RS 394 Experiential Workshops
Spring 2015

You have the opportunity to:

❖ Observe and Participate in Rituals
❖ Study and Discuss with Spiritual Masters
❖ Study Multiple Spiritual Traditions
❖ Learn about Meditation, Prayer, Chanting
❖ Meet with Spiritual Communities
❖ See Traditional Iconography, Dress, Architecture
❖ Hear and Sing Ritual Music
❖ Eat Traditional Foods (Yummmmm!!)

For More Information:

❖ Come to the RS / English Office (FH 201).
❖ Contact the faculty facilitator listed below.
❖ Enroll! (Open to ALL MAJORS).
❖ See the Link on the RS Website: http://www.humboldt.edu/religiousstudies
❖ Capped out by Unit Cap? You can still come!!

Sign up for one or more being offered this semester:

❖ Jewish Spirituality – February 6-7 (Sara Hart: sjh68@humboldt.edu)
  Temple Beth El in Eureka. Led by Rabbi Naomi Steinberg. Experience Shabbat, Torah, Song, Dining.
❖ Evangelical Christianity -- February 27-March 1 (Jeff Sellars: jts16@humboldt.edu)
❖ City of 10,000 Buddhas – Apr 17-19 (Steve Jenkins: slj9@humboldt.edu)
❖ Tibetan Buddhism – May 1-3 (Sara Hart: sjh68@humboldt.edu)
  Retreat weekend at Tibetan Buddhist center in Junction City. Explore Vajrayana Buddhist theory and practice, including dharma talks, puja (group meditation practice), prayer wheels, stupas, great food, beautiful setting.