Hello! If you're reading this you are about to enjoy the digital copy of the Eric Rofes Center's Queer Resource Zine.

If you would like a physical copy of this Zine, contact the ERC at erc@humboldt.edu or stop by the ERC in Warren House #53 on the HSU campus. We're all students as well, so forgive us if our office hours are a little wonky.
Hi! Welcome to our queer resources zine! This zine was made by a collaboration of students from the Eric Rofes Multicultural Queer Resource Center and students from the Peer Health Education department. Both the Peer Health Educators and the students who work at the Eric Rofes Center are dedicated to creating spaces in which to explore gender and sexuality through a variety of diverse lenses. The materials that you see in this zine are not comprehensive, but merely a few students' attempts to make a helpful zine about queer resources in Humboldt County. The authors realize that the organizations and gender neutral bathrooms mentioned in this zine are all based in the Arcata/Eureka area and we know that this is a student-centric perspective that might exclude some community members and organizations. We apologize for this but keep in mind that we did the best we could with the resources available. We hope that this zine will help you find spaces in the Arcata/Eureka area in which you can comfortably explore your gender sexuality.

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**Terminology**

- **Preferred Gender Pronouns**: any of the multiple sets of pronouns which create gendered space. Many feminine identified women choose to use "she, her and hers" and many masculine male-identified people choose to use "he, him and his". Likewise, many gender non-conforming people choose to use the pronouns "ze, hir and hirs" or "they, them and their". There are many gender pronouns and it is better to ask what someone's preferred gender pronouns are than to assume based on the way they look.

- **Disgender**: Someone who identifies with the gender they were assigned at birth based on their biological anatomy.

- **Intersex**: Anyone who is born with sex chromosomes, external genitalia or an internal reproductive system that is not considered "standard" for either males or females.

- **Transgender**: An umbrella term that covers the behaviors, expressions and identities that challenge the gender binary. Transgender people are individuals who change their gender expression without necessarily medically changing their bodies. A transgender person is anyone who transcends the conventional definitions of masculinity and femininity.

- **Androgynous**: someone who appears and presents as both masculine and feminine, neither masculine or feminine or as in-between masculinity and femininity.

- **Transsexual**: A person whose biological sex at birth does not match up with their gender identity. As compared to transgender people who will often identify outside of the gender binary, most transsexual folks identify as either distinctly man or distinctly woman. Transsexual folks may or may not elect to transition partly or fully to match their gender expression (appearance) to their inner gender identity. Many transsexuals will identify with an inner or true gender identity.

- **Gender Fluid**: An identity used by people who recognize that gender identities change over time and who do not want to be restricted by static gender labels.
Gender is...
- a spectrum
- a range of expression
- male or female
- defined by body parts
- determined by chromosomes
- how you relate to yourself
- Me!
- a personal identity
- sexual orientation

Gender is not...

The gender binary is a form of hierarchy and oppression.

Gender Neutral Bathrooms are necessary because while some people identify as cisgender and identify with their biological anatomy, many people identify as transgender, gender queer, transsexual or otherwise gender non-conforming. People who identify outside of the gender binary often don't feel comfortable using gendered bathrooms for a variety of reasons, primarily including safety and comfort in gendered bathrooms. Bathrooms are a common location for harassment and violence to occur against people who do not appear to be gender normative; gender neutral bathrooms are a preferred alternative to gendered bathrooms for many people.
Gender Neutral Bathrooms at HSU

Nelson Hall East, 1st floor in the middle of the building

Warren House 53, back of the building

Multicultural Center, back of the building through the kitchen

Founder's Hall, 2nd floor to the right of the top of the stairs

West Gym, outside on the 1st floor near the Rec and Wellness Center

Gist Hall, two gender neutral bathrooms in the basement past the large classroom

Hadley House, 1st floor

Van Matre Hall, two gender neutral bathrooms on the 2nd floor

Kinesiology and Athletics, near the swimming pool, ask for the key to referee locker rooms

Multicultural Center, house 55 on 1st and 2nd floors

Wildlife Facilities, game pens, room 10

Brookins House, 1st floor

Community Gender Neutral Bathrooms

Old Town Coffee and Chocolate, 211 F Street, Eureka

Raven Project, (must be 21 or younger) 523 T Street, Eureka

Bayshore Mall in Walmart, 5500 Broadway Street, Eureka

Bayshore Mall next to Burger King, 5500 Broadway Street, Eureka

Arcata Scoop, 1068 I Street, Arcata

Wildberries Marketplace, 747 13th Street, Arcata

Big Blue Cafe, 846 G Street, Arcata

Renata's Creperie, 1030 G Street, Arcata

Stars Hamburgers, 1535 G Street, Arcata

Cafe Mokka, 495 J Street, Arcata

Target, 2525 4th Street, Eureka

Japhy's Soup and Noodles, 1563 G Street, Arcata

Hey Juans, 1642 1/2 G Street, Arcata

Cafe Brio, 791 G Street, Arcata

3 Foods Cafe, 835 J Street, Arcata

Wildflower Cafe, 1604 G Street, Arcata

North Coast Co-Op, 811 I Street, Arcata

Ultimate Yogurt, 900 G Street, Arcata

Golden Harvest Cafe, 1062 G Street, Arcata

Sushi Tao, 768 12th Street, Arcata
Queer Community Resources

Eric Rosés Multicultural Queer Resource Center: The ERC is an activist group at Humboldt State committed to providing students with information and events that address the needs of the queer community. The ERC is home to a library of resources that give students the chance to gather information about queer subject matter. The open hours and meeting times of the ERC change every semester so contact the ERC at erc@humboldt.edu for current information. The ERC is located in Warren House 53.

Womyn's Resource Center: The WRC is a student run group at Humboldt State dedicated to issues surrounding social justice and intersectional feminist studies in particular. The WRC aims to be an empowering space that provides the tools and support necessary to dismantle systems of power, privilege and oppression. The WRC is located in the Multicultural Center and can be contacted at hsuwomen@humboldt.edu.

Multicultural Center: a student initiated program that promotes understanding of diversity, celebrates our differences and welcomes multi-ethnic perspectives. The Multicultural Center is a resource-abundant house and a welcoming place where people are invited to gather to explore identity and history, experience culture and tradition, express feelings and ideas and empower each other to work for social justice. The Multicultural Center is located in Balabanis House, 55 and you can visit their website at http://humboldt.edu/multicultural/our_location.php or email them at mce@humboldt.edu.

HSU Peer Health Education Program: The Peer Health Educators are a group of students committed to educate and empower their peers to make their own choices about how to live healthy lives. The Peer Health Educators support the rights of all students to make their own choices regarding behaviors that affect their health and well-being and encourage students to educate themselves about issues that affect their health and to consider a wide range of behaviors that reduce or eliminate the risk of negative outcomes. The Peer Health Education office is located in the Recreation and Wellness Center at HSU in room 127. For more information, visit http://www.facebook.com/hsupeereducation.
**Bias Response Team:** The Bias Response Team includes representatives from across campus, including staff, faculty, and administrators in multiple offices and fields. The team, located in the Office of Diversity and Inclusion, offers a supportive process that university members can use to report incidents involving bias. In order to file an incident report, visit [http://www.humboldt.edu/biasresponse/index.html](http://www.humboldt.edu/biasresponse/index.html) or contact the Bias Response Coordinator at biasresponse@humboldt.edu or call 707-826-4781.

**Rainbow Discussion Group:** The Rainbow Discussion Group is a collaborative support group for queer students run through Counseling and Psychological Services. For more information, call Eliot Altschul at 707-826-3256.

**Humboldt Open Door Clinic:**

Humboldt Open Door Clinic provides affordable health services to the community and offers a Transgender Clinic. The Open Door Clinic is located at 770 10th Street, Arcata. Call 707-826-8610 to make an appointment. Visit their website at [http://www.opendoorhealth.com/opendoor/](http://www.opendoorhealth.com/opendoor/) for more information.

**Queer Student Union:** QSU is a student lead group at Humboldt State that strives to be a safe space for students and community members to feel supported in a fun environment. QSU meets every Thursday at 7pm in the Multicultural Center and the last meeting of every month is a potluck. Contact QSU at qsu@humboldt.edu.
Queer Humboldt: Queer Humboldt is an excellent online resource guide that lists local events, resources, groups, links, news and visitor information that will benefit the queer community. For more information, visit their webpage at http://www.queerhumboldt.org/ or email them at info@queerhumboldt.org.

Not gay as in happy, but queer as in fuck you.

Humboldt Pride: Humboldt Pride strives to educate the public about issues concerning the queer community in order to eliminate discrimination and prejudice because of a person's sexuality or gender identity. Humboldt Pride also organizes the annual Humboldt Pride Festival. For more information, visit their website at http://humboldtpride.org.

Queer Coffee House: A space for youth ages 10-21, no ID or parental/guardian permission is required who are queer, questioning or allied to hang out and have fun. All of Raven’s services are confidential and they can sometimes help with transportation. Meetings are Tuesdays from 6:30-8:30 at the Raven Project, located at 523 T Street, Eureka.

You can contact them by calling 707-443-7059.

Sisters of Perpetual Indulgence:
The Sisters are a non-profit public service organization operated for charitable purposes and enlightenment for our community. The Sisters are an order of 21st century drag nuns with no affiliation to any organized religion, whose mission is to spread joy and goodwill through charitable acts, and fundraising. The order strives to strengthen its community through drag activism, by raising much-needed funds for community charities. The Eureka Sisters are one branch of a world-wide network of "The Sisters of Perpetual Indulgence" and each abbey is working to improve their local communities.

Visit their website at http://www.eurekasisters.org/ for more information.
Preferred Gender Pronouns

Refer to the pronouns that one self identifies with and likes other people to call them. For example, most people who identify as female prefer to be called “she, her and hers” and most male-identified people prefer to use the pronouns “he, him and his”. There are a variety of gender neutral pronouns that different gender non-conforming people choose to use. Some popular gender neutral pronouns are: “ze, hir, hirs", and “they, them, their”. It is important to make sure you are using the gender pronouns that an individual wants to be called by and remember that you can’t assume someone’s gender pronouns based on the way they look. It can be hard to use gender neutral pronouns correctly in a sentence, but most people will appreciate your attempts anyway.

Changing Your Name on Moodle: Currently, if you want your name on Moodle to be changed to your preferred name and you haven’t legally changed your name, you have to contact Moodle to request the change.

Contact Bill Bateman at 707-826-4213 or at bill.bateman@humboldt.edu.
Where are you on the Gender Map?

Brought to you by:

Eric Rofes Multicultural Queer Resource Center

And Health and Wellness Peer Education Program