I sometime have to choose between food and___:

Respondents were asked to check all items that they have had to choose between when money is tight.

Figure 11. When Money is Tight Respondents Choose Between…

18. (Q42) In the last 12 months, did you ever skip a meal in order to have more food for your child/children? (n=3)

• (3) respondents indicated “Yes”

19. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn’t enough money for food? (n=3)

• (1) respondent indicated that was sometimes true
• (2) respondents indicated that was never true

20. (Q44) “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.” (n=3)

• (1) respondent indicated that was sometimes true
• (2) respondents indicated that was never true

21. (Q45) In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=3)

• (1) respondent indicated that was sometimes true
• (2) respondents indicated that was never true
**Physical and Mental Health**

22. (Q46) **Do you or anyone in your household have diabetes?** (n=19)

Figure 12. Individuals with Diabetes in Household

![Pie chart showing diabetes status](image)

- Yes (n=4)
- No (n=13)
- Don’t know (n=2)

23. (Q47) **In general, how would you say your health is?** (n=18)

Figure 13. Respondents’ Health

![Pie chart showing health status](image)

- Excellent (n=1)
- Very Good (n=1)
- Good (n=6)
- Fair (n=9)
- Poor (n=1)

24. (Q48) **Do you currently have health insurance?** (n=19)

Figure 14. Health Insurance

![Pie chart showing health insurance status](image)

- Yes (n=12)
- No (n=7)
25. (Q49) **Do you know where to go if you have health concerns?** (n=18)

Figure 15. Where to go for health concerns

26. (Q50) **During the past 12 months, how often did you feel sad or depressed?** (n=18)

Figure 16. Feelings of Sadness or Depression during the past 12 months.

27. (Q51a) **Do you feel that you get enough exercise?** (n=16)

Figure 17. Exercise
28. (Q51b) Do you feel that you get enough social connection? (n=13)

Figure 18. Social Connection

29. (Q51c) Do you feel that you get enough support and encouragement? (n=14)

Figure 19. Support and Encouragement
30. (Q52a) Do you feel that your child/children get enough exercise? (n=3)
   • (3) indicated all the time

31. (Q52b) Do you feel that your child/children get enough social connection? (n=2)
   • (2) indicated all of the time
   • (1) indicated a little of the time

32. (Q52c) Do you feel that your child/children get enough support and encouragement? (n=3)
   • (3) indicated all of the time

Limitations

This survey provides a snapshot of information from pantry clients during the month of September 2011. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry.
Appendix P:

The Food Access and Pantry Services Survey

Specific results for

Single Parent Food Pantry Clients

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
Results:

Below are results from survey respondents who indicated “yes” to the question “Are there children under the age of 18 living in your household?” and also answered “yes” to the question “Are you a single parent?” There were 151 respondents who answered “yes” to both questions. Note however that the number of respondents to each of the following questions varies (based on if they chose to answer the question.), indicated by the “n=” beside each one.

Table 1. Demographics: Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ethnicity/Race</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>12</td>
<td>8%</td>
</tr>
<tr>
<td>American Indian or Alaskan Native</td>
<td>31</td>
<td>21%</td>
</tr>
<tr>
<td>Asian</td>
<td>1</td>
<td>1%</td>
</tr>
<tr>
<td>Black or African American</td>
<td>5</td>
<td>3%</td>
</tr>
<tr>
<td>Native Hawaiian or Other Pacific Islander</td>
<td>3</td>
<td>2%</td>
</tr>
<tr>
<td>White</td>
<td>108</td>
<td>72%</td>
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<tr>
<td>Decline to state</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Other</td>
<td>8</td>
<td>5%</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>103</td>
<td>72%</td>
</tr>
<tr>
<td>Male</td>
<td>40</td>
<td>28%</td>
</tr>
<tr>
<td>Total</td>
<td>143</td>
<td>100%</td>
</tr>
<tr>
<td><strong>Age (mean=40)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>≤35</td>
<td>57</td>
<td>39%</td>
</tr>
<tr>
<td>36-59</td>
<td>87</td>
<td>59%</td>
</tr>
<tr>
<td>≥60</td>
<td>4</td>
<td>2%</td>
</tr>
<tr>
<td>Total</td>
<td>148</td>
<td>100%</td>
</tr>
</tbody>
</table>

* For ethnicity/race respondents were asked to mark all that apply.

Respondents who selected "other “to define their race indicated that they were: multi-racial, human, Portuguese, Mexican-Russian or Caucasian
1. (Q15) Are you a grandparent raising your grandchild? (n=148)

Figure 1. Grandparents raising grandchild/children

2. (Q4) What is the highest level of education that you have completed? Please mark one. (n=146)

Figure 2. Level of Education

3. (Q11) How many children under the age of 18 are living in your household? (n=149)

Figure 3. Children under the age of 18 living in household
4. (Q6) Do you currently receive CalFresh (food stamps) each month? (n=140)

Figure 4. Respondents receiving CalFresh

- Yes (n=81) 45%
- No (n=67) 55%

5. (Q7) If not, have you applied for CalFresh (food stamps) in the past year? (n=66)

Figure 5. Respondents who have applied for CalFresh in the past year.

- Yes (n=24) 36%
- No (n=42) 64%
If you have not applied, please explain why: (n=45)

Table 2. Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons why respondents have not applied for CalFresh this past year.</th>
<th>Description of Codes/Reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Miscellaneous reasons</td>
<td>Respondents indicated a reason that was uncommon and not mentioned by many other respondents, including: ‘were too busy’, ‘no ride,’ ‘husband works.’</td>
</tr>
<tr>
<td>2. Supplemental Security Income (SSI)</td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td>3. Lack of awareness &amp; understanding</td>
<td>Respondents indicated that they had never heard of the program (CalFresh), were not sure if they qualified, did not know where or how to apply, or were unsure what the program was about.</td>
</tr>
<tr>
<td>4. Not eligible/Don’t qualify</td>
<td>Respondents indicated that they had not applied because they were not eligible or do not qualify for CalFresh.</td>
</tr>
<tr>
<td>5. Going to apply</td>
<td>Respondents indicated that they intended to apply soon.</td>
</tr>
<tr>
<td>6. Income too high</td>
<td>Respondents indicated that their income was too high, that it was just above the allowed amount, or that they barely made too much.</td>
</tr>
</tbody>
</table>

Transportation

6. (Q18) How do you usually get to the pantry? (n=140)

Figure 6. How respondents usually get to the pantry

Percent of Respondents

0% 20% 40% 60% 80% 100%

Walk 24% Bike 3% Public transportation 2% My own vehicle 46% Car pool 16% Other 9%

Transportation
7. **(Q19)** Do you have dependable transportation to the pantry? *Please mark one (n=150)*

Figure 7. Dependable transportation

![Pie chart showing transportation options]

33. **(Q26)** I have access to . . .

Respondents were asked to check all kitchen items that they have access to.

Figure 8. Kitchen Items Owned

![Bar chart of kitchen items]

*Respondents were asked to check all kitchen items that they have access to.*
8. **(Q29)** Please list three kinds of foods you would like to see more of at the pantry. (n=128)

Table 3. Food that respondents would like to see more of at the pantry

<table>
<thead>
<tr>
<th>Top 10 Food Items</th>
<th>Description of Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Meat</strong></td>
<td>Respondents indicated that they wanted meat, or various types of meat such as chicken, beef, pork, etc.</td>
</tr>
<tr>
<td><strong>2. Fruit/Produce</strong></td>
<td>Respondents indicated they wanted produce, fruit or; or specific types such as ‘fresh fruit,’ or ‘apples’, etc.</td>
</tr>
<tr>
<td><strong>3. Vegetables/Produce</strong></td>
<td>Respondents indicated they wanted produce, vegetables or; or specific types such as ‘fresh vegetables,’ or ‘broccoli’, etc.</td>
</tr>
<tr>
<td><strong>4. Milk</strong></td>
<td>Respondents indicated that they wanted milk.</td>
</tr>
<tr>
<td><strong>5. Dairy Products/Other Dairy</strong></td>
<td>Respondents indicated that they wanted various types of dairy products, like yogurt, butter, etc. or just indicated a need for more dairy products or other dairy in general.</td>
</tr>
<tr>
<td><strong>6. Cheese</strong></td>
<td>Respondents indicated that they wanted cheese.</td>
</tr>
<tr>
<td><strong>7. Bread &amp; Pasta</strong></td>
<td>Respondents indicated that they wanted various types of breads (whole grain, raisin, and sliced white) and pasta to be offered more.</td>
</tr>
<tr>
<td><strong>8. Cereal</strong></td>
<td>Respondents indicated that they wanted various types of cereal, hot or cold.</td>
</tr>
<tr>
<td><strong>9. Eggs/powdered eggs</strong></td>
<td>Respondents indicated that they wanted eggs or powdered eggs.</td>
</tr>
<tr>
<td><strong>10. Sweets</strong></td>
<td>Respondents indicated that they wanted cake, candy, pies, sugar, etc.</td>
</tr>
</tbody>
</table>

**Community Services**

9. **(Q12)** What types of services have the child/children in your household used.

Figure 9. Services that children in household use

*Respondents were asked to check all services that the children in their household use.*
10. (Q27) I would like information on the following to be available at the pantry

Figure 10. Information respondents would like to be available at the pantry

*Respondents were asked to check all types of information that they would like to see be available at the pantry.

11. (Q28) What other community services or activities would help you or your family? (n=66)

Table 4. Community services or activities that would help respondent or respondents family

<table>
<thead>
<tr>
<th>Top 10 Community Services or Activities</th>
<th>Description of Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. None/Don’t know/NA</td>
<td>Respondents indicated that they were not sure, didn’t know, or that the question was not applicable to them.</td>
</tr>
<tr>
<td>2. Children</td>
<td>Respondents indicated services or activities for children.</td>
</tr>
<tr>
<td>3. Housing</td>
<td>Respondents indicated that they would like more information about housing, in particular, low income, affordable, temporary, rentals, permanent housing, or housing resources.</td>
</tr>
<tr>
<td>4. Transportation</td>
<td>Respondents indicated that they would like more transportation services, or bus passes/vouchers.</td>
</tr>
<tr>
<td>5. No Further Services Needed</td>
<td>Respondents indicated that there were no further services or activities that would help them or their family.</td>
</tr>
<tr>
<td>6. Food Stamps</td>
<td>Respondents indicated that the service that they would help their family was Food Stamps.</td>
</tr>
<tr>
<td>7. Miscellaneous Types</td>
<td>Respondents indicated a service that was uncommon and not mentioned by many or any others.</td>
</tr>
<tr>
<td>8. Basic Needs</td>
<td>Respondents indicated that they would like more services like public restrooms, shower access, laundry, clothes, soap, hygiene products and shampoo.</td>
</tr>
<tr>
<td>9. Health Related: Services &amp;</td>
<td>Respondents indicated that they would like services</td>
</tr>
</tbody>
</table>
Health Aids that would help them with Dental Care, Health Care, Home Health, Vitamins or Medical services.

10. Education/Classes
Respondents indicated that they would like more education and or classes like cooking classes, etc.

11. Further Food Assistance
Respondents indicated that they would like more types of food, or more places that could feed them.

Household Food Security
12. (Q35 - 40) Food Security Status (n=139)

Table 5. Food Security Status

<table>
<thead>
<tr>
<th>Food Security Status</th>
<th>Frequency</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food Secure</td>
<td>10</td>
<td>Access to enough food for an active, healthy life. May include ‘marginal food security,’ represented by one or two indications of anxiety over food sufficiency or shortage of food in the house.</td>
</tr>
<tr>
<td>Low Food Security</td>
<td>45</td>
<td>Reports of reduced quality, variety, or desirability of diet. Little or no indication of reduced food intake.</td>
</tr>
<tr>
<td>Very Low Food Security</td>
<td>84</td>
<td>Reports of multiple indications of disrupted eating patterns and reduced food intake.</td>
</tr>
</tbody>
</table>

Figure 11. Food Security Status

- 60% Food Secure
- 32% Low Food Security
- 7% Very Low Food Security
13. (Q41) The months when money is tight I sometimes have to choose between food and . . .”

When money is tight respondents sometimes have to choose between food and...

Figure 12. When Money is Tight Respondents Choose Between...

*Respondents were asked to check all items that they have had to choose between when money is tight.

14. (Q42) In the last 12 months, did you ever skip a meal in order to have more food for your child/children? (n=143)

Figure 13. Skipping meals for child/children
15. (Q43) In the last 12 months, did your child/children ever skip meals because there wasn’t enough money for food? (n=143)

Figure 14. Children skipping meals

16. (Q44) “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.” (n=141)

Figure 15. Couldn’t afford healthy meal for child/children

17. (Q45) “In the last 12 months, my child/children were not eating enough because I just couldn’t afford enough food.” (n=141)

Figure 16. Respondent Couldn’t Afford Food for Child/Children
Physical and Mental Health

18. (Q46) Do you or anyone in your household have diabetes? (n=146)

Figure 17. Individuals with diabetes in household

19. (Q47) In general, how would you say your health is? (n=145)

Figure 18. Respondents health

20. (Q48) Do you currently have health insurance? (n=146)

Figure 19. Health Insurance
21. (Q49) Do you know where to go if you have health concerns? (n=145)

Figure 20. Where to go for health concerns

22. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=144)

Figure 21. Feelings of sadness or depression

23. (Q51a) Do you feel that you get enough exercise (n=138)

Figure 22. Exercise
24. (Q51b)  Do you feel that you get enough social connection?  (n=112)

Figure 23. Social connection

25. (Q51c)  Do you feel that you get enough support and encouragement?  (n=117)

Figure 24. Support and encouragement

Do you feel that your child/children get enough . . .

26. (Q52a)  Do you feel that your child/children get enough exercise?  (n=135)

Figure 25. Child/children exercise
27. (Q52b) Do you feel that your child/children get enough social connection? (n=114)

Figure 26. Child Social Connection

28. (Q52c) Do you feel that your child/children get enough support and encouragement? (n=119)

Figure 27. Child/children support and encouragement
Limitations

This survey provides a snapshot of information from pantry clients during the months of August or September, 2011, depending on the pantry site. The participants were not randomly selected; all clients who attended on the days that volunteers were surveying were asked to participate. The survey results reflect only the responses of those who chose to participate and do not necessarily describe the entire clientele that the pantry site serves.

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Lastly, due to relying on a rotating group of volunteers, the survey may not have been administered as consistently as it could have been if the same individuals were at every pantry site.
Appendix Q:

The Food Access and Pantry Services Survey

Specific results for

Senior Food Pantry Clients, Ages 60+

Danielle Stubblefield, MS
Community Food Systems Analyst

Alissa Leigh
Research Associate

California Center for Rural Policy at Humboldt State University
Results

Below are the results from survey respondents who indicated their age to be 60 years or over. There were 189 individuals who fit this criterion. Note however that the number of respondents to each of the following questions varies (based on if they answered it or not, etc.), indicated by the “n=” beside each one.

Table 1. Demographic Tables for Ethnicity/Race, Gender and Age.

<table>
<thead>
<tr>
<th>Characteristics</th>
<th>Frequency</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ethnicity/Race</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>8</td>
<td>4%</td>
</tr>
<tr>
<td>American Indian or Alaskan Native</td>
<td>16</td>
<td>8%</td>
</tr>
<tr>
<td>Asian</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Black or African American</td>
<td>3</td>
<td>2%</td>
</tr>
<tr>
<td>Native Hawaiian or Other Pacific Islander</td>
<td>2</td>
<td>1%</td>
</tr>
<tr>
<td>White</td>
<td>163</td>
<td>86%</td>
</tr>
<tr>
<td>Decline to state</td>
<td>3</td>
<td>2%</td>
</tr>
<tr>
<td>Other</td>
<td>5</td>
<td>3%</td>
</tr>
<tr>
<td>Gender</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>97</td>
<td>56%</td>
</tr>
<tr>
<td>Male</td>
<td>76</td>
<td>44%</td>
</tr>
<tr>
<td>Total</td>
<td>173</td>
<td>100%</td>
</tr>
<tr>
<td>Age (mean=68)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* For ethnicity/race respondents were asked to mark all that apply.

Respondents who selected “other “to define their race indicated that they were: multi-racial/Heinz 57, German, French and Danish

1. (Q4) What is the highest level of education that you have completed? Please mark one. (n=182)

![Figure 1. Level of education](image-url)
2. (Q6) Do you currently receive CalFresh (food stamps) each month? (n=190)

Figure 2. Respondents receiving CalFresh

3. (Q7) If not, have you applied for CalFresh (food stamps) in the past year? (n=167)

Figure 3. Respondents who have not applied for CalFresh in the past year

4. (Q8) If you have not applied, please explain why: (n=126)

Table 2. Reasons why respondents have not applied for CalFresh this past year

<table>
<thead>
<tr>
<th>Top reasons why respondents have not applied for CalFresh this past year.</th>
<th>Description of Codes/Reasons</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. SSI/Social Security</strong></td>
<td>Respondents indicated they were not eligible for CalFresh because they receive Supplemental Security Income.</td>
</tr>
<tr>
<td><strong>2. Not eligible/Don’t qualify</strong></td>
<td>Respondents indicated that they had not applied because they were not eligible or do not qualify for CalFresh</td>
</tr>
<tr>
<td><strong>3. Lack of awareness &amp; understanding</strong></td>
<td>Respondents indicated that they had never heard of the program (CalFresh), were not sure if they qualified, did not know where or how to apply, or where unsure what the program is about</td>
</tr>
<tr>
<td><strong>4. Choose not to apply</strong></td>
<td>Respondents indicated that they did not want to apply, had too much pride, were not interest, and had no need to apply, they were getting by on their own, or that they were embarrassed.</td>
</tr>
</tbody>
</table>
5. **Miscellaneous Reasons**  
Respondents indicated a reason that was uncommon and/or not mentioned by many or any others.

6. **Income too high**  
Respondents indicated that their income was too high which made the ineligible for CalFresh.

7. **Difficult/Hassel**  
Respondents indicated that they had not applied because they found the process to difficult, or a pain to do.

Quotes from seniors:

- “No good reason other than the embarrassment of using them @ the grocery store”
- “Getting by right now.”
- “Lack of trans and last time I applied I was only granted 12 dollars.”
- “My expenses are too high (Health Ins. Rent) but my income is too high.”
- “Too much hassle”

5. (Q15) **Are you a grandparent raising your grandchild?**

9 of the 190 respondents 60 and over indicated that they are raising their grandchild/children.

**Transportation**

6. (Q18) **How do you usually get to the pantry? (n=181)**

Figure 4. How respondents usually get to the pantry

![Graph showing type of transportation]

None of the respondents who selected “other,” “as their type of transportation specified nor explained what type of transportation that was.

7. (Q19) **Do you have dependable transportation to the pantry? (n=181)**

Figure 5. Dependable transportation
8. **(Q20) How long does it usually take you to get to the pantry? (n=185)**

Figure 6. Length of time it takes respondents to get to the pantry
9. (Q26) I have access to . . .

Respondents were asked to check all kitchen items that they have access to.

Figure 7. Kitchen Items Owned

![Bar chart showing kitchen items owned by respondents](chart.png)

*Respondents were asked to check all kitchen items that they have access to.*

10. (Q29) Please list three kinds of foods you would like to see more of at the pantry.

Table 3. Top 10 foods respondents would like to see more of at the pantry

<table>
<thead>
<tr>
<th>Top 10 Food Items</th>
<th>Description of Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Meat</td>
<td>Respondents indicated that they wanted meat, or various types of meat like chicken, beef, pork, etc.</td>
</tr>
<tr>
<td>2. Vegetables</td>
<td>Respondents indicated they wanted produce, vegetables or; or specific types such as ‘fresh vegetables,’ or ‘broccoli’, etc.</td>
</tr>
<tr>
<td>3. Fruit</td>
<td>Respondents indicated they wanted produce, fruit or; or specific types such as ‘fresh fruit,’ or ‘apples’, etc.</td>
</tr>
<tr>
<td>4. Cheese</td>
<td>Respondents indicated that they wanted cheese.</td>
</tr>
<tr>
<td>5. Milk</td>
<td>Respondents indicated that they wanted milk.</td>
</tr>
<tr>
<td>6. Bread &amp; Pasta</td>
<td>Respondents indicated that they wanted various types of breads (whole grain, raisin, and white, sliced) and pasta to be offered more.</td>
</tr>
<tr>
<td>7. Miscellaneous Products</td>
<td>Respondents indicated they wanted various types of products that were not mentioned by other respondents.</td>
</tr>
<tr>
<td>8. Dairy Products/Other Dairy</td>
<td>Respondents indicated that they wanted various types of dairy products, like yogurt, butter, etc. or just indicated a need for more dairy products or other dairy in general</td>
</tr>
<tr>
<td>9. Canned Food</td>
<td>Respondents indicated that they wanted various foods like vegetables, fruit, and meat canned.</td>
</tr>
<tr>
<td>10. Grains</td>
<td>Respondents indicated that they wanted grains, like rice(brown/white), oats, barley, etc.</td>
</tr>
</tbody>
</table>
Community Services

11. (Q27) I would like information on the following to be available at the pantry. Please mark all that apply.

Figure 8. Information respondents would like to be available at the pantry

*Respondents were asked to check all types of information that they would like to see be available at the pantry.

12. (Q28) What other community services or activities would help you or your family?

Table 4. Community services or activities that would help respondent or respondent’s family

<table>
<thead>
<tr>
<th>Top Community Services or Activities</th>
<th>Description of Codes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Further Food Assistance</td>
<td>Respondents indicated that they would like more types of food, or more places that could feed them.</td>
</tr>
<tr>
<td>2. None/Don’t know/NA</td>
<td>Respondents indicated that they were not sure, didn’t know, or that the question was not applicable to them.</td>
</tr>
<tr>
<td>3. Health Related: Services &amp; Health Aids</td>
<td>Respondents indicated that they would like services that would help them with Dental Care, Health Care, Home Health, Vitamins or Medical services.</td>
</tr>
<tr>
<td>4. Seniors</td>
<td>Respondents indicated that they wanted services and activities for seniors.</td>
</tr>
<tr>
<td>5. Housing</td>
<td>Respondents indicated that they would like more information about housing, in particular, low income, affordable, temporary, rentals, permanent housing, or housing resources.</td>
</tr>
<tr>
<td>6. Transportation</td>
<td>Respondents indicated that they would like more transportation services, or bus passes/vouchers.</td>
</tr>
<tr>
<td>7. Basic Needs</td>
<td>Respondents indicated that they would like more services like public restrooms, shower access, laundry, clothes, soap, hygiene products and shampoo.</td>
</tr>
<tr>
<td>8. Employment</td>
<td>Respondents indicated that they would like a service that would help them find employment.</td>
</tr>
</tbody>
</table>
A few comments specific to senior respondents included:

- “Appropriate health and wellness care including more choice.”
- “Fix the sidewalks! (For people that use walkers.)”
- “Senior resources”
- “Health fitness equipment
  Information on Health Coverage”
- “Access to more food”
- “Meals on wheels. I am not a good cook and I can't stand in kitchen too long because of severe arthritis, scoliosis and sciatic nerve damage”

**Household Food Security**

13. (Q35 - 40) **Food Security Status (n=156)**

Table 5. Food security status

<table>
<thead>
<tr>
<th>Food Security Status</th>
<th>Frequency</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food Secure</td>
<td>39</td>
<td>Access to enough food for an active, healthy life. May include “marginal food security,” represented by one or two indications of anxiety over food sufficiency or shortage of food in the house.</td>
</tr>
<tr>
<td>Low Food Security</td>
<td>46</td>
<td>Reports of reduced quality, variety, or desirability of diet. Little or no indication of reduced food intake.</td>
</tr>
<tr>
<td>Very Low Food Security</td>
<td>71</td>
<td>Reports of multiple indications of disrupted eating patterns and reduced food intake.</td>
</tr>
</tbody>
</table>

Figure 7. Food security status

Note: this chart represents respondents who provided the information necessary for determining food security status. 33 further respondents did not answer all of the questions, so their status remains unknown and therefore is not indicated in the chart above.
Physical and Mental Health

14. (Q46) Do you or anyone in your household have diabetes? (n=172)

Figure 8. Individuals with diabetes in household

15. (Q47) In general, how would you say your health is? (n=171)

Figure 9. Respondents' health

16. (Q50) During the past 12 months, how often did you feel sad or depressed? (n=175)

Figure 10. Feelings of sadness or depression
17. (Q51a) Do you feel that you get enough exercise? (n=166)

Figure 11. Exercise

18. (Q51b) Do you feel that you get enough social connection? (n=121)

Figure 12. Social connection

19. (Q51c) Do you feel that you get enough support and encouragement? (n=151)

Figure 13. Support and encouragement
**Limitations**

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Lastly, due to relying on a rotating group of volunteers, the survey may not have been administered as consistently as it could have been if the same individuals were at every pantry site.
The Food Access and Pantry Services Survey

Date:____________________

This survey is completely optional and you are not required to fill this survey out to receive food from the pantry. This survey is being conducted by the California Center for Rural Policy at Humboldt State University. The purpose of this survey is to gather information to determine how to improve the services the pantry offers to the community.

Completion and return of this survey will constitute consent to participate in this survey. Confidentiality will be maintained because no names will be associated with the survey. Surveys will be coded and the original surveys will be kept in a locked file cabinet for the duration of the study. If you have any questions please contact Connie Stewart or Danielle Stubblefield at (707)826-3400.

Your input is greatly appreciated – Thank you!

1. **What is your gender?**
   - □ Male
   - □ Female

2. **What is your race? Please mark all that apply**
   - □ Hispanic/Latin
   - □ American Indian or Alaskan Native
   - □ Asian
   - □ Black or African American
   - □ Native Hawaiian or Other Pacific Islander
   - □ White
   - □ Decline to state
   - □ Other:_____________

3. **What is your age? _____________________**

4. **What is the highest level of education that you have completed? Please mark one**
   - □ Not a high school graduate
   - □ High school graduate or equivalent (GED/High school certificate)
   - □ Some college (includes AA degree)
   - □ College graduate
   - □ Graduate school/post graduate training
   - □ Other:
   - □ Decline to state
   - □ Other:_____________

5. **What community do you live in? _____________________ Zip code:_______________________**

6. **I currently receive CalFresh (food stamps) each month.**
   - □ Yes
   - □ No
The Food Access and Pantry Services Survey

7. If not, have you applied for CalFresh (food stamps) in the past year?

☐ Yes  ☐ No

8. If you have not applied, please explain why?

*Please tell us about your household…*

9. Including yourself, how many people in your household are in each age group below?

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-5 years:________</td>
<td></td>
</tr>
<tr>
<td>16-24 years:_______</td>
<td></td>
</tr>
<tr>
<td>66+ years:_______</td>
<td></td>
</tr>
<tr>
<td>6-15 years:_______</td>
<td></td>
</tr>
<tr>
<td>25-65 years:_______</td>
<td></td>
</tr>
</tbody>
</table>

10. Are there children under the age of 18 living in your household?

☐ Yes  ☐ No [If no, please skip to question 17]

11. If you answered “YES” to question 10, how many children under the age of 18 are living in your household?

☐ 1 child  ☐ 4 children  ☐ 5+ children
☐ 2 children ☐ 5 children  ☐ Not applicable
☐ 3 children

12. What types of services have the child/children in your household used? Please mark all that apply

☐ Free and reduced meals at school  ☐ Subsidized child care
☐ WIC  ☐ Family Resource Centers or play groups
☐ Healthy Families  ☐ Other:

13. What is your relationship with the child/children in your household?

☐ Parent  ☐ Aunt/Uncle  ☐ Non-family guardian
☐ Sister/Brother  ☐ Grandparent  ☐ Other:

14. Are you a single parent?

☐ Yes  ☐ No  ☐ Not applicable

15. Are you a grandparent raising your grandchild?

☐ Yes  ☐ No  ☐ Not applicable
16. Additional comments about children in your household.

Please tell us about your connection to the Food Pantry…

17. Which pantry location do you go to most often?

- □ Arcata: North Coast Resource Center
- □ Arcata: Arcata Seniors
- □ Blue Lake: Blue Lake CRC/Mad river Grange
- □ Bridgeville: Community Center
- □ Eureka: Food for People
- □ Eureka: Humboldt Senior Resource Center
- □ Ferndale: Community Church
- □ Fortuna: St. Josephs
- □ Garberville: Presbyterian Church
- □ Loleta: Community Church
- □ McKinleyville: Food Pantry
- □ Orick: Community Resource Center
- □ Willow Creek: CRC Pantry
- □ Trinidad: Lions Club Pantry
- □ Scotia: Bread for Life/Rio Dell CRC

18. How do you usually get to the pantry? Please mark one

- □ Walk
- □ Bike
- □ Public transportation
- □ My own vehicle
- □ Car pool
- □ Other, please specify:

19. Do you have dependable transportation to the pantry? Please mark one

- □ Always
- □ Often
- □ Sometimes
- □ Never

20. How long does it usually take you to get to the pantry?

- □ 0-14 minutes
- □ 15-29 minutes
- □ 30-45 minutes
- □ 46-60 minutes
- □ 61+ minutes
- □ Don’t know

21. I receive food from the pantry:

- □ Once a week
- □ Once a month
- □ 6 + times a year
- □ 3-5 times a year
- □ Once a year
- □ Other, please specify:
22. I am happy with the amount of food I receive from the pantry.

[ ] Strongly Agree [ ] Agree [ ] Neither Agree Nor Disagree [ ] Disagree [ ] Strongly Disagree [ ] Not sure/Don’t know

23. I am happy with the quality of food I receive at the pantry.

[ ] Strongly Agree [ ] Agree [ ] Neither Agree Nor Disagree [ ] Disagree [ ] Strongly Disagree [ ] Not sure/Don’t know

24. I can choose healthy food at the pantry.

[ ] Strongly Agree [ ] Agree [ ] Neither Agree Nor Disagree [ ] Disagree [ ] Strongly Disagree [ ] Not applicable

25. The food I receive from the pantry meets my dietary needs and preferences.

[ ] Strongly Agree [ ] Agree [ ] Neither Agree Nor Disagree [ ] Disagree [ ] Strongly Disagree [ ] Not sure/Don’t know

26. I have access to…Please mark all that apply

[ ] Stove [ ] Freezer [ ] Can opener
[ ] Refrigerator [ ] Microwave [ ] Hot plate

27. I would like information on the following to be available at the pantry. Please mark all that apply

[ ] CalFresh (food stamps) [ ] Healthy Families
[ ] Medical or Medicare [ ] WIC
[ ] Childcare [ ] Family/Community Resource Center
[ ] Housing [ ] Other? Please explain:

_____________________________________________________

28. What other services or activities would help you or your family?

29. Please list three kinds of foods you would like to see more of at the pantry.
Customer Service

30. The pantry space is clean and inviting.

□ Strongly Agree □ Agree □ Neither Agree Nor Disagree □ Disagree □ Strongly Disagree □ Not sure/Don’t know

31. I am treated well at the pantry.

□ Strongly Agree □ Agree □ Neither Agree Nor Disagree □ Disagree □ Strongly Disagree □ Not sure/Don’t know

32. The paperwork and process of receiving food is easy to understand.

□ Strongly Agree □ Agree □ Neither Agree Nor Disagree □ Disagree □ Strongly Disagree □ Not sure/Don’t know

33. The pantry has the necessary amount of volunteers to assist me when I need help?

□ Strongly Agree □ Agree □ Neither Agree Nor Disagree □ Disagree □ Strongly Disagree □ Not sure/Don’t know

34. Please list two ideas for improving the customer service at the pantry:

Food and Nutrition

35. “In the last 12 months, the food that I bought just didn’t last, and I didn’t have money to get more.”

□ Often true □ Sometimes true □ Never true □ Don’t know

36. “In the last 12 months, I couldn’t afford to eat healthy meals.”

□ Often true □ Sometimes true □ Never true □ Don’t know
37. In the last 12 months did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food?

□ Yes □ No □ Don’t know

38. If you answered “YES” to question 37, how often did this happen?

□ Almost every month □ Only 1 or 2 months
□ Some months but not every month □ Don’t know

39. In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?

□ Yes □ No □ Don’t know

40. In the last 12 months, were you ever hungry but didn’t eat because there wasn't enough money for food?

□ Yes □ No □ Don’t know

41. The months when money is tight I sometimes have to choose between food and: (please mark all that apply)

□ Rent □ Phone
□ Utilities □ Transportation
□ Medications □ Other, please specify:

If Children in the Household . . .

Please answer the following questions if you have a child/children in your household.

42. In the last 12 months, did you ever skip a meal in order to have more food for your child/children?

□ Yes □ No □ Don’t know/Not sure

43. In the last 12 months, did your child/children ever skip meals because there wasn't enough money for food?

□ Yes □ No □ Don’t know/Not sure
44. “In the last 12 months, I couldn’t feed my child/children a healthy meal, because I couldn’t afford to.”

☐ Often true    ☐ Sometimes true    ☐ Never true    ☐ Don’t know

45. "In the last 12 months, my child/children were not eating enough because I just couldn't afford enough food.”

☐ Often true    ☐ Sometimes true    ☐ Never true    ☐ Don’t know

Health

Please answer the following questions regarding your personal health.

46. In general, how would you say your health is?

☐ Excellent    ☐ Good    ☐ Poor

☐ Very good    ☐ Fair    ☐ Not sure/Don’t know

47. Do you or anyone in your household have diabetes?

☐ Yes    ☐ No    ☐ Don’t know

48. Do you or anyone in your household currently have health insurance?

☐ Yes    ☐ No    ☐ Don’t know

49. Do you or anyone in your household know where to go if you have health concerns?

☐ Yes    ☐ No    ☐ Don’t know

50. Do you feel that you get enough . . .

Exercise?

☐ Yes    ☐ No    ☐ Don’t know

Social connections?

☐ Yes    ☐ No    ☐ Don’t know

Support and encouragement?

☐ Yes    ☐ No    ☐ Don’t know
51. Do you feel your child/children get enough…

Exercise?
- Yes
- No
- Don’t know

Social connections?
- Yes
- No
- Don’t know

Support and encouragement?
- Yes
- No
- Don’t know

52. Is there anything else that you would like to tell us?